# Human Services

<table>
<thead>
<tr>
<th>Category and Required Courses</th>
<th>Credits Required</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Knowledge of Human Cultures (HC)</strong></td>
<td>9</td>
</tr>
<tr>
<td>PSYC 110: Introduction to Psychology (3 cr.)</td>
<td></td>
</tr>
<tr>
<td>SOC 101: Introduction to Sociology (3 cr.)</td>
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</tr>
<tr>
<td>Student Choice of additional HC Course (3 cr.)</td>
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<tr>
<td><strong>Knowledge of the Natural World (NW)</strong></td>
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<tr>
<td>Student Choice of NW Courses</td>
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<tr>
<td><strong>Additional HC or NW Coursework</strong></td>
<td>3</td>
</tr>
<tr>
<td>Student Choice of HC or NW Course</td>
<td></td>
</tr>
<tr>
<td><strong>Critical and Creative Thinking (CCT)</strong></td>
<td>3</td>
</tr>
<tr>
<td>Student Choice of CCT Course</td>
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<tr>
<td><strong>Effective Communication (EC)</strong></td>
<td>6</td>
</tr>
<tr>
<td>ENGL 150: Advanced Freshman English (3 cr.) or</td>
<td></td>
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<tr>
<td>ENGL 202: Sophomore English (3 cr.)</td>
<td></td>
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<tr>
<td>Student Choice of additional EC course (3 cr.)</td>
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</tr>
<tr>
<td><strong>Intercultural Knowledge and Competence (IK)</strong></td>
<td>3</td>
</tr>
<tr>
<td>Student Choice of IK Course</td>
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<tr>
<td><strong>Individual, Social, and Environmental Responsibility (SER)</strong></td>
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<tr>
<td>Student Choice of SER Courses</td>
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<tr>
<td><strong>Total General Education Credits</strong></td>
<td>39</td>
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<tr>
<td><strong>Human Services Requirements</strong></td>
<td>21</td>
</tr>
<tr>
<td>PSYC 200: Research Methods in Psychology (3 cr.)</td>
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<tr>
<td>PSYC 351: Abnormal Psychology (3 cr.)</td>
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<tr>
<td>SOC 230: Criminology (3 cr.)</td>
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<tr>
<td>SOC 270: Race and Ethnicity (3 cr.)</td>
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<tr>
<td>SOC 261: Introduction to Social Work and the Social Services Field (3 cr.) or</td>
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<tr>
<td>SW 261: Introduction to Social Work and the Social Services Field (3 cr.) or</td>
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</tr>
<tr>
<td>SOC 262: Social Welfare Policies and Programs (3 cr.) or</td>
<td></td>
</tr>
<tr>
<td>SW 262: Social Welfare Policies and Programs (3 cr.) or</td>
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<tr>
<td>SOC 263: Ethical Practice in the Helping Professions (3 cr.) or</td>
<td></td>
</tr>
<tr>
<td>SW 263: Ethical Practice in the Helping Professions (3 cr.)</td>
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<tr>
<td><strong>Total Required Credits to Degree</strong></td>
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