# **FAMILY AND CONSUMER SCIENCES**

## **MAJOR MAP 2024**

## **GETTING STARTED**

#### MAKING PROGRESS

#### PREPARING FOR WHAT'S NEXT

## **JOURNEY**

- YOUR COURSE Enroll in HSW 100: Student Success in Health Sciences and Wellness
  - Start on major requirements with FCS 190: Developing Human Services Professionals and HD 265: Lifespan Development
  - · Explore areas of emphasis: teacher education, child life specialist preparation, and/or community services
- · Explore minors, certificates, or electives that aid your academic and career goals
- Apply to the School of Education, if applicable
- Establish a 4-vear plan with a SHSW adviser
- Research options for student teaching or field work

MAKING PROGRESS

- Review your 4-year plan and Degree Progress Report to ensure all requirements are fulfilled
- Apply for graduation

## **CAREERS**

- Parent **Fducator**
- Family and Consumer Sciences Teacher

#### **KNOWLEDGE AND SKILLS**

- Attend the FCS All-Major meeting to network with other majors and learn about involvement opportunities
- · Ask for help from the Tutoring-Learning Center (TLC) and your professors if you wish to improve in your courses
- Explore academic journals, such as Journal of Family and Consumer Sciences or Journal of Child Development
- · Consider applying to the Health Scholars Program
- Explore and apply for SHSW Scholarships

- · Consult with FCS faculty about research
- Attend a professional conference
- Present at a professional conference
- **Head Start** Home Visitor
- Youth **Program** Leader
- Community Health Educator

## **ACT LOCALLY** AND GLOBALLY

- · Join UWSP student organizations -CLASP, SPAFCS, UCFR, and/or other organizations of interest
- Become involved with community events
- Engage with activities and opportunities through the School of Health Science and Wellness Student Success Center
- · Become an active member of UWSP organizations
- Research <u>study abroad</u> or <u>National</u> Student Exchange programs
- · Participate in Student Government Association (SGA) or professional organizations at the student, state. or national level
- Consider your ethical obligations to society, employers, colleagues and individuals in society
- Assume leadership positions
- Boys and Girls Club Director
- Childcare **Teacher**
- Consumer Advocate
- Child Life Specialist

### CAREER **READINESS**

- Volunteer or work in settings that allow you to build your skills related to child development and/or family health
- Create a college resume
- Complete your Handshake profile
- · Learn about and practice networking by attending a Networking Workshop or the All-Major Career and Internship Fair
- Volunteer with Marshfield Children's Hospital, a local school district, or a community organization
- · Conduct an informational interview or job shadow with someone who works in a field of interest
- Further develop application materials, including a cover letter, more curated Handshake profile, and/or creating a LinkedIn profile
- · Conduct a Gap Analysis

- Attend an Interviewing Workshop; seek additional interview preparation tools
- Gain internship or similar work experience in your field
- Pursue opportunities at the All-Major Career and Internship Fair
- Talk with mentors about your next steps; if considering graduate school, research your options and understand the application timeline

- Start job searching; solidify primary targets and refine materials to fit
- Solidify references and invite them to review your application materials
- Meet with your major's Career Coach to work through stuck points
- · Join and get involved with relevant professional associations
- Complete the Graduation Exit Survey; we want to celebrate your accomplishments!

and many more!

#### AVAILABLE ONLINE