

Universal Prevention Requirements at UWSP!

All First-Year Pointers are required to complete an online course titled *Think About It*.

Frequently Asked Questions

What is *Think About It*?

Think About It is an online course that focuses on minimizing risks associated with alcohol, drugs, and sexual violence. *Think About It* takes a harm-reduction approach that resonates with students and results in a healthy campus culture. The course is available online so you can use any available device with Internet access to complete the course.

When can I take *Think About It*?

The week of August 14, 2017 all First-Year students received an email with instructions about how to complete the course. The course will need to be completed by Friday, September 29, 2017.

Who must complete *Think About It*?

Every new First-Year students (transfers, graduates, and new freshmen) need to complete the *Think About It* course.

Why do I have to take this course?

The University of Wisconsin-Stevens Point (UWSP) believes that there is a responsibility in being part of the Pointer community. The *Think About It* course will educate you on how to make appropriate decisions not just for yourself, but for those around you. Living in a healthy community will create an environment that will help you reach your personal and academic goals.

If I don't drink, do I still have to complete *Think About It*?

Yes. Whether you drink or not, you will very likely encounter other students who drink or talk about drinking. The course provides information about coping with others' drinking behavior as well as responding effectively in situations where others are at risk of alcohol-related harm (e.g. alcohol poisoning, drinking and driving). The *Think About It* course provides personalized guidance through the course based on what students already know about alcohol, and/or how much they drink. If you do not drink, the materials you receive will provide specific information tailored to you.

Are my answers to questions confidential?

Yes, the responses to questions in the course are confidential. No one will ever be able to connect you with your responses. UWSP will only receive a notice that you have completed the course.

Do I have to take the course?

Yes! All new First-Year students are expected to complete this course. UWSP is committed to teaching all students about low-risk alcohol use and bystander intervention to reduce the chance of harm to you and your fellow classmates.

Where should I go if I am concerned about alcohol and other drug use for others or myself?

Students can visit the Center for Prevention or the Counseling Center. The Center for Prevention is located in 004 Lower Allen Center. To schedule an appointment, please call 715-346-2789. The Counseling Center is located in Delzell Hall. To schedule an appointment, please call 715-346-3553.

For more information about alcohol and drug courses, please contact the Center for Prevention at 715-346-2789. 004 Lower Allen Center, <https://www.uwsp.edu/dos/aoda-ipv>



Center for Prevention
University of Wisconsin-Stevens Point