



CENTRAL WISCONSIN ENVIRONMENTAL STATION

WHAT TO BRING/PACK FOR YOUR VISIT!

The following is a list of supplies/clothing needed for a field trip to the Central Wisconsin Environmental Station. Please be aware that the Station is usually 5-10 degrees cooler than the surrounding towns due to winds off the lake, and most of our lessons take place completely outdoors.

Residential Programs:

- Sleeping bag
- Pillow
- Towel and washcloth
- Toiletries including soap
- Raincoat or poncho
- Boots for wet weather and hiking
- Comfortable, sturdy shoes
- Sweatshirt or sweater
- 2 pairs jeans or pants
- 2 pairs heavy (wool) socks
- 2 pairs light (cotton) socks
- Warm pajamas
- Jacket or windbreaker
- 2 changes of underwear
- Long-sleeved shirts
- Water bottle to carry with you
- *Trading Post Money (if applicable)*

Day Programs:

- Name tag (if possible)
- Sturdy shoes w/extra socks
- Jacket or sweater
- Rain gear
- *Trading Post Money (if applicable)*
- Extra clothing (if weather appears cool or wet)
- Water bottle to carry with you

Winter Programs - *Special Note for Winter Groups:*

We find that winter groups often forget a few warm things that make their visit a lot more comfortable. Please have your son/daughter bring:

- Hat and scarf (or face mask)
- 2 pairs mittens or gloves
- Long underwear
- Heavy sweater or sweatshirt
- Extra wool socks
- Winter coat
- Warm, waterproof winter boots

Optional

- Insect repellent
- Sunscreen
- Water bottle
- Camera
- Slippers
- Sunglasses
- Book
- Pencils and notebook

We request our guests not bring jewelry, food (unless for students' cold lunch), candy, gum, pocket knives, toys, radios, MP3 players, phones, hand-held electronic games, cell phones, pagers, matches, fireworks, or non-prescription medications of any kind.*

**Prescription medication should be collected from students by your School Teachers before arrival at CWES. Each item should be clearly marked in the original container with the student's name and instructions. See more information on the "Facility Use" document, which should be provided by the Program Manager.*