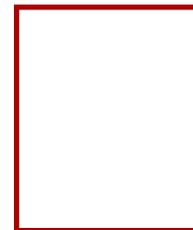
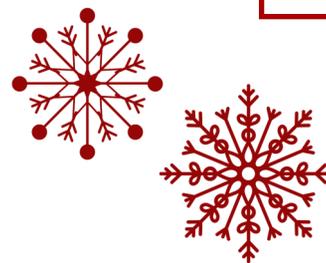




# Good Ideas

An enriching three-day program for lifelong learners age 50 and over

## January 12-14, 2021



# 36<sup>th</sup> Annual Good Ideas: A University Experience for Adults

## January 12, 13 and 14, 2021



Join a group of adult lifelong learners for an enriching three-day program virtually.

A January thaw for your mind and spirit.

### Daily Schedule - Held entirely via Zoom meetings

8:30 - 8:45 a.m.	Coffee and Chat
8:45 - 9 a.m.	Welcome and Announcement
9 - 10 a.m.	General Sessions, Main Zoom Meeting
10 - 10:30 a.m.	Morning Break
10:30 - Noon	Morning Class
Noon - 1 p.m.	Lunch
1 - 2:30 p.m.	Afternoon Class
2:45 - 3:45 p.m.	<b>Tuesday:</b> Wishful Thinking - Planning Successful Gardens - Marissa Ashbeck <b>Wednesday:</b> Analysis of Federal and State Elections and their Impact on Public Policy - Ed Miller <b>Thursday:</b> CBD Oil and You - Karly Johannsen



### Advisor Committee:

John Krueger  
Jim Hampton  
Kathy Serley  
Rita Crooks  
Ruth Wrynski  
Lorrie Franke

To join this committee,  
email [arogalsk@uwsp.edu](mailto:arogalsk@uwsp.edu)




## Good Ideas: General Sessions, Virtual

Tuesday — January 12

### The Value of Diversity

**Lindsay Bernhagen**

Research tells us why diversity matters and how it improves problem-solving and decision-making.

Join this session where participants will be challenged to reflect on their own perspectives and perceptions relative to their identities in order to uncover unintentional ways that we might send inclusive and/or exclusive messages in our interactions with others.

**Lindsay Bernhagen, Ph.D.** is the director of the Center for Inclusive Teaching and Learning (CITL) at the University of Wisconsin-Stevens Point. She holds a Ph.D. in comparative studies, and M.A.s in gender studies and ethnomusicology. In addition to directing CITL, she also teaches courses in women's and gender studies, education, and sociology and serves as Editor-in-Chief of *To Improve the Academy: A Journal of Educational Development*.

Wednesday — January 13

### Battling HeteroCisNormativity

**Sylfied Bustamante**

In this session, we will: Explore the dismantling of societal norms that box our perception of others into categories. View gender and sexuality as a spectrum rather than the false dichotomy of binary systems.

Learn to break away from socially constructed practices of assuming heterosexuality and cisgender expectations on other people. Discuss the effects of problematic policies and how a better understanding of others can address current issues and improve the access to resources for all.

**Sylfied A. Bustamante** is the Gender & Sexuality Resource Center coordinator at the University of Wisconsin-Stevens Point. They earned the UW System Dr. P.B. Poorman Award for LGBTQ+ advocacy in 2018. They co-chair the Faculty/Staff Gender-Sexuality Alliance, co-advise the student organization Gender-Sexuality Alliance and coordinate the UWSP approved Safe Zone training for students and the community.

Thursday — January 14

### Immigration Politics

**Saeymi Park**

Immigration remains one of the most contentious political issues in American politics. This talk will provide an overview of immigration policy from different theoretical perspectives and will investigate some of the most divisive issues raised in relation to immigration policy: unauthorized immigrants, citizenship, visa eligibility, and refugee policies.

**Saeymi Park, Ph.D.** is an assistant professor of political science at UW-Stevens Point. She earned a doctoral degree in political science from UW-Madison. Park also has two masters' degrees in international communication (American University, Washington D.C.) and in international relations (Sookmyung Women's University, Seoul, South Korea). She teaches courses in American politics at UWSP, and she is interested in finding similarities and differences in political behaviors of racial and ethnic minority groups.

## REGISTRATION FORM

Registrations will be accepted through Wednesday, January 7, 2021 or until full. **UW-Stevens Point Continuing Ed is evolving the retired learner membership programs in to one Regional LIFE program, which will have priority registration with a discount.** All other registrations will be taken in the order that they are received. For questions about content, email [cgrunders@uwsp.edu](mailto:cgrunders@uwsp.edu), or help with registration, email [uwspceweb@uwsp.edu](mailto:uwspceweb@uwsp.edu) or call 715-346-3838.  
REGISTER ONLINE: [bit.ly/GoodIdeas2021](http://bit.ly/GoodIdeas2021)

Registrant #1	Registrant #2
Address	Address
City State Zip	City State Zip
Phone #	Phone #
Email (required)	Email (required)

REGISTRANT 1	REGISTRANT 2
Morning Class Session _____	Morning Class Session _____
Afternoon Class Session _____	Afternoon Class session _____
Optional Classes <input type="checkbox"/>	Optional Classes <input type="checkbox"/>
Registration Fee (all fees are per participant) . . . . . Total _____	
(\$59 General Public, \$30 Regional LIFE Members) Membership will be verified.	
Add Regional LIFE Membership (+\$45) per person . . . . . Home Campus _____ Total _____	
Mail in your registration with check payment to:	
<b>Continuing Education, UW-Stevens Point</b> 2100 Main St. Rm 023 Old Main Stevens Point, WI 54481	<b>GRAND TOTAL</b> _____

## Registration Details:

1. You must register for one morning and one afternoon class. Each class meets for three days.
2. Register early! Three ways to register: online at [bit.ly/GoodIdeas2021](http://bit.ly/GoodIdeas2021), or complete the form at left and mail it to Continuing Education, UW-Stevens Point, 2100 Main St Rm 023 Old Main, Stevens Point, WI 54481, or call 715.346.3838 to register over the phone on Tuesdays or Thursdays.
3. The whole conference will be hosted in an online format using Zoom. If you are not familiar with Zoom and would like help before the conference, please email [uwspcelife@uwsp.edu](mailto:uwspcelife@uwsp.edu) to set up time for training.
4. All general sessions are open to every conference attendee while morning, afternoon and optional classes require registration.
5. You will receive a welcome email prior to the start of the conference. All Zoom links will be live on the conference website the day of the event.
6. **Emails are required** for this year's conference due to the virtual format.
7. Registration discounts are only available to UW-Stevens Point Continuing Ed Regional LIFE members. All memberships will be verified at registration. Registration for UW-Stevens Point Regional LIFE Spring 2021 membership can be added at the time of Good Ideas registration for \$45. Adding the membership gives you 40-60 program opportunities through spring and the discount.

Register Online at [Bit.ly/GoodIdeas2021](http://Bit.ly/GoodIdeas2021)

## Morning Classes, 10:30 a.m. - Noon (Choose one) - Virtual

### 1. Snapshots of Global and Local Biodiversity Issues

Monarch butterflies are in crisis. Colony collapse disorder has been devastating to both honey bees and beekeepers. A huge numbers of birds are dropping from the skies. Diminishing sea ice is wreaking havoc on polar bears. Launching discussions with the so-called "insect apocalypse," we'll look at a number of other biodiversity issues around the world and here in our own backyards.

*Paul Whitaker is a professor of biology at UW Stevens Point in Wausau, with graduate degrees in entomology and a plant sciences minor from UW-Madison. He has taught botany, ecology, animal biology, entomology, environmental resources, and an interdisciplinary course on organic agriculture. He has served on the board of the Monk Botanical Gardens in Wausau since 2004 and currently chairs its Grounds Committee.*

### 2. Morality, Wisdom and Why Wisdom is Better

Philosophy means (in Greek) love of wisdom, but contemporary academic philosophy does not worry about wisdom. Examine how wisdom and ethics can be seen as two different things. Come prepared to discuss varying viewpoints, to raise objections and to raise questions.

*Doug Hosler is a professor emeritus of philosophy. Born in northern Illinois, he earned a Ph.D. in philosophy from the University of Pittsburgh in 1970. He taught within the UW-System for 53 years.*

### 3. Don't Waste Your Thyme: Composting 101

Learn the best practices to effectively manage yard trimmings and other organic materials generated in your home. Join this interactive class where you will learn the composting process, materials and methods, using the compost and other options for managing yard trimming and food scraps.

*Janell Wehr is the horticulture educator in Marathon County for UW-Madison Division of Extension. She develops and delivers horticulture programs to community partners and coordinates the Master Gardeners of Marathon County.*

### 4. America's Unfinished Revolution

Explore the turbulent period of Reconstruction (1863-1877). An era now largely forgotten or misunderstood, it was a time of unprecedented social and political change, reactionary violence, and a moment when questions of race, citizenship, and the nature of the United States itself were all matters of intense discussion and debate.

*Brett Barker received his Ph.D. from UW-Madison and is professor of history at UW-Stevens Point at Wausau, where he has taught since 2002. His areas of expertise include the Civil War era, American Indian history, and the history of Wisconsin and the Midwest. He currently serves as chair of the Department of History and International Studies at UW-Stevens Point.*

## Afternoon Classes, 1 - 2:30 p.m. - (Choose one) - Virtual

### 5. Renaissance Voyages of Discovery and Scientific Revolution

Study the impact of voyages of discovery on the European view of the globe and how this paved the way for the scientific revolution by undermining the authority of classical sources of knowledge and understanding.

*Keith Montgomery is the former dean of UW-Marathon County and UW Colleges North. Prior to that, he was a professor of geography-geology at UW-Marathon County. He is originally from Glasgow, Scotland and came to Wausau from Canada where he completed his graduate work in glacial geology at the University of Waterloo, Ontario.*

### 6. Religion in American Politics

Since the founding of this nation, the right relation between religion and politics has been a live question. This course will examine the idea of an "American Civil Religion," trace the history and competing interpretations of the First Amendment and American exceptionalism, and examine the ongoing role of religion in American public life.

*Ryan O'Leary, Ph. D., specializes in philosophical theology and modern culture. He currently lectures philosophy and religious studies at UW-Stevens Point.*

### 7. Express Yourself! Crayontastic Art the Boomer Zoomer Way!

Embrace your inner child as we create with a young-at-heart favorite—Crayola crayons! We will explore color theory, mark-making, and other art principles. No art experience necessary, just a willingness to play and have fun along the way.

*Wausau artist, Nancy Laliberte loves expressing herself with paints, brushes, pen, ink, paper, canvas and of course, crayons. Her love of art is evident in both her work, and her classes. Find her online: [nancylaliberte.com](http://nancylaliberte.com)*

### 8. Musical Postcards

In some cases, music can depict a landscape or scenery better than picture or words ever can. A handful of pieces in the classical repertoire definitely adhere to this and are well worth exploring. Join us to survey musical gems, where you will be transported to a place and time. Included are works by Rimsky-Korsakov, Mendelssohn, De Falla, Berlioz, Tchaikovsky, Smetana, Ives, Copland and Gershwin!

*Jacob Roseman, Ph.D. has degrees from the Philadelphia College of the Arts, the Eastman School of Music, Florida State University, and the Mozarteum (Salzburg, Austria).*