LIFE
Fall 2016
Program Guide

► Membership Information
► Class Descriptions
► Registration Form
► Semester Calendar

UWSP Continuing Education and Outreach
715-346-3838
www.uwsp.edu/conted/life
Welcome to LIFE!

LIFE (Learning Is ForEver) is a membership-based organization of adult learners providing an opportunity to share learning experiences and discover new joys. It is sponsored by University of Wisconsin-Stevens Point and hosted by Continuing Education and Outreach. All instructors are volunteers.

Designed to meet your needs and interests, the LIFE program provides new learning opportunities on a variety of topics in an array of formats, including:

♦ Peer Teaching & Learning
♦ Lectures by Visiting Experts
♦ Music and Theater Events
♦ Field Trips

Horicon Marsh trip—May 2016

What Does LIFE Offer?

Because members are the heart of the LIFE program, courses are developed based on member interests. Some groups meet weekly for 3-4 weeks while others meet only once. Courses are offered during two terms:

♦ Summer/Fall (August - December)   ♦ Winter/Spring (January - May)

A LIFE membership includes both terms. Just one annual membership fee ($75) entitles you to participate in as many courses as you wish. The LIFE membership year is similar to a school year and is valid July 1 to June 30. First-time members who join after January 1st, 2017 are members until June 30th, 2018.

LIFE Contact Information

Email: UWSPE-LIFE@uwsp.edu
Phone: 715-346-3838
Fax: 715-346-3504
Website: www.uwsp.edu/conted/LIFE
Customer Service: 032 Old Main Bldg. (8:00 a.m.—4:30 p.m.)

Mark Seiler
April 30, 1942–December 14, 2015

In loving memory of Mark Seiler, who passed away in December. Mark was a very active LIFE member, serving as President and on the Curriculum Committee for over 10 years. He presented a number of excellent classes on local history, hosted dozens of classes and often served as the unofficial technology guru for the guest presenters. His cheer, upbeat attitude and friendship will be greatly missed.

Course Registration

Please register only for the classes you plan to attend so we may reserve rooms of the proper size and so our presenters can prepare for the actual number attending the class. We will email (or mail) a confirmation letter confirming your classes and trips with the date, time, and location of each class and event.

Payments for membership and special events are due with your registration. Since we must make financial commitments for tickets, dining, and coach service in advance, no refunds will be issued for cancellations. However, you may send a substitute in your place.

*Please check your email often for changes in class dates/times/places. Phone calls will be made only to participants without email.*
**A Note on LIFE’s Curriculum**

We hope you will enjoy the wide array of classes and activities offered this semester. LIFE’s curriculum committee (a volunteer group of your fellow members) is always looking for fresh class ideas and new presenters.

If you are interested in leading a class or trip, please contact any of the curriculum committee members, attend a curriculum meeting (dates listed on calendar page), or better yet, join the committee! Email the Curriculum Committee or the LIFE Board at UWSPCE-LIFE@uwsp.edu.

**Curriculum Committee Members**

<table>
<thead>
<tr>
<th>Name</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tom Allen</td>
<td>Guadalupe Ancel</td>
</tr>
<tr>
<td>Pam Anderson</td>
<td>Dave Arey</td>
</tr>
<tr>
<td>Terry Arnold</td>
<td>Phyllis Christie</td>
</tr>
<tr>
<td>Richard &amp; Lois Feldman</td>
<td>Barb Inch</td>
</tr>
<tr>
<td>Bill &amp; Lynn Kirby</td>
<td>Pat Kleutz</td>
</tr>
<tr>
<td>Tom Ordens</td>
<td>Jan Seiler</td>
</tr>
<tr>
<td>Paul Shogren</td>
<td>Larry Sipiorski</td>
</tr>
<tr>
<td>Gail Skelton</td>
<td>Jim Walker</td>
</tr>
<tr>
<td>Bill Wood</td>
<td>Mike Wrzinski</td>
</tr>
<tr>
<td>Mary Zinda</td>
<td></td>
</tr>
</tbody>
</table>

New committee members and visitors are always welcome!

---

**LIFE Board of Directors 2016-2017**

<table>
<thead>
<tr>
<th>President</th>
<th>Richard Feldman</th>
</tr>
</thead>
<tbody>
<tr>
<td>President-Elect</td>
<td>Lynn Kirby</td>
</tr>
<tr>
<td>Secretary</td>
<td>Pam Hill</td>
</tr>
<tr>
<td>Membership/Promotion</td>
<td>Ron Odejewski</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Pat Hill</td>
</tr>
<tr>
<td>Members At-Large</td>
<td>Arthur Herman</td>
</tr>
<tr>
<td>Curriculum</td>
<td>Mike Wrzinski</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>UWSP Program Manager</td>
<td>Kim O’Flaherty</td>
</tr>
</tbody>
</table>

---

**Milwaukee Art Museum, the Third Ward and Walker’s Point**

Visit and tour the Milwaukee Art Museum, with its iconic Quadracci Pavilion, designed by Santiago Calatrava. Our visit will include the featured exhibition: American Epics: Thomas Hart Benton and Hollywood. This ambitious exhibition of Thomas Hart Benton (1889–1975), the first in more than twenty-five years, reveals the important but overlooked connection between Benton’s experience working for the film industry and his career as an artist. Following our museum visit, we will visit the Third Ward and Walker’s Point, to learn more about the transformation of these Milwaukee neighborhoods.

**Presenter:** Pat Kleutz  
7:30 a.m.—5:30 p.m. Thursday, August 25  
**Cost:** $60 (includes lunch and bus from Stevens Point)

**Behind the Scenes at Schmeeckle Reserve**

Take a behind-the-scenes tour of Schmeeckle Reserve and explore the cedar sign shop, media fabrication lab, environmental monitoring stations, compost demonstration site, and other features. Discover the many ways the Reserve aims to fulfill its mission, including a partnership with the community-based Friends of Schmeeckle Reserve.

**Presenter:** Jim Buchholz, Megan Espe, Jerry Lineberger  
(Schmeeckle Reserve and the Friends of Schmeeckle Reserve)  
10 – 11:30 a.m. Monday, August 29

**Senior Living History**

Session 1 - Discussion of the History of Senior Living Options and the change towards choice and quality. Learn about the different senior living options available and resources to help. Learn about the common myths of senior living options and the facts. Learn about how to prepared financially.

**Session 2 - Field Trip to our community to see some different options of senior living.**

**Presenter:** Kelly Lang and Alane Flora  
10 – 11:30 a.m. Tuesdays, August 30 and September 6

**Getting to the Supreme Court**

Overview of the political and constitutional history of judicial nominations to the U.S. Supreme Court. Will focus on recent and current nominations, too.

**Presenter:** John Blakeman (Professor and Chair, UWSP Dept. of Political Science)  
1 – 2:30 p.m. Wednesday, August 31
Economic Inequality
Discussion of the causes, ramifications and possible actions concerning economic inequality in the United States.
Presenter: Dennis Keefe
1 – 2:30 p.m. Thursday, September 1

An Introduction to Indian Culture and Philosophy
Learn about the culture and philosophy of one of the most ancient, vibrant, and diverse societies on the planet. Over several sessions, this class will cover the basics of Indian culture, from the foundational idea of non-duality, to family structure, to the role of philosophy and religion in everyday life.
Presenter: Shashank Srivastava (PhD Indian Philosophy from Banaras Hindu University)
3:30 – 5:00 p.m. Tuesdays, Sept. 6, 13, and 20

The Challenges in Running a Bookstore Today and Tomorrow
We'll explore the changes in running a brick and mortar bookstore.
Presenter: Todd Jahnke and Chris Smith (Barnes & Noble)
1 – 2:30 p.m. Thursday, September 8

Wisconsin Big Cats Rescue
Wisconsin Big Cats is a non-profit that rescues big cats from private owners, circuses, zoos and others that are no longer able to care for them anymore. The cats remain at the rescue for the rest of their lives. We are here to educate the public about these majestic creatures and why there is a need for the Wisconsin Big Cat Rescue. This will be an all walking tour. $10 per person.
Presenter: Jenny Kozlowski (Co-Founder of WI Big Cat Rescue)
10 – 11:30 a.m. Friday, September 9

Germany One Hundred Years Ago First World War
World War I from a German perspective, as well as its causes and effects.
Presenter: Leon S. Schmidt (Attorney)
1 – 2:30 p.m. Saturday, September 10

In Our Midst: Wisconsin Contemporary Native American Art Gallery Walk and Talk at the Scarabocchio Art Museum
“In Your Midst: Wisconsin Contemporary Native American Art” is an exhibit at the Scarabocchio Art Museum in Stevens Point. It will feature the works of some of Wisconsin’s most noted Native artists. The works will include watercolors and pastels, pottery and photography, horn and silver-work, as well as audio/visual presentations of musical artists. The program will be a gallery Walk and Talk led by lead curator and contributing artist Karen Ann Hoffman. You will have the opportunity to explore the beauty and meaning of a wide ranging and enriching genre, to make observations and pose questions as you interact with some truly first rate contemporary Native American art.
Presenter: Karen Ann Hoffman (Curator: Scarabocchio Art Museum)
10 – 11:30 a.m. Monday, September 12

Vision and Fall Prevention
Falls are the leading cause of injury to older Americans according to the National Council on Aging. Marge Lebrick from the Office for the Blind and Visually Impaired will discuss the impact of vision to falls and resources that are available in Wisconsin. Katie Bembenek of the Portage County ADRC will discuss what Portage County is doing to prevent falls.
Presenter: Marge Lebrick (MSEd., CVRT Rehabilitation Specialist for the Blind; State of Wisconsin Dept. of health, Office for the Blind and Visually Impaired) and Katie Bembenek (Health Promotion Coordinator, Aging and Disability Resource Center of Portage County)
1 – 2:30 p.m. Monday, September 12

Remember the Billy Club? What Does Law Enforcement Have Now?
What do smartly attired officers have on their belts and in their cars. We will visit the Portage County Sheriff’s office to answer that mystery.
Presenter: Officer Eric Koepel
10 – 11:30 a.m. Tuesday, September 13
Planning and Designing the New UWSP Biology and Chemistry Building: One Chemist’s Perspective

The new $75,000,000 biology and chemistry building is an enormous and complex project involving several groups of stakeholders working through a variety of planning and design phases. But, who were these stakeholders? How did they work together? What was the timeline? What factors guided their decisions? What challenges arose during the process and how were they addressed? What challenges will arise after the construction phase? This presentation will address these questions from the perspective of one member of the Chemistry Department.

Presenter: Paul Hladky (Professor and Chair of UWSP Dept. of Chemistry)
1 – 2:30 p.m. Monday, September 13

The Effects of First World War on Austrian and German Artists and Art

2014 – 2018 is the hundredth anniversary of World War I. The presenter will illuminate the effect of WWI on Austrian as well as on German artists and their art. The end of the Austrian-Hungarian Monarchy was devastating for all Austrians, but particularly for Austrian art. The Salzburg Music Festival was a direct and intentional outcome of the war, for it provided Austria with a stage from which to launch a consolidation of the country’s intellectual and cultural heritage—both Catholic and Baroque—onto the international scene. Visual artists such as Klimt, Schiele, and Kokoschka, authors and playwrights such as Hoffmansthal, Trakl, architects such as Fischer von Erlach, O. Wagner, A. Loos will be discussed.

Presenter: Richard Ruppel (Professor Emeritus - German UWSP)
10 – 11:30 a.m. Wednesday, September 14

Central Waters Brewing Company tour

Tour one of the most environmentally sustainable breweries in the nation. They also happen to make award winning beers.

Presenter: Brewery Staff
1:30 – 3 p.m. Wednesday, September 14

Cancer Treatment Update

The University of Wisconsin Carbone Cancer Center has community cancer centers that extend its quality patient care and access to clinical trials. Two oncology specialists from the UW Cancer Center at Aspirus Riverview Hospital in Wisconsin Rapids will talk about medical oncology advances and the use of radiation and advances in that field.

Presenter: Dr. Ron J. Kirschling and Dr. Anna K. Olson (Doctors of Oncology, UW Cancer Center, Wisconsin Rapids)
11 a.m. – 12:30 p.m. Thursday, September 15

The Mission and Business of GOODWILL

Goodwill NCW is a not-for-profit human services organization that helps improve the lives of thousands of people across 35 counties in north central Wisconsin, through 27 programs and services. The organization includes 26 retail stores and training centers. Goodwill NCW uses the revenue from stores to fund a variety of innovative programs and services that serve north central Wisconsin communities.

Presenter: Dan Flannery (Senior Vice President- Engagement at Goodwill Industries of North Central Wisconsin, Inc.)
2 – 2:30 p.m. Thursday, September 15

Robots are coming - Is that good or bad?

What has been the effect of automation on the labor force and what we might expect in the future.

Presenter: Scott Wallace (Professor of Economics)
10 – 11:30 a.m. Friday, September 16

Missing Threads: The Story of the Wisconsin Indian Child Welfare Act

Missing Threads is a one-hour documentary which explores the pivotal influence of tribal culture and connection for Native children, and the negative impacts for the child, the family and tribal culture when that connection is missing. This film weaves together firsthand accounts of the damage done by removal of Indian children and their placement in foster care outside the Native culture with the story of the creation and initial implementation of the Wisconsin Indian Child Welfare Act (WICWA).

Presenter: Susan Reetz (Co-Producer/Co-Director of documentary)
1 – 3 p.m. Friday, September 16
Green County Cheese Days
Enjoy a fun day at Green County Cheese Days in Monroe, Wisconsin. This biennial event features cheeses made by Monroe County Cheese Makers, including the 2016 World Championship winner, Roth Grand Cru Surchoix. Also featured are musicians, dancers, and the "Cheese tent" where products from all of the cheese makers can be purchased.

Presenter: Pat Kleutz
8:00 a.m.—5:30 p.m. Saturday, September 17
Cost: $25 (bus)

Updating Social Security for the 21st Century: Proposals You Should Know About
Social Security is a vital part of retirement for the millions of people who have relied on it since the program started 80 years ago. Yet, future generations are at risk of substantial benefit cuts if our leaders don’t act to keep Social Security financially sound. This program covers the background and basics of Social Security; challenges facing the program; and an overview of popular options to make Social Security strong. Straightforward information about Social Security options being debated in Washington – will be discussed. Hear the pros and cons of these options, and share YOUR ideas for ensuring a strong Social Security.

Presenters: Sybil Better and Patsy Evans (AARP volunteers)
3:30—5:00 p.m. Monday, September 19

Exploring Art: Topographies
Explore art at UWSP’s Carlsten Art Gallery in the Noel Fine Arts Center. This exhibition features sculpture and ceramic work by Debbie Kupinsky, Michele Tobia, Sara Gross, Valerie Zimany and Jessica Calderwood.
Curator: Leslie Walfish
10 – 11:30 a.m. Tuesday, September 20

Successful Gardening
Tour the yard of Lynn Caine. Learn about soil, plant selection, problem solving and how to have a successful garden. Lynn has lived at her location for 30 years transforming a weedy sandlot into beautiful perennial beds, berry patches, grapevines, and vegetable gardens. Learn to create walkways, small water features, natural areas and how to maintain them.

Presenter: Lynn Caine (co-chairperson of Portage County Master Gardeners, District Director State of WI Master Gardeners)
1 - 2:30 p.m. Tuesday, September 20

Solar Power Hour
This one-hour presentation discusses solar market trends, describes the basic components of a solar photovoltaic (PV) system, outlines the evaluation process for installing solar PV, and introduces incentive options and economic benefits.

Presenter: Doug Stingle (Midwest Renewable Energy Association Development Director)
1 – 2:30 p.m. Wednesday, September 21

Honor Flight
Honor Flight is a non-profit organization dedicated to providing veterans with honor and closure. What is it? What is its mission? How did it get started? What is happening locally?

Presenter: Jim Campbell and Mike Thompson (Honor Flight Members)
3—4:30 p.m. Wednesday, September 21

Tiny Houses (Cancelled)
Thinking about downsizing your home or maybe traveling cross country? What happens if you combine the two? Tiny House On Wheels (THOW) or just downsizing (really really downsizing) to the country can be an exciting adventure or a financial disaster if not planned correctly. Building codes, zoning, and size...and let's not forget about toilets, and cooking, and heat - OH MY! Let's have an introductory planning and design tiny house talk and see if we can get you on the road to your own tiny home!

Presenter: Michelle Longworth (University of Minnesota College of Design Housing Studies, Graduate Student)
11 a.m. – 12:30 p.m. Friday, September 23

The Conflict of Paul Hindemith: The story behind Mathis der Maler
In 1933, Paul Hindemith was faced with a dilemma as a German with a Jewish wife. The question of what the responsibility of the artist, in a time of evil and violence, was is the inspiration for his opera Mathis der Maler (Mathis the Painter). However, before Hindemith completed the opera, he was commissioned to write an orchestral piece for the 1934 Berlin Philharmonic Concert Tour and used the opera's preludes and interludes as a complete suite.

Presenter: Aaron Marx (Violinist, Central Wisconsin Symphony Orchestra)
1 – 2:30 p.m. Friday, September 23
Freeing the Breath
Breathe, stretch, sing and be merry! Maureen Houlihan, certified Kripalu Yoga Teacher, and Roger Nelson, UWSP Professor Emeritus—Musical Theatre, will present an experiential class on freeing the breath.

Presenter: Maureen Houlihan (Certified Kripalu Yoga Teacher) and Roger Nelson (Emeritus Theater Faculty)
2:30 – 4 p.m. Tuesday, September 27

Connecting People and Nature
People in the contemporary world spend more and more time with video screens and less and less time in nature, but does it matter? This talk will discuss some of the many different ways that people can connect with nature, and why some people think they are important. It will also raise questions about technological substitutes for nature experience, and whether or not our increasingly urban lifestyles spell trouble for the future of nature conservation.

Presenter: Chris Diehm (Associate Professor of Philosophy and Environmental Ethics Program Coordinator, UWSP)
3 – 4:30 p.m. Wednesday, September 28

Wisconsin English
This presentation, which involves plenty of audience participation, will explore the rich kinds of English spoken in our state, including pronunciation, words and word forms, and grammar. Professor Salmons will look at how key features of Wisconsin English have developed over time – and how remarkably recent they are – and how they are changing and becoming more distinct today.

Presenter: Joe Salmons (Professor, Dept. of German, Center for the Study of Upper Midwestern Cultures, UW Madison)
1 – 2:30 p.m. Thursday, September 29

Behind the Scenes in Radiation Oncology and Clinical Research
Discuss radiation therapy planning and support once someone requires radiation treatment. Discuss clinical trials and research available for the person diagnosed with cancer.

Presenter: Anna Olson, M.D. and Mary Pfahning, RN, OCN
4 – 5:30 p.m. Thursday, September 29

Infant Massage: The Importance of Touch
Infant Massage is a parent tradition within many ancient cultures that has been re-discovered and adapted to the western world. Infant Massage is one of the most natural and pleasant methods of providing this early nurturing contact. This session will share the benefits and importance of touch and the implications of nurturing touch and massage for connecting family members and enhancing positive parent/grandparent-child relationships.

Presenter: Donna Anderson (International Trainer with Infant Massage USA)
10 – 11:30 a.m. Friday, September 30

Travel to Iran
The Hill sisters have just completed a very satisfying trip to Iran. They had a wonderful time. They say: Is it safe to travel to Iran? Yes. Rich in culture, Iran is an excellent destination for those who would like to better understand the world and its people.

Presenter: Pam & Pat Hill
1 – 2:30 p.m. Friday, September 30

Spy Thrillers
The spy thriller is a cinematic genre that was very popular during the Cold War. We focus on four spy films in which the events featured are imagined to have occurred during the Cold War period. Many spy films were based on spy novels which ranged from the fantasy fiction of the Ian Fleming novels to the more realistic novels of John Le Carre and Len Deighton. We will discuss the background to these films and spend some time considering the plots and characters in detail.

Presenter: Patrick Conley & P. Sudevan
6 – 9 p.m. Mondays, October 3, 10, 17, 24

NCAA Division III Athletics
What distinguishes NCAA Division III athletics from Division II and Division I? UWSP has had consistently successful programs in numerous D-III sports, basketball, soccer, track and field, etc. Frank O’Brien, longtime UWSP Athletic Director and current Interim Athletic Director, will share his extensive experience with D-II athletics—the challenges, rewards, and perspectives on the future.

Presenter: Frank O’ Brien (Interim Athletic Director)
2:30 – 4 p.m. Tuesday, October 4
Battling for Suffrage: The State and National Campaigns
By 1916, Alice Paul had created the National Woman’s Party to secure women’s suffrage via Constitutional Amendment. That same year, Carrie Chapman Catt resumed the presidency of the National American Woman Suffrage Association, which had focused on state campaigns. Though Catt disagreed with Paul’s tactics, she concurred with the necessity for an amendment and announced her “Winning Plan” strategy. This presentation explores the conflicts between these two women and their organizations as they pursued the prize of women’s suffrage.

Presenter: Theresa Kaminski (Professor UWSP Dept. of History)
1 - 2:30 p.m. Wednesday, October 5

Royal Marriages
We will look at some of Great Britain’s royal marriages which attracted public interest and led to the transformation of the monarchy. From Henry II and Eleanor of Aquitaine and Victoria and Albert to Charles and Diana and the current Prince and Princess of Wales, we will look at royal honor, politics and pillow talk.

Presenter: Nancy LoPatin-Lummis (UWSP Professor of History)
3 – 4:30 p.m. Wednesday, October 5

The Conductor’s Life: the 2016-2017 Season in Preview
Dr. Patrick Miles, Music Director for the Central Wisconsin Symphony Orchestra, will describe the process of choosing repertoire for a single concert, the entire season and what it is like to work with soloists whom he has never met. He will also describe what life is like on the podium in front of the orchestra.

Presenter: Patrick Miles (Music Director, CWSO; Professor Emeritus, UWSP)
11 a.m. – 12: 30 p.m. Thursday, October 6

Your Patient Portal
Get your personal health information when you want it with you patient portal with Ministry Health Care. Manage and monitor health information for you and your minor children through the Ministry’s secure and convenient website.

Presenter: Andrea Jeruzal (Director, Business Support Services, Ministry Health Care/ Affinity)
2 – 3:30 p.m. Thursday, October 6

Tar Water: The Greatest Medical Hoax the World Has Ever Swallowed
In 1744 for the price of two shillings a Londoner could purchase a book detailing a simple recipe for curing safely all the scourges and diseases known to suffering mankind. This medical miracle was Tar Water. We explore this pharmaceutical scam and the horrendous worldwide repercussions of its distribution and use that lasted for over 100 years, together with the lessons learned for today’s scams and hoaxes which abound.

Presenter: Arthur Herman (Professor Emeritus, Philosophy)
10 – 11:30 a.m. Friday, October 7

Amazing Things the Newspaper Told You
They told everything they knew with no concern for privacy. They had Civil War pension amounts by name and what it was for. School reports often included grades, attendance and deportment records. No scandal was ignored and the editor also gave advice on lots of things.

Presenter: Pam Anderson
1-2:30 p.m. Friday, October 7

The Three Buddhisms: A Very Brief History of the Evolution of a Great Religion
There are historically three Buddhisms: First, Indian Sanskrit Buddhism, the philosophy and religion of the founder, Gautama Siddhartha Shakyamuni. Second, the religious Pali Buddhism that evolved from it. And third, the philosophic Sanskrit Buddhism. We explore these three Buddhisms and their possible influences on Western 21st century men and women.

Presenter: Arthur Herman (Professor Emeritus, Philosophy UWSP)
10-11:30 a.m. Wednesday, October 12

Frank Lloyd Wright: The Man, The Architect
Session 1 will cover FLLW’s formative years from birth 1867 until 1937. This will include personal and professional information. Session 2 will continue with an exploration of the many famous and notable architectural designs from 1938 until his death in 1959.

Presenter: Donna Luecht Ochsner (Retired Family and Consumer Educator; retired tour guide at Taliesin Preservation Inc.)
1 – 2:30 p.m. Wednesdays, October 12 and 19
How NOT to Fight Voter Fraud
For three years now states all over the country have been fighting "voter fraud". Unfortunately, the methods they have chosen seem to be pretty much the equivalent of hunting mosquitos with an elephant gun and then shooting at the mosquitos, that is, pretty much the definition of collateral damage.

Presenter: Dennis Riley (Professor, Dept. of Political Science, UWSP)
11 a.m. – 12:30 p.m. Thursday, October 13

Potato Farming From Farm to Table
Potatoes are a major crop in Wisconsin, and Heartland Farms is a large potato and vegetable grower in Central Wisconsin. Jeremie Pavelski, President of Heartland Farms, along with a few other team members, will tell you how they grow and sell potatoes as well as the technology, sustainability and community efforts behind the growing of the crop.

Presenter: Jeremie (President of Heartland Farms) & Alicia Pavelski (Project Manager of Heartland Farms)
1 – 2:30 p.m. Thursday, October 13

Stevens Point FFA
Showcase the Agriculture Education Department at the Stevens Point High School demonstrating the diversity of Agriculture Education and how FFA leadership, career development impacts the programming community.

Presenter: Stephanie Beranek (FFA Advisor; Agricultural Teacher)
3:30 – 5 p.m. Thursday, October 13

Comic Art and Society
The cartoon, or narrative arts, have been a part of the fabric of life for hundreds of years. This art form has mirrored society every step of the way, from war to Prohibition, and suffrage to civil rights. Rob Stolzer will present a selection of the cartoon arts from the past 125 years, showing the many ways that these daily works have reflected society.

Presenter: Rob Stolzer (UWSP 2D Art Professor)
1 – 2:30 p.m. Friday, October 14

Unnecessary Farce - Discussion
Discussion and introduction to Unnecessary Farce, an award-winning stage comedy by Paul Slade Smith that combines all the elements of classic farce with a contemporary American plot. “Two cops. Three crooks. Eight doors. Go.”

Presenter: Tyler Marchant (Professor, UWSP Dept. of Theatre and Dance)
1 – 1:45 p.m. Sunday, October 16

Boys and Girls Club of Portage County
The Boys & Girls Club of Portage County is an after-school organization that serves children in grades 1-12 in five programming areas. We’ll have a guided tour of the new Berard Center, which opened this year.

Presenter: Danielle Belsky (Director of Operations; Boys & Girls Club of Portage County)
10 – 11:30 a.m. Tuesday, October 18

Pre-Diabetes and Diabetes
Approximately 86 million people in the United States have prediabetes. Though prediabetes is often an precursor to diabetes- diet and lifestyle changes can help prevent or delay the onset of diabetes. Join Ministry Medical Group registered nurses to learn more about diabetes, prediabetes, treatment and prevention.

Presenter: Leann Meyer, RN & Jacquelyn Bushey, RN (Ministry Medical Group Registered Nurses)
2:30 – 4 p.m. Tuesday, October 18

Probation and Parole: What Really Happens After Prison
This class will cover the role of WI DOC and its attempts to prepare offenders to return to the community, the difference between probation and parole and the roles and powers of a probation and parole agent and types of offenders, and probation/parole and WI DOCs role in protecting the community as well as how it deals with violations and revocation of supervision or extended supervision. Finally, we will deal with issues facing Corrections at this time as well as recidivism rates for the State of Wisconsin as well as its causes.

Presenter: Shaun Morrow (WI DOC Corrections Field Supervisor in Stevens Point, Police Officer, Elder Abuse, Child Protection)
3 – 4:30 p.m. Thursday, October 20
Millennials and Boomers Working Together for a Better Future
Most of the discussion on Millennials and Boomers focuses on the differences between the two groups. Aside from the differences on many issues from religion to environment to technology, we believe the two groups share similar views about the future of the American community. This proposed panel discussion will bring the two groups together and facilitate a dialogue on some of the critical issues in our society. Some of the issues that will be covered in the discussion are technology, religion, economy, environment, politics and American exceptionalism. In this session a group of 4-5 millennials currently enrolled at the University of Wisconsin-Stevens Point (UWSP) will discuss their views on the above topics to a group of Boomers registered in the LIFE program at UWSP. It is believed such interaction will lead to a better understanding of inter-generational issues.

Presenter: Krishna Roka (Assistant Professor, Department of Sociology and Social Work)
10 – 11:30 a.m. Fridays, October 21 and 28

Faith and Science
Irreconcilable foes or inadvertent allies?
Presenter: Donald Fadner (Emeritus Professor of Religious Studies)
1 – 2:30 p.m. Friday, October 21

The Changes in Service Delivery of Medical Care
We’ll look at a variety of organizational changes in the delivery of medical care in the U.S. with special reference to Central Wisconsin. Included will be the a discussion of the expansion of both profit and non-profit corporate medicine and of changes in practice patterns.
Presenter: Ed Miller (Professor of Political Science)
2:15-3:45 p.m. Tuesday, October 25

WPS and What They Do When the Power Goes Out
Kelly Zagrebski, WPS Community Relation leader, will provide an overview of "What is New at Wisconsin Public Service." And then focus on the restoration process used during outages.
Presenter: Kelly Zagrebski (WPS Community Relation Leader)
10 – 11:30 a.m. Wednesday, October 26

Skyward World Headquarters Tour
This program will include a tour of the new Skyward World Headquarters. In addition to a tour of the new building, participants will hear about the company’s 35-year history and learn more about various departments and careers at Skyward and discover the impact the company has on the Stevens Point area and the customers it serves in more than 1,800 school districts.

Presenter: Jeff Walker (Marketing Director, Skyward, Inc.)
1 – 2 p.m. Wednesday, October 26

Exploring Art: Day of the Dead
Explore art at UWSP's Carlsten Art Gallery in the Noel Fine Arts Center. This exhibition is entitled: "Day of the Dead."
Curator: Leslie Walfish
10 – 11:30 a.m. Thursday, October 27

Uses and Abuses of Drones and Other Stealth Devices
Invention of the drone and other remote controlled devices has changed the nature of thinking about warfare and the roles of military or police organizations & individuals in conflict situations. While drones and other devices can be produced in ranges of size from full helicopter-like sizes to toys of a hand-held scale, their uses are still in experimental and test ranges, while the rules for their application and regulations/controls for use in airspace are still tentative and subject to being ignored. Already drones have been used extensively in small scale and covert trans-border situations on the Afghan-Pakistan frontier, and their uses raise serious diplomatic and military issues which, so far, have not turned into combat situations. In four sessions we will cover actual developments as well as the emerging national and international management problems.

Presenter: Terry Arnold (Minister Counselor for Foreign Affairs, retired, US Department of State)
3 - 4:30 p.m. Thursdays, October 27, November 3, 10, 17
Learning Is ForEver
Class Registration Form
Fall 2016

Complete and send to UWSP Continuing Education - LIFE Program

Name (A) ___________________________________________ Birth Year ______
Name (B) ___________________________________________ Birth Year ______
Address ____________________________________________
City ____________________________ County __________ Zip ______
Home Phone ____________________________
Cell Phone (A) ____________________________
Cell Phone (B) ____________________________
E-mail (A) ____________________________
E-mail (B) ____________________________

How did you learn about the LIFE program? ______________________________________

UWSP Release of Liability (required)
I and my heirs, in consideration for my being allowed to participate voluntarily in the LIFE program through the University of Wisconsin - Stevens Point, do hereby release the University of Wisconsin System and its employees, officers and agents from any liability for damage to or loss of personal property, sickness and injury from whatever source, legal entanglement and death, which might occur while participating in this event. I also understand and acknowledge that I am responsible for my own well being while participating, and I understand the possible dangers and risks involved in this program.

________________________________________________________________________
Signature of Participant /Date          Signature of Participant /Date

Photography Release (optional)
Yes, UWSP Continuing Education may use my photograph for promotional or advocacy purposes. Initial A_______  B_______

LIFE Class Registration Fall 2016
Person A:_________________________________Person B:____________________

Please circle the letter(s) indicating who will attend.

AUGUST
A or B  Milwaukee Art Museum the Third Ward and Walkers Point
A or B  Behind the Scenes at Schmeeckle Reserve
A or B  Senior Living History
A or B  Getting to the Supreme Court

SEPTEMBER
A or B  Economic Inequality
A or B  An Introduction to Indian Culture and Philosophy
A or B  The Challenges in Running a Bookstore Today and Tomorrow
A or B  Wisconsin Big Cats Rescue
A or B  Germany one Hundred Years Ago - First World War
A or B  In Our Midst
A or B  Vision and Fall Prevention
A or B  Planning and Designing the New UWSP Bio and Chem Building
A or B  Remember the Billy Club
A or B  Central Waters Brewing Company Tour
A or B  The Effects of the First World War...
A or B  Cancer Treatment Update
A or B  The Mission and Business of Goodwill
A or B  Missing Threads: the Story of the Wisconsin Indian Child Welfare Act
A or B  Robots are Coming is that Good or Bad
A or B  Green County Cheese Days
A or B  Updating Social Security for the 21st Century
A or B  Exploring Art: Topographies
A or B  Successful Gardening
A or B  Honor Flight
A or B  Solar Power Hour
A or B  The Conflict of Paul Hindemith The story behind Mathis der Maler
A or B  Tiny Houses (Cancelled)
A or B  F reeing the Breath
A or B  Connecting People and Nature
A or B  Behind the Scenes in Radiation Oncology and Clinical Research
A or B  Wisconsin English
A or B  Infant Massage: The Importance of Touch
A or B  Travel to Iran

OCTOBER
A or B  Spy Thrillers
A or B  NCAA Division III Athletics
A or B  Battling for Suffrage the State and National Campaigns
Royal Marriages
The Conductor's Life: The 2016-17 Season in Preview
Your Patient Portal
Amazing Things the Newspaper Told You
Tar Water
Frank Lloyd Wright – The Man, the Architect
The Three Buddhism
Stevens Point FFA
How NOT to Fight Voter Fraud
Potato Farming From Farm to Table
Comic Art and Society
Unnecessary Farce Discussion
Boys and Girls Club of Portage County
Pre-Diabetes and Diabetes
Probation and Parole What Really Happens After Prison
Faith and Science
Millennials and Boomers Working Together for a Better Future
The Changes in Service Delivery of Medical Care
Skyward World Headquarters Tour
WPS and What They Do When the Power Goes Out
Exploring Art: Day of the Dead
Uses and Abuses of Drones ad other Stealth Devices
Is Democracy a Viable Form of Government?
Stuck between the West and the Rest-Where Turkey is headed

LIFE REGISTRATION FORM

Most members: Your membership payment is due now for the 2016-17 school year.
No payment is due for first-time members who joined in Spring 2016.

A or B LIFE Membership $75 $_____
_________________________First-time member - I need a nametag.

Milwaukee Art Museum the Third Ward and Walkers Point $60 $_____
Green County Cheese Days $25 $_____ 
Nutcracker in the Castle $21 $_____ 

Total Enclosed: $_____

Checks and most credit cards are accepted. Please make checks payable to UWSP Continuing Education and mail to 2100 Main St., Stevens Point, WI 54481.

Credit Card: ___ Discover ___ Visa ___MasterCard
Card # __ __ __ __ - __ __ __ __ - __ __ __ __ - __ __ __ Exp. ___ / ______
Not John Wayne Westerns Part Two
Not John Wayne Westerns, Part One consisted of western films that did not star John Wayne. Not John Wayne Westerns, Part Two will consist of films starring John Wayne that are not westerns. Come see some of the Duke's earlier film roles: "The Shepherd of the Hills" (1941); "Flying Tigers" (1942); and "Without Reservations" (1946).

Presenter: Karen Olsen (a lover of films)
1:30 – 4 p.m. Tuesdays, November 1, 8, 15

Mrs. Menendez - One Story of Women Who Fall In Love With Jailed Killers
Filmmakers Nancy Saslow and Carolyn Carmines were fascinated to read about how Scott Peterson, who’s on Death Row for killing his pregnant wife, was getting bags of fan mail at San Quentin from female admirers. We wondered, ‘Who are these women who are attracted to marrying men in prison?’” says Carmines. Their investigation led them to find Tammi Menendez, who married Erik Menendez in 1999. The result of their efforts is a documentary called Mrs. Menendez. Saslow, an Emmy and a Peabody Award winner, directed the film and Carmines produced it. Mrs. Menendez premiered in New York recently, and was selected as Best Biographical Documentary by the New York International Independent Film and Video Festival. We will view the film and have a Skype interview with the filmmakers.

Presenter: Nancy Saslow and Carolyn Carmines
1 – 2:30 p.m. Wednesday, November 2

US Government Finances
A brief history and current status of government taxing, spending and debt.
Presenter: Dennis Keefe
3 – 4:30 p.m. Wednesday, November 2

A Sociological Impression about Living and Working in the UK Part II
In April 2016, Prof. Wolensky presented his thesis that the U.S. is very much a British-influenced society. More time was needed for group discussion so this session will summarize the April class, bring in some new material, and allow time for more discussion.

Presenter: Bob Wolensky (Prof. Emeritus of Sociology, UWSP)
1 – 2:50 p.m. Thursday, November 3

Photo Journey Down Under
Explore the natural and cultural wonders of Australia and New Zealand through the eyes of two photographers. Visually visit iconic sites and hear their stories along the way.

Presenter: Dave Staszak and Nancy Bayne
10 – 11:30 a.m. Fridays, November 4 and 11

A Brief History of United States Management Practices
After a brief review of the changes in the mid to late 1800s about the nature of work in the U.S., the majority of the talk will focus on how from around 1900-1930 military-style management of workers dominated U.S. businesses. Current approaches, including recent trends of TQM, six sigma, and lean manufacturing principles will be discussed--including how many modern companies are managed using a combination of practices which evolved in the 20th century.

Presenter: Chris Sadler (Emeritus Professor of Comm - UWSP)
1 – 2:30 p.m. Friday, November 4

La Cage Aux Folles Discussion
Discussion and introduction of the musical La Cage Aux Folles. Based on the 1973 French play of the same name by Jean Poiret, it focuses on a gay couple: Georges, the manager of a Saint-Tropez nightclub featuring drag entertainment, and Albin, his romantic partner and star attraction, and the farcical adventures that ensue when Georges’ son brings home his fiancée’s ultra-conservative parents to meet them. The original 1983 Broadway production won six Tony Awards including best Musical, Best Score and Best Book.

Presenter: Alan Patrick Kenny (UWSP Dept. of Theatre and Dance)
1 – 1:45 p.m. Sunday, November 6

Origins and Consequences of the Sunni Shiite Split
Since the 2003 Invasion of Iraq, Americans have been acutely aware that divisions between Sunni and Shiite Muslims are important. Dr. Francis will explain how this division emerged and why it is significant. He will also challenge simplistic narratives that seek to explain modern conflicts solely as examples of ongoing, existing enmity between the two sects.

Presenter: Edgar Francis (professor for Dept. of History UWSP)
3:30 – 5 p.m. Monday, November 7
Exploring Art: Migrants and Religion
Explore art at UWSP's Carlsten Art Gallery in the Noel Fine Arts Center. This exhibition is entitled: “Migrants and Religion—Examples of Germans and Religion.”
Curator: Leslie Walfish
10 – 11:30 a.m. Tuesday, November 8

Maybe there is more to Your Public Library than You Think
Learn how to sign up for ebooks and use library books on your phone or tablet at no charge. Also learn about book clubs and other things the library provides: one-on-one technology help, home-bound service, notary public service and more.
Presenter: Diane Lang (Portage County Library)
10 – 11:30 a.m. Wednesday, November 9

The Olympics and Culture
The Olympics are a cultural phenomenon for the whole world. Places, money, intense competition, battles among world powers, individual and group excellence—but what difference do they make on our lives, our country's life, and the world itself? Thought-provoking for sure. Featured are the Summer Games of Rome (1960) and Rio (2016).
Presenter: Ken Hanson (Retired Pastor)
1 – 2:30 p.m. Wednesdays, November 9 & 16

A Different Approach to Reapportionment
This is a proposal how to do fair reapportionment. The proposal will show what kind of rules could allow the legislature to have a criteria to judge possible plans. We discuss how various factors need to be balanced.
Presenter: Pam Anderson
1 – 2:30 p.m. Friday, November 11

Internet and Online Security
This talk will address topics of Internet Security that may affect you, and give you simple and practical advice for avoiding these attacks and keeping your data secure. We'll talk about social network privacy settings, password selection, email scams, buying and selling online, viruses and malware, and more.
Presenter: Sean Ruppert (UWSP Information Technology Trainer)
3:30 – 5 p.m. Monday, November 14

CWSO presents Heavenly Banquet
Long established as a masterful composer of opera, George Frideric Handel began creating works in the oratorio tradition as the costs of producing lavish, fully-staged operas became prohibitive. His Messiah premiered in Dublin in 1742 as an Easter offering. The concert was so popular that the women were encouraged to leave their hoops for their skirts at home in order to accommodate more audience! Now, Messiah is one of the most performed and well-known choral works, and often associated with the holiday season.
Presenter: Ann Huntoon (Executive Director - Central Wisconsin Symphony Orchestra)
2:30 – 4 p.m. Tuesday, November 15

Ask A Question: Save a Life
As someone who may be in the best possible position to prevent suicide, you will find that QPR is designed to help you help someone who may be considering suicide. QPR consists of three life-saving skills. How to: Question...a person about suicide, Persuade....the person to get help, and Refer....the person to the appropriate resource.
Presenter: Michelle Nelson (Master Level Social Worker - Mental Health Unit - St. Michael's Hospital)
10 – 11:30 a.m. Wednesday, November 16

Making Health Behavior Changes: Stages and Strategies
Dr. Elsenrath is a retired professor of psychology and counseling. He will discuss making changes for the better in health areas such as regular exercise, weight loss, smoking cessation and stress reduction.
Presenter: Dennis Elsenrath (retired UWSP Professor of Psychology and Counseling)
3 – 4:30 p.m. Thursday, November 17

Blogging for Fun and Nonmonetary Profit
Blogging on either a regular or irregular basis can be life-enhancing and fun for the blogger and his/her audience. Google’s Blogger is just one possibility.
Presenter: Bill Kirby (blogger for 8 years)
1:00—2:30 p.m. Friday, November 18
An Afternoon of Early Music
Join the Point-in-Time Early Music Consort for an informal afternoon of Medieval through Renaissance and Baroque music. Music ranging from the ecclesiastical to the secular will be selected from composers such as Praetorius, Brade, Holborne, Handel and Palestrina, as well as our favorite, Anonymous. Musicians will perform on soprano, alto, tenor, and bass recorders, as well as alto vielle, cornamuse, hurdy gurdy, harp, and keyboard.

Presenter: Gary Dreier, Jane Dreier, Doug Durham, Mary Grossnickle, Caryn Hurst, Cindy MCase, Jan Seiler, Janet Swiston (Members of the Point-in-Time Early Music Consort)
12:45 — 2:15 p.m. Tuesday, November 22

Is Democracy a Viable Form of Government
A discussion of the success/failure of democratic governance around the world.

Presenter: Dennis Keefe
3 – 4:30 p.m. Tuesday, November 22

Stuck between the West and the Rest: Where is Turkey Headed?
Turkey is seen as a part of the West due to its strategic location between Europe and the Middle East as well as its ever-lasting democratization efforts. Focusing on President Erdogan's undeniable influence on Turkey's political agenda, this talk touches upon several recent developments in Turkey under Erdogan's rule.

Presenter: Mert Martal (Asst. Professor of Political Science UWSP)
3—4:30 p.m. Tuesday, November 29

Wisconsin Institute for Sustainable Technology
The Wisconsin Institute for Sustainable Technology (WIST) provides research, laboratory services, and education for business and industry. We bring new ideas and innovation from the university to the private sector. WIST research includes biofuels, renewably sourced chemicals from biomass and value-added uses of agricultural residuals. WIST educational offerings include papermaking courses, topics in sustainability, and our annual Focal Point conference.

Presenter: Paul Fowler (Executive Director of Wisconsin Institute for Sustainable Technology, UWSP)
1 – 2:30 p.m. Thursday, December 1

Three Historyish Books
Catching Fire by Richard Wrangham, Paleofantasy by Marlene Zuk and What Hath God Wrought by Daniel Howe are three books that even those who aren't that crazy about history might like.

Presenter: Bill Kirby
10 – 11:30 a.m. Friday, December 2

Nutcracker in the Castle
“The Nutcracker” comes alive in the holiday season in the “castle” of the Paine Art Center and Gardens. Scenes of the beloved fairy tale unfold throughout the home’s elaborately decorated historic rooms. Enjoy a one-hour actor-guided tour, complete with live music and youth ballet performances. Afterwards, if you choose, enjoy cupcakes and hot cocoa in the Cupcake Café served by special hostess, the Sugar Plum Fairy. Transportation not included. Carpooling is encouraged.

Presenter: Docent at Paine Art Center and Gardens
1:30 – 4 p.m. Sunday, December 4
Cost: $21 (tour ticket)

Science and Psychology of Sexual Orientation
Sexual orientation is a multifaceted topic. In this talk, we'll explore the impact of biological causes, culture and changing attitudes on homosexuality and bisexuality

Presenter: Prof. Heather Molenda-Figueira (Asst. Prof of Psychology)
3:30 – 5 p.m. Monday, December 5

The Wright Brothers Journey of Invention
This beautifully-made, 115-minute, documentary film tells the untold story of how Orville and Wilbur Wright, two Midwestern bicycle mechanics with no formal training, prevailed over the world’s leading scientists and inventors in discovering the secret of flight. It recounts the hardship, perseverance, true genius, and spectacular triumph of the brothers. Their epic adventure culminated in the first successful manned flight on December 17, 1903. A short summary and Q&A will follow presentation of the DVD.

Presenter: Bill Wood (LIFE Member and Aviation Enthusiast)
2:30 – 5 p.m. Tuesday, December 6
**The Importance of Adult Literacy**

Learn about adult literacy in Portage County and Wisconsin and current programs offered by the Portage County Literacy Council, a non-profit based in Stevens Point that is dedicated to adult literacy. The PCLC works with adults to help them achieve the ability to read, write, and speak English; and understand and use information to make decisions about their lives. We provide volunteer literacy tutors and small group instruction for native and non-native speakers to help them reach their goals.

Presenter: Kristy SeBlonka (Exec. Director, Portage County Literacy Council)
6:30 – 8:00 p.m. Wednesday, December 7

**Bed and Breakfasts and Airbnb**

The Executive Director of the Wisconsin Bed & Breakfast Association will talk about B&Bs; the Airbnb movement; and their differences.

Presenter: Karri Thiel (Executive Director of the Wisconsin Bed & Breakfast Association)
2 – 3:30 p.m. Thursday, December 8

**Google searching tips and tricks**

Mindy King, UWSP research librarian, will demonstrate Google searching strategies, tips and tricks. Learn the skills to find quality information in less time.

Presenter: Mindy King (UWSP Research Librarian)
1—2:30 p.m. Friday, December 9

**Afterimages Discussion**

New student choreography - emerging artistry. Experience the talent and exceptional artistic range of our student choreographers, performers and designers!

Presenter: Michael Estanich (Associate Professor, UWSP Department of Theatre and Dance)
1 – 1:45 p.m. Sunday, December 11

**Exploring Art: 2016 Juried Student Exhibition**

Explore art at UWSP’s Carlsten Art Gallery in the Noel Fine Arts Center. This exhibition is the annual juried exhibition of student work.

Curator: Leslie Walfish
10 – 11:30 a.m. Tuesday, December 13

**LIFE Winter Weather Policy:**

Instructors may cancel classes due to weather conditions. LIFE classes held on the UWSP campus will only be cancelled if the University closes. LIFE classes held at the Lincoln Center will be cancelled if the Stevens Point School District cancels school.

**Index**

A Brief History of United States Management Practices 20
A Different Approach to Reapportionment 21
A Sociological Impression about Living and Working in the UK Part II 19
Afterimages Discussion 25
Amazing Things the Newspaper Told You 14
An Afternoon of Early Music 23
An Introduction to Indian Culture and Philosophy 5
Ask a Question Save a Life 22
Battling for Suffrage the State and National Campaigns 13
Bed and Breakfasts and Airbnb 25
Behind the Scenes at Schmeeckle Reserve 4
Behind the Scenes in Radiation Oncology and Clinical Research 11
Blogging for Fun and Nonmonetary Profit 22
Boys and Girls Club of Portage County 16
Cancer Treatment Update 8
Central Waters Brewing Company Tour 7
Comic Art and Society 15
Connecting People and Nature 11
CWSO Presents Heavenly Banquet 22
Economic Inequality 5
Exploring Art: Day of the Dead 18
Exploring Art: Topographies 9
Exploring Art: 2016 Juried Student Exhibition 25
Exploring Art: Migrants and Religion 21
Faith and Science 17
Frank Lloyd Wright– The Man, The Architect 14
Freeing the Breath 11
<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Germany One Hundred Years Ago First World War</td>
<td>6</td>
</tr>
<tr>
<td>Getting to the Supreme Court</td>
<td>4</td>
</tr>
<tr>
<td>Google Searching Tips and Tricks</td>
<td>25</td>
</tr>
<tr>
<td>Green County Cheese Days</td>
<td>9</td>
</tr>
<tr>
<td>Honor Flight</td>
<td>10</td>
</tr>
<tr>
<td>How NOT to Fight Voter Fraud</td>
<td>15</td>
</tr>
<tr>
<td>In Our Midst</td>
<td>6</td>
</tr>
<tr>
<td>Infant Massage: The Importance of Touch</td>
<td>12</td>
</tr>
<tr>
<td>Internet and Online Security</td>
<td>21</td>
</tr>
<tr>
<td>Is Democracy a Viable Form of Government</td>
<td>23</td>
</tr>
<tr>
<td>La Cage Aux Folles Discussion</td>
<td>20</td>
</tr>
<tr>
<td>Making Health Behavior Changes– Stages and Strategies</td>
<td>22</td>
</tr>
<tr>
<td>Maybe There is More to Your Public Library Than You Think</td>
<td>21</td>
</tr>
<tr>
<td>Millennials and Boomers Working Together for a Better Future</td>
<td>17</td>
</tr>
<tr>
<td>Milwaukee Art Museum the Third Ward and Walkers Point</td>
<td>4</td>
</tr>
<tr>
<td>Missing Threads the Story of the Wisconsin Indian Child Welfare Act</td>
<td>8</td>
</tr>
<tr>
<td>Mrs. Menendez</td>
<td>19</td>
</tr>
<tr>
<td>NCAA Division III Athletics</td>
<td>12</td>
</tr>
<tr>
<td>Not John Wayne Westerns Part Two</td>
<td>19</td>
</tr>
<tr>
<td>Nutcracker in the Castle</td>
<td>24</td>
</tr>
<tr>
<td>Origins and Consequences of the Sunni Shiite Split</td>
<td>20</td>
</tr>
<tr>
<td>Photo Journey Down Under</td>
<td>20</td>
</tr>
<tr>
<td>Planning and Designing the New UWSP Bio and Chem Building</td>
<td>7</td>
</tr>
<tr>
<td>Potato Farming From Farm to Table</td>
<td>15</td>
</tr>
<tr>
<td>Pre-Diabetes and Diabetes</td>
<td>16</td>
</tr>
<tr>
<td>Probation and Parole: What Really Happens After Prison</td>
<td>16</td>
</tr>
<tr>
<td>Remember the Billy Club</td>
<td>6</td>
</tr>
<tr>
<td>Robots are Coming Is that Good or Bad</td>
<td>8</td>
</tr>
<tr>
<td>Royal Marriages</td>
<td>13</td>
</tr>
<tr>
<td>Science and Psychology of Sexual Orientation</td>
<td>24</td>
</tr>
<tr>
<td>Senior Living History</td>
<td>4</td>
</tr>
<tr>
<td>Skyward World Headquarters Tour</td>
<td>18</td>
</tr>
<tr>
<td>Solar Power Hour</td>
<td>10</td>
</tr>
<tr>
<td>Spy Thrillers</td>
<td>12</td>
</tr>
<tr>
<td>Stevens Point FFA</td>
<td>15</td>
</tr>
<tr>
<td>Stuck Between the West and the Rest—Where Turkey is Headed</td>
<td>23</td>
</tr>
<tr>
<td>Successful Gardening</td>
<td>9</td>
</tr>
<tr>
<td>Tar Water</td>
<td>14</td>
</tr>
<tr>
<td>The Challenges in Running a Bookstore Today and Tomorrow</td>
<td>5</td>
</tr>
<tr>
<td>The Changes in Service Delivery of Medical Care</td>
<td>17</td>
</tr>
<tr>
<td>The Conductor’s Life: the 2016-17 Season in Preview</td>
<td>13</td>
</tr>
<tr>
<td>The Conflict of Paul Hindemith: The Story Behind Mathis der Maler</td>
<td>10</td>
</tr>
<tr>
<td>The Effects of the First World War...</td>
<td>7</td>
</tr>
<tr>
<td>The Importance of Adult Literacy</td>
<td>25</td>
</tr>
<tr>
<td>The Mission and Business of Goodwill</td>
<td>8</td>
</tr>
<tr>
<td>The Olympics and Culture</td>
<td>21</td>
</tr>
<tr>
<td>The Three Buddhisms</td>
<td>14</td>
</tr>
<tr>
<td>The Wright Brothers’ Journey of Invention</td>
<td>24</td>
</tr>
<tr>
<td>Three Historyish Books</td>
<td>24</td>
</tr>
<tr>
<td>Tiny Houses</td>
<td>10</td>
</tr>
<tr>
<td>Travel to Iran</td>
<td>12</td>
</tr>
<tr>
<td>Unnecessary Farce Discussion</td>
<td>16</td>
</tr>
<tr>
<td>Updating Social Security for the 21st Century</td>
<td>9</td>
</tr>
<tr>
<td>US Government Finances</td>
<td>19</td>
</tr>
<tr>
<td>Uses and Abuses of Drones and other Stealth Devices</td>
<td>18</td>
</tr>
<tr>
<td>Vision and Fall Prevention</td>
<td>6</td>
</tr>
<tr>
<td>Wisconsin Big Cats Rescue</td>
<td>5</td>
</tr>
<tr>
<td>Wisconsin English</td>
<td>11</td>
</tr>
<tr>
<td>Wisconsin Institute for Sustainable Technology</td>
<td>23</td>
</tr>
<tr>
<td>WPS and What they do When the Power Goes Out</td>
<td>17</td>
</tr>
<tr>
<td>You Patient Portal</td>
<td>13</td>
</tr>
</tbody>
</table>

**Transportation to Off-Campus Events**

If you would like a list of members in your area for carpooling, please call Continuing Education at 715-346-3838.

**Need Directions or a Map?**

Directions and maps for fieldtrips (and a campus map) are available online at [www.uwsp.edu/conted/life](http://www.uwsp.edu/conted/life). Click on **LIFE Resource Library**.

(This link is also included in your confirmation letter.)
Snowshoeing with LIFE
By Rachel Zarm

Outfitted in snowshoes of all colors and styles,
We started our journey to cover some miles,

Snow gently fell as we set out that day,
The whole gang was there and I led the way,

We walked along trails both narrow and wide,
Enjoying the fresh air and being outside,

Occasionally we stopped, not because we were lost,
But to hear winter poems, even one by Robert Frost,

We arrived at the cabin to relax and to eat,
And Ron got the fire to give off some heat,

Refreshed by the exercise and a day in the woods,
We gathered our snowshoes and also our goods,

I snowshoed with life, and what does that mean,
I pondered this thought to see what I could glean,

To snowshoe with life means to live in the present,
Enjoying company so kind and so pleasant.

World Championship Cheese Contest
March 2016
Do you have any suggestions for classes next semester? Write them here and submit to CAC Room 324 or the Continuing Education Office in Old Main Room 032!
<table>
<thead>
<tr>
<th>August</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>22</td>
<td></td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Milwaukee Museum</td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>Schmeeckle Reserve</td>
<td>30</td>
<td>31</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Senior Living History</td>
<td>Supreme Court</td>
<td>Economic Inequality</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td></td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9 FRIDAY</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Senior Living History</td>
<td>Intro to Indian Culture</td>
<td>Running a Bookstore</td>
<td>Germany 100 Years</td>
</tr>
<tr>
<td>12</td>
<td>In Our Midst Vision Prevention</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16 FRIDAY</td>
</tr>
<tr>
<td></td>
<td></td>
<td>The Billy Club Planning Bio Bldg Intro to Indian Culture</td>
<td>Central Waters Tour Effects of WWI</td>
<td>Cancer Treat. Update Mission of Goodwill</td>
<td>Robots Missing Threads</td>
</tr>
<tr>
<td></td>
<td></td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>17 SATURDAY</td>
</tr>
<tr>
<td></td>
<td>Social Security</td>
<td>Exploring Art Successful Gardening Intro to Indian Culture</td>
<td>Solar Power Hour Honor Flight</td>
<td>22</td>
<td>Green Co Cheese</td>
</tr>
<tr>
<td></td>
<td></td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Free the Breath</td>
<td>Connecting People</td>
<td>Radiation Oncology Wi English</td>
<td>Infant Massage Travel to Iran</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>September</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td></td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td>Spy Thrillers</td>
<td>NCAA Div. Ill Athletics</td>
<td>Battling for Suffrage Royal Marriages</td>
<td>Planner’s Life Your Patient Portal</td>
<td>Tar Water Amazing Things</td>
</tr>
<tr>
<td>10</td>
<td>Spy Thrillers</td>
<td></td>
<td>Three Buddisms Frank Lloyd Wright</td>
<td>Fight Voter Fraud Potato Farming Stevens Point FFA</td>
<td>Comic Art &amp; Society</td>
</tr>
<tr>
<td></td>
<td></td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Boys &amp; Girls Club Pre-Diabetes</td>
<td>Frank Lloyd Wright</td>
<td></td>
</tr>
<tr>
<td>16 SUNDAY</td>
<td>Unnecessary Farce</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td></td>
<td>Spy Thrillers</td>
<td></td>
<td>Frank Lloyd Wright</td>
<td>Changes in Service Probation and Parole</td>
<td>Millen. &amp; Boomers Faith and Science</td>
</tr>
<tr>
<td>17 MONDAY</td>
<td>Spy Thrillers</td>
<td></td>
<td>24</td>
<td>25</td>
<td>26</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Spy Thrillers</td>
<td>WPS Power Out Skward World HQ</td>
<td>Exploring Art Uses of Drones</td>
</tr>
<tr>
<td>28</td>
<td></td>
<td></td>
<td>27</td>
<td></td>
<td>28</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Millen. &amp; Boomers</td>
<td></td>
</tr>
</tbody>
</table>
### November

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>31</td>
<td>1 Not John Wayne</td>
<td>2 Mrs. Menendez US Gov. Finances</td>
<td>3 Sociol. Impression Uses of Drones</td>
<td>4 Photo Journey History of US Mngmt</td>
</tr>
<tr>
<td>6 SUNDAY</td>
<td>8 Exploring Art Not John Wayne</td>
<td>9 Olympics &amp; Culture Public Library</td>
<td>10 Uses of Drones</td>
<td>11 Diff. Approach Photo Journey</td>
</tr>
<tr>
<td>7 MONDAY</td>
<td>15 CWSD Not John Wayne</td>
<td>16 Ask a Question Olympics &amp; Culture</td>
<td>17 Uses of Drones Health Behavior Chg</td>
<td>18 Blogging</td>
</tr>
<tr>
<td>14</td>
<td>22 Early Music Democracy Viable</td>
<td>23</td>
<td>24</td>
<td>25</td>
</tr>
<tr>
<td>21</td>
<td>29 Stuck betw West</td>
<td>30</td>
<td>1 WI Institute</td>
<td>2 Three Historyish Books</td>
</tr>
<tr>
<td>4 SUNDAY</td>
<td>6 Wright Brothers</td>
<td>7 Adult Literacy</td>
<td>8 Bed and Breakfasts</td>
<td>9 Google Searching</td>
</tr>
<tr>
<td>5 MONDAY</td>
<td>13 Exploring Art</td>
<td>14</td>
<td>15</td>
<td>16</td>
</tr>
<tr>
<td>11 SUNDAY</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
</tr>
<tr>
<td>12 MONDAY</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td></td>
</tr>
</tbody>
</table>

### December

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
</tr>
</tbody>
</table>

---

Members are welcome and encouraged to attend:

**LIFE Curriculum Committee Meetings**
11:00 a.m., Mondays, August 29, September 12 & 26, October 10 & 24, November 7 in the Dreyfus University Center, Rm. 235

**LIFE Board Meetings**
9:00 a.m., Tuesdays, August 2, October 4, December 6 in CAC, Rm. 113