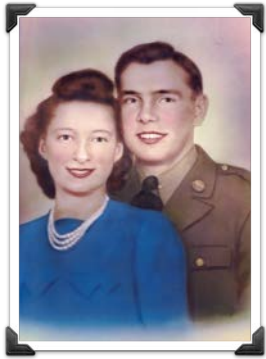


Focus 2019 Conference



Welcome Caregivers!

Madelyn & Quentin Wedding Photo - 1942



Honeymoon - Mt. Rainier



South Pacific - WWII



4

Happy Homecoming - Christmas 1951



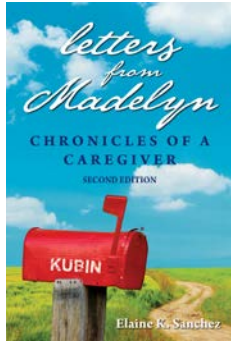
5

50th Wedding Anniversary - 1992



6

Unflinchingly Honest - Surprisingly Funny



7

Madelyn & Quentin - 56th Anniversary



8

Sexuality & Dementia



9

Three Don'ts of Dementia



Don't Argue



You will not win

Don't Try to Talk Them Out of It



They will not listen

Don't Pressure Them to Remember



Stolen memories do not get returned

Why We Need Written Policies



14

Bob & Dorothy



15

Bob & Dorothy



16

Bob & Dorothy Caught in the Act



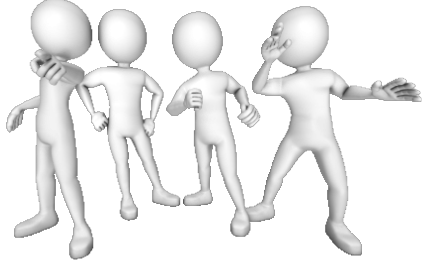
17

Bob's Son Demanded Separation



18

The Residents and Staff Were Upset



19

Bob & Dorothy's Children Disagreed

Mom's happy! I see no harm in it.



It's disgusting. I want them kept apart!



20

Staff Couldn't Keep Them Apart



21

Wheelchair Brigade



22

Dorothy's Daughter Brought in Mediator



23

Bob's Son Moved Him Out



24

Dorothy Was Brokenhearted



25

She Was Sad For the Rest of Her



26

Henry and Donna Lou - Age 72



Married in 2007

27

Two Years Later . . .



Donna Lou exhibits signs of dementia

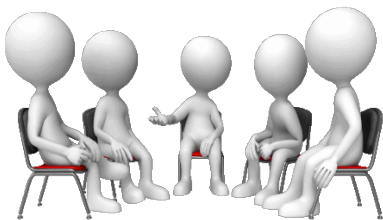
28

2014 - Moves Her Into Memory Care



29

Donna Lou's Daughters Meet with Staff



They say, "No more sex for Mom!"

30

May 2014, Roommate Reports Sexy Sounds



31

Daughter Gains Temporary Guardianship



32

August 2014 - Donna Lou Dies



33

April, 2015 . . .



**Henry is tried for
3rd degree sex abuse**

34

April 22, 2015 - Found Not Guilty



**Couldn't prove Donna
was not capable of consent,
or that they'd actually had sex**

35

Jury Instructions:

A person lacks capacity to consent if the person was, "at the time of the sex act, mentally defective to the extent that the person could not understand the nature and consequences of the sex act, rendering the person unable to offer effectual resistance to the approach of persons who might take advantage of weakness"

36

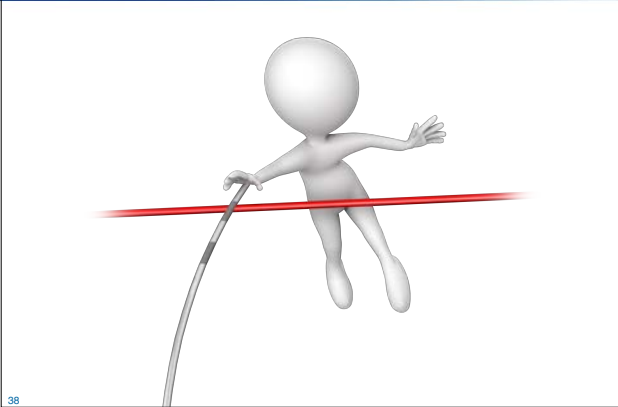
Sexuality & Intimacy in LTC



Does this photo gross you out?

37

Get Over It!!!



38

Myths: Older Adults and Sexuality

Unable to perform

Physically unattractive, therefore, sexually

They are fragile physically & might harm themselves

Old people having sex is embarrassing & disgusting

Sex is only for the young and beautiful

Older people should get over it and forget about it

39

These Attitudes Scream



40

Two-Thirds of People 65+



**Will require some
long-term care at home**

41

Forty Percent of People 65+



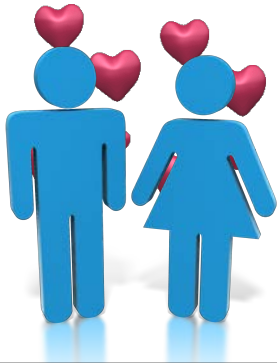
42

A Lot of Them Will Have Dementia



43

Many Will Still Want to Have Sex



44

What are Your Personal Wishes?



**Instructions to
healthcare representatives**

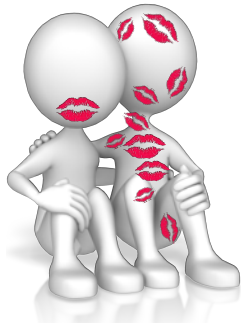
45

What is Your Professional Policy?



46

When This Happens . . .



Staff walks in during a private moment . . .

47

Do They Freak Out?



48

If So, it's Probably Time to Create a Policy



Is This Tricky?



YES!!! It is Difficult, Because . . .

No one person can make the decision for another person to have sexual relationships. Not a family member, not a power of attorney, and not a legal guardian. Sexuality is a personal decision—every person must be capable of deciding this for her or himself.

Think About the Last Time You Had Sex



Did you have to get permission?


Did You Have to Clear it With the Kids?



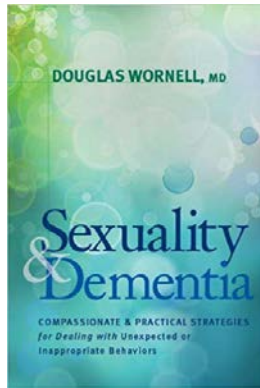
Did you have to clear it with the kids?

If So . . . You're Doing it Wrong!

Sexuality is a basic human need and the choice to be sexually expressive is one that belongs to the individual.



Enlightening Book



55

Dementia-Related Diseases & ISBs

Huntington's Disease

Traumatic Brain Injuries

AIDS Dementia

Alcohol Dementia

Wilson's Disease

Creutzfeldt-Jakob disease

Source: "Sexuality & Dementia" by Douglas Wornell, MD

56

90% of Sexual Behaviors are Related to:

☆ **Alzheimer's Disease**

☆ **Strokes: Vascular Dementia**

☆ **Parkinson's Disease**

57

Types of Abnormal Sexual Behavior

- ☆ **Relationship issues:**
Anxiety, paranoia, memory loss
- ☆ **Inappropriate behavior:**
Normal sexual activity but abnormal for the situation
- ☆ **Hyper-sexual behavior:**
☆ **Excessive preoccupation with sexual fantasies or urges**

Source: "Sexuality & Dementia" by Douglas Wornell, MD

58

Alzheimer's Disease



Loss of executive function

59

Everything is Either a Threat . . .



That they must escape

60

Or an Intense Desire . . .



That must be fulfilled immediately

61

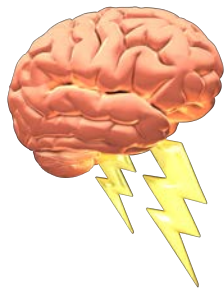
Like Alcoholics . . .



Social inhibitions go out the window

62

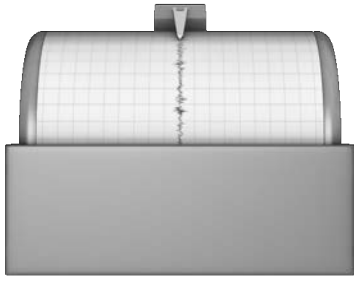
Strokes



**Personality changes,
confusion, volatile emotions**

63

Parkinson's Disease



Excessive Dopamine

64

The More so Factor . . . Age Related



Source: Gero-psychologist Joseph Casiani

65

Dementia is an Identity Thief!



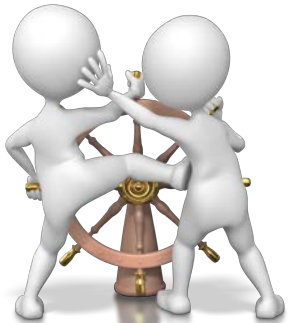
66

When Sense of Self is Disappearing . . .



87

People Will Fight to Maintain Control



88

Personalities Become Amplified



Insecurities grow

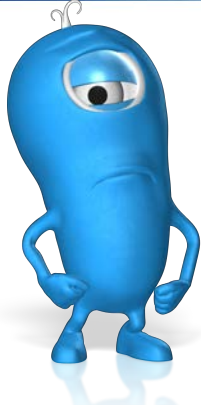
89

Docile Person Becomes More Passive



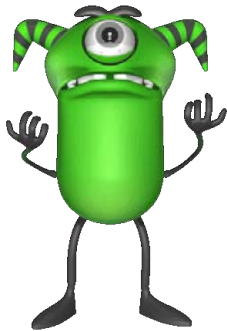
70

Dominant Person Becomes Overbearing



71

The Hysteric



Becomes more hysterical

72

Needs to Create Drama



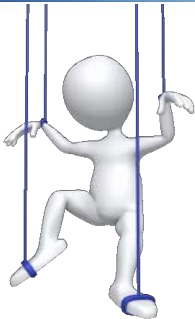
To get attention

The Obsessive



Has to be in control

As Disease Progresses



The obsessive needs to control
EVERYTHING & EVERYONE

May Become a Hoarder



76

The Narcissist



Focused on own needs & status

77

May Become . . .



Paranoid, jealous & suspicious

78

Narcissists Gets Angry



If they aren't center of attention

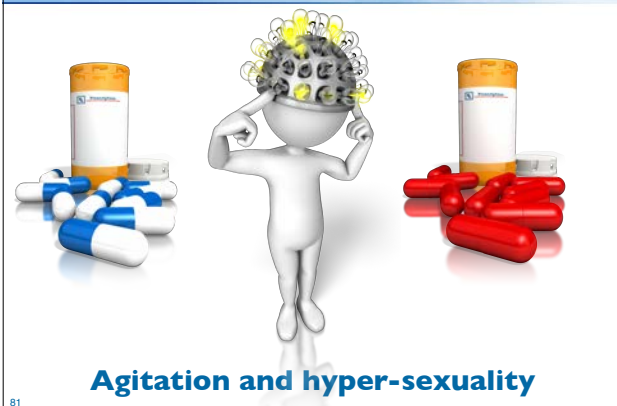
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When Behavior Changes . . .



It could be a medical problem

Medications Can Cause . . .



Agitation and hyper-sexuality

81

It Could be Pain!



82

Urinary Tract Infection



It Could be Hunger



It Could be Thirst



Dorothy Tucker - 1960



86

Dancing With the Stars - 1997



87

Dorothy & Irma the Escapee - 2010



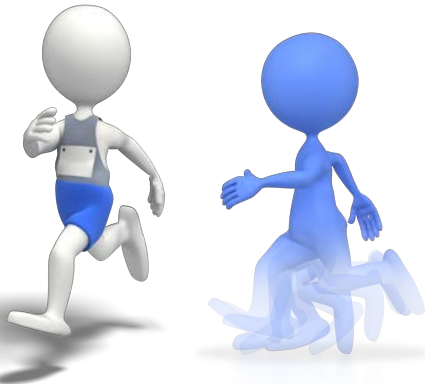
88

Step Out of Your Reality and Into Theirs



89

Birdie & Gerald



90

What Did Birdie Want?



Danny



92

What Did Danny Want?



93

What do Your Residents Want?



94

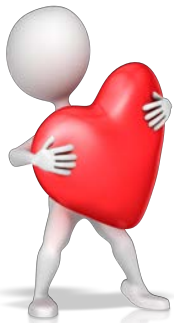
Are They Hyper-sexual?



Insistent, aggressive, or predatory

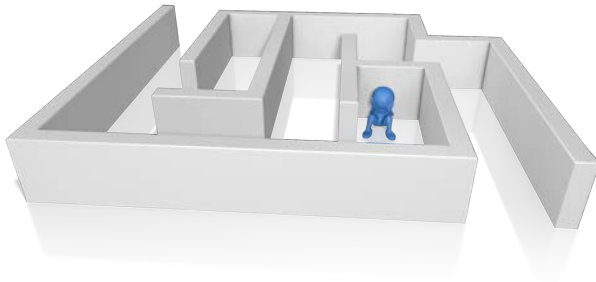
95

Craving Closeness & Connectedness?



96

Have They Lost Everything . . .



Except for their sexuality?

97

Sexual Behavior Isn't Predictable



98

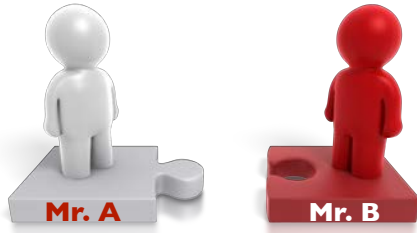
Here are Some Surprises



Married couple: Partner with dementia falls in love with someone else

99

Man in a Heterosexual Relationship



100

Becomes Sexually Attracted to . . .



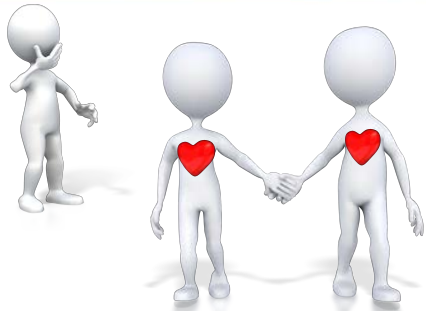
101

Public Exposure



102

Partner of Person with Dementia



Develops relationship with someone new

103

My Aunt Jean Did Not Approve!!!



104

Start at Admission



**Learn as much as possible
about the new resident**

105

100 Things We Know About Mr. Brown

- **Where was he born?**
- **What did he do for a living?**
- **What was his daily routine?**
- **Is he married? Does he have children?**
- **When does he like to take his shower?**
- **What does he like for breakfast?**
- **Would he rather read or watch TV?**
- **Does he love kids? Animals? Movies?**
- **What kind of music does he like?**

106

What Was Their Sexual Relationship?

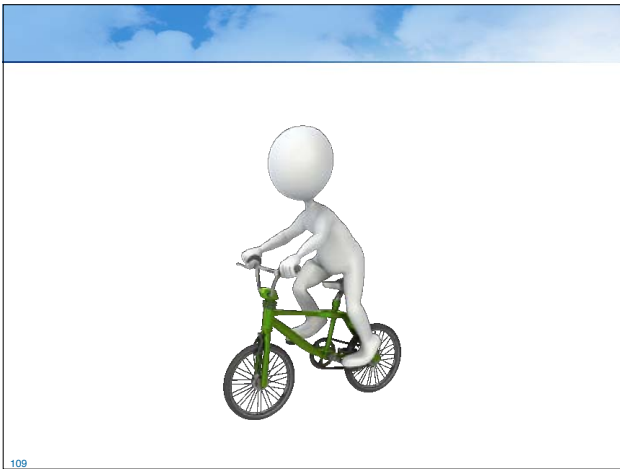
- **What is this person's gender?**
- **What are his/her sexual preferences?**
- **Does this person currently have a sexual partner?**
- **What was this person's sexual life like before he/she developed dementia?**
- **Is this behavior different or unusual?**
- **Is this behavior causing problems?**

107

Are ISBs at Home a Problem?



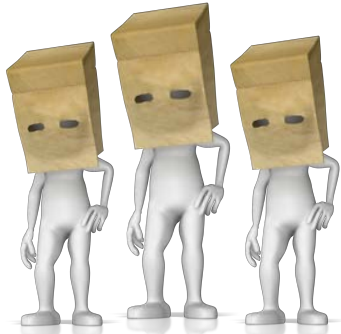
108







Help Family Members



Get over their embarrassment

112

Help Them Cope When Behavior Changes



And love becomes one-sided

113

The Person They Love is Disappearing



They are taking on more & more responsibilities and get nothing in return

114

Create a Lending Library



Books, videos, articles

115

Host a Support Group



116

Help Family Caregivers



ACCEPT - The disease is in control

UNDERSTAND - It is no reflection on them, their loved one, or their relationship

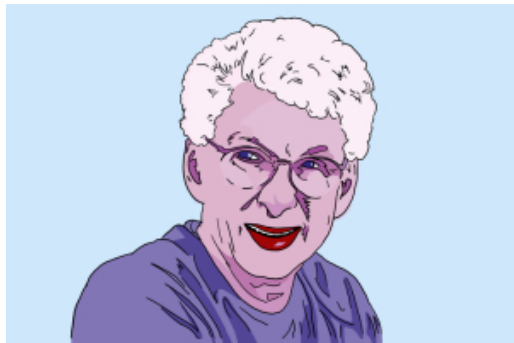
CHOOSE - Compassion, kindness & humor

117

Sandra Day O'Connor - Grace & Compassion

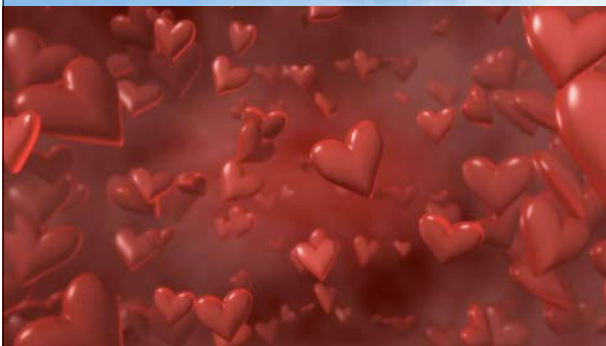


Remember Madelyn



119

We Never Age Out of Our Sexuality



Companionship, intimacy & loving touch

120

Support for Caregivers



Online Support for Caregivers

elaine@eksanchez.com | 503-949-2464
