

UWSP GROUP EXERCISE

Dates of Operation

All classes held at the Allen Center

Sunday, September 10 – Friday, December 15

Class schedule available Monday, September 4. Check SPIN for daily class promotions.

No Classes for Thanksgiving: Sunday, November 19 – Friday November 24

Current UWSP student participation in Group Exercise is FREE.

Must present UWSP ID at Upper Level Allen Center for access.

Inquire in person: 110 Allen Center

Call 715-346-4711

Email: fitness.recreation@uwsp.edu

Visit Virtually: www.uwsp.edu/fitrec

See individual class promotions: www.spin.uwsp.edu



University Centers
University of Wisconsin-Stevens Point
Fitness and Recreation Programs