13th Annual
Mental Health and Substance Use Recovery Training Conference

RECOVERING THE TRUE SELF:
ONE SIZE DOESN’T FIT ALL

Kalahari Resort & Convention Center, Wisconsin Dells, Wis.
October 24 and 25, 2017
2017 Conference Objectives For Wisconsin Mental Health and Substance Use Recovery Training Conference

- Increase knowledge and skills to promote wellness, prevention, treatment, recovery, best practice, holistic care, and continuous quality improvement with the use of evidence-based practices across the lifespan.
- Promote meaningful involvement in person and family-centered planning, services, supports and system change.
- Increase knowledge of peer supports, peer-run programs and topics related to Certified Peer Specialists in Wisconsin.
- Increase knowledge and skills regarding special topics in Mental Health, Substance Use Disorder and Integrated Treatment.

Who Should Attend?
Behavioral health professionals, people in recovery and family members; clinicians in the criminal and juvenile justice systems; domestic violence service providers; adolescent treatment professionals and educators; and interested others.

Scholarships
A limited number of scholarships for people in mental health and substance use recovery are available. Scholarship applications will be available after September 1 at www.uwsp.edu/conted/confwrkshp. Click on “Annual Mental Health and Substance Use Recovery Training Conference” or call 715-346-3838. Highest priority will be given to complete applications received by September 29, 2017.

Continuing Education Hours (CEHs)
Continuing Education Hours are a measure of participation in continuing education programs. Continuing Education Hours for this conference have been applied for through the UW-Stevens Point Sociology Department. Additional accreditation may be sought, but please consult with your professional association or licensing board regarding the applicability of the conference for your profession.

Conference Sponsors:

Lodging
A block of rooms is available at the Kalahari Resort & Convention Center until September 22, 2017. Lodging rates will be $82 for single occupancy and $129 for double through quadruple occupancy. Please make your own reservations directly with the Kalahari by calling 877-253-5466. Be sure to mention the MHSUR conference room block to get a room within the conference lodging block.

Registration information
For additional brochures, directions, lodging information, or to register online, please visit the conference website at www.uwsp.edu/conted/confwrkshp and click “Annual Mental Health and Substance Use Recovery Training Services Conference.”

**Tuesday**  
**OCTOBER 24, 2017**

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<td>7:15 - 8:15 a.m.</td>
<td>Breakfast and Registration</td>
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<td>8:15 - 8:30 a.m.</td>
<td>Welcome and Announcements</td>
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<td>8:30 - 10 a.m.</td>
<td>Opening Keynote</td>
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<td>8 - 10:30 a.m.</td>
<td>A.M. Workshops</td>
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<td>10:30 a.m. - noon</td>
<td>Lunch</td>
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<td>1 - 2:30 p.m.</td>
<td>P.M. Workshops</td>
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<td>2:30 - 3 p.m.</td>
<td>Break</td>
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<td>3 - 4:30 p.m.</td>
<td>P.M. Workshops</td>
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<td>4:45 - 5:45 p.m.</td>
<td>SCAODA Public Forum</td>
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<td>4:45 - 5:45 p.m.</td>
<td>Listening Session with Administration</td>
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<td>5:30 - 7 p.m.</td>
<td>Diversity Reception</td>
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Tellurian  
*Recovery Begins Here*

 Tellurian  
*Recovery Begins Here*

WILLOW CREEK  
BEHAVIORAL HEALTH  
ROGERS MEMORIAL HOSPITAL  
Lifeth Worth Living.

UW Health  
Quartz  
University of Wisconsin  
Stevens Point
7:15 – 8:15 a.m.
BREAKFAST AND REGISTRATION

8:30 – 10 a.m.
OPENING KEYNOTE

Understanding Racism, Privilege, Power and Leadership: Are We Making Progress?

Dr. Eddie Moore Jr., The Privilege Institute, America and Moore, Suamico, Wis.

This interactive, informational, challenging and energetic keynote examines and explores challenging issues related to race, racism, diversity, supremacy and Moore. Engage in a comprehensive exploration of racism, including privilege, bias, and power dynamics that will foster critical thinking, increase awareness and encourage solution-oriented change.

Objectives:
1. Participants will engage in activities to advance their understanding of issues of racism, power and privilege in today’s society.
2. Participants will explore the impact of addiction on their lives, the lives of their loved ones and the lives of those around them.
3. Participants will actively engage in skill building activities to enhance their leadership abilities and set goals for future empowerment.

2. Intersectionality, Micro-aggressions, Clever Stories, Gender and Other Issues of Diversity in Clinical Supervision

Mark Sanders, LCSW, CADC, Trainer/Consultant, On the Mark Consulting, Chicago, Ill.

In this workshop you will learn strategies that will enable you to be more effective in cross cultural supervision and how to help staff engage clients from diverse backgrounds more effectively. Topics covered include: Gender issues in clinical supervision; How to address micro-aggressions and intersectionality in clinical supervision; Teaching conflict resolution; and Helping counselors work more effectively with clients across cultures.

Objectives:
1. Participants will learn how gender socialization influences clinical supervision.
2. Understand how to address micro-aggressions in clinical supervision.
3. Learn seven strategies to help counselors work more effectively with clients across cultures.

10 - 10:30 a.m.
BREAK

10:30 a.m. – noon
MORNING WORKSHOPS

1. Implementing Youth Empowered Services in a CCS Program

Judy Van Ryzin, MSW, LCSW, Mental Health Supervisor, Outagamie County Department of Health and Human Services, Appleton, Wis.

Project YESI is the basis for this presentation. This began as a pilot program coming from a SAMHSA NITT-Healthy Transitions transformation grant awarded to Wisconsin and subcontracted with Jefferson and Outagamie counties. The grant is in its third year, and the goal at this time is dissemination to other counties. Outagamie and Jefferson have devised models within their CCS programs aimed at tailored services to youth and young adults ages 16-25 who are transitioning to adulthood.

Objectives:
1. Will learn about challenges facing young adults in transition and how they differ from other consumers.
2. Will learn a framework for engagement and intervention with this population.
3. Will use various tools and effective evidence-based practices.

3. Addressing Criminogenic Concerns Among Individuals with Substance Use Disorders

Kenneth L. Osborne, Deputy Director, Cook County Sheriff’s Office-Department of Corrections, Matteson, Ill.

Research informs us that individuals suffering from substance use disorder are often trapped in a cycle known as the “World of Abnormal Rearing.” This presentation addresses this phenomenon as well as explore effective intervention strategies.

Objectives:
1. Discuss proper assessment of criminogenic behaviors.
2. Articulate what is meant by the term “WAR” cycle.
3. Discuss and utilize strategies to address intergenerational dysfunction.

3. But is it Ethical? Ethics and Boundaries for Certified Peer Specialists

Luann Simpson, MSW, CAPSW, CPS, NAMI Racine County, Racine, Wis.

This interactive workshop will focus on applying the Wisconsin Certified Peer Specialist Code of Ethics to various peer support case studies. Various ethical dilemmas will be presented and discussed including those addressing cultural challenges, confidentiality issues and use of social media. Participants are encouraged to bring examples of ethical challenges from their own experiences in peer work.

Objectives:
1. Participants will be familiar with the guiding principles in their professional role as a Wisconsin Certified Peer Specialist.
2. Participants will gain skills in ethical decision making in their role as a CPS.
3. Participants will understand the value of peer consultation and/or supervision in ethical decision-making.
5. Cultural Competence and Culturally and Linguistically Appropriate Services (CLAS)
Harold Gates, MSSW, CISW, HS-BCP, President, Midwest Center for Cultural Competence, LLC, Sun Prairie, Wis.
This workshop will address how to understand culture and how it affects us in all spheres of life. It will discuss the dimensions of diversity, allow participants to explore their cultural values and beliefs and challenge themselves. Substance abuse affects people of all backgrounds; thus in order to provide client specific individualized treatment services, it is imperative to be able to understand a person's cultural competence, as well as your own, to provide quality services.

Objectives:
1. Participants will be able to identify cultural competence and understand why CLAS standards are important.
2. Participants will be able to identify how cultural competence, CLAS standards, and substance abuse counselor competencies intertwine.

6. The Challenges of Alcohol and Drug Addiction; A #Zero2Hero Story
Dr. Eddie Moore Jr., The Privilege Institute, America and Moore, Suamico, Wis.
This is not the story of the “Zero.” This is a story about when people believe in you and encourage you to believe in yourself, then #anythingispossible. For those who are facing life’s many, many challenges, this is a powerful story of redemption, forgiveness, hard work, determination and Moore. The “Hero” is about excellence, achievement, capabilities and opportunities. The “Hero” means focus, attitude, community and excellence.

Objectives:
1. Participants will engage in activities to advance their understanding of issues of racism, power and privilege in today’s society.
2. Participants will explore the impact of addiction on their lives, the lives of their loved ones and the lives of those around them.
3. Participants will actively engage in skill building activities to enhance their leadership abilities and set goals for future empowerment.

7. How to Adapt Services with Co-occurring Intellectual and Developmental Disabilities (IDD) and Mental Health Disorders
Abby Hendrix, MS, LPC, Mental Health Supervisor, Innovative Services, Green Bay, Wis.
This workshop will discuss the prevalence of co-occurring intellectual and developmental disabilities (IDD) and mental health disorders and empirical evidence for supports and interventions. This presentation is for anyone providing support and services to the IDD and/or mental health population to expand knowledge of the needs, considerations, and useful techniques to best provide support.

Objectives:
1. Understand the presence and identification of co-occurring intellectual and developmental disorders (IDD) and mental health disorders.
2. Identify the needs and unique considerations of the co-occurring IDD and MH population.

8. Psychotropic Medications in Addiction
Royle Eenigenburg, M.D., Medical Director, Dodge County Human Services, Juneau, Wis.
Many psychotropic medications can also be used to treat addiction. This workshop will review these medications, and discuss the data supporting these treatment approaches. Presented by Royle Eenigenburg, M.D., Medical Director of Dodge County Human Services, this presentation will be intended for prescribers, therapists, and other providers, as the material will help the entire treatment team understand when these medications are seen in use.

Objectives:
1. Attendees will have a list of the medications used to treat addiction.
2. Attendees will develop a language to discuss these treatments.
3. Therapists will know other potential modalities of treatment for their patients.

9. The Map is not the Territory: Reframing the DSM
Nora Bates, Altoona, Wis.
This workshop will use a storytelling approach. The intended audience is anyone who is interested in an alternative approach to healing, especially those who experience hallucinations, delusions, “parts” as mentioned in DID. The presenter will share her story of how medication just wasn’t doing it for her, and her suffering continued. She decided to explore other forms of healing which included acupuncture, meditation, shamanic healers, Native American healers, energy healing, and more. She discovered there were other terms used to describe what she was experiencing, more accepting, loving terms. She also learned about soul retrieval which is well known in indigenous cultures, and the term spiritual crisis or spiritual awakening. A video clip explaining spiritual crisis and ways to address mental illness in a community approach will be shown. The presenter will share her story of how she challenged her belief systems to go outside the box of Western psychiatry to discover a whole world of beauty after suffering.

Objectives:
1. Hope in healing persistent mental health conditions.
2. Alternative approaches to healing.
3. Alternative resources for healing.
10. Lost in the Dairyland!
Denise Johnson, BSW, IndependenceFirst Wisconsin Statewide Substance Use/Mental Health Project Coordinator for Individuals who are Deaf, Hard of Hearing and Deaf-Blind, Milwaukee, Wis.
Are you aware that the state of Wisconsin does not have any direct service providers who have an expertise in working with individuals who are deaf, hard of hearing or deafblind? Unchecked suicide rates, spiraling unhealthy coping mechanisms, stagnation in the revolving door of the legal system, and untreated mental health and substance use issues are rampant amongst this often-marginalized population. You can help stem the ever-widening disparity in services. Learn about cultural and communication differences, and tips to improve your ability to be an ally and part of the solution.

Objectives:
1. Participants will be exposed to different dynamic language issues and the impact of language deprivation for individuals who are deaf/hard of hearing/deaf-blind with mental health and substance use disorder.
2. Participants will learn some basic Cognitive-Behavioral Therapy tools for individuals who are deaf/hard of hearing with language and learning challenges.
3. Participants will develop a basic understanding of how to use ASL interpreting services as a tool during psychiatric and therapy sessions. Even with the best interpreter or interpreting team, if the service provider is not familiar with the cultural and communication differences and how to work with an interpreter, the risk and liability for misdiagnosis, ineffective or inappropriate treatments increases exponentially.

11. Ethics in Clinical Supervision
Mark Sanders, LCSW, CADC, Trainer/Consultant, On the Mark Consulting, Chicago, Ill.
In this workshop you will learn strategies that will help you prepare direct service staff to provide services to clients in an ethical manner. A partial list of topics includes: eight ethical principles to teach direct service staff; helping counselors address unfinished business that impacts their clinical work; teaching boundaries in clinical supervision; and addressing ethical dilemmas in clinical supervision.

Objectives:
1. Learn eight principles that can guide ethical decisions in the clinical relationship.
2. Learn how to teach boundaries.
3. Learn how to address ethical dilemmas in clinical supervision.

12. Improving Retention, Outcomes and Supervision with Integrated Peer and Clinical Services
George S. Braucht, LPC, CPCS, Robins, Ga.
This workshop will present the Partners for Change Outcome Management Systems, a SAMSBAH evidence-based practice that provides individual service providers to program level effectiveness data. Focusing on the research-based factors that are associated with influencing change and promoting recovery, learn how using the PCOMS tools and results practice-based evidence of peer and clinical service providers using an evidence-based practice that significantly reduces dropouts and improves outcomes across behavioral health diagnostic groups.

Objectives:
1. Use the valid, reliable, feasible Outcome Rating Scale (ORS), Session Rating Scale (SRS), and Self-completed.
2. Overview of Recovery Experience Board (SCORE Board) to monitor peer/client progress and satisfaction.
3. Participate in performance support/clinical supervision that promotes both your currently experienced and cumulative career growth.

13. Collaboration: Medical and Behavioral Health Organizations Working to Address Opioids and Methamphetamines in Urban and Rural Settings - Part I
Matt Felgus, M.D., Addiction Psychiatrist, Clinical Faculty, University of Wisconsin-Madison School of Medicine and Public Health, Medical Director, ARC Outpatients Services, Madison, Wis.
Mark Lim, M.D., FASAM, Recovery Services Medical Director, NorthLakes Community Clinics, NorthLakes Community Clinics’ Behavioral Health Staff, Ashland, Wis.
This workshop will explore approaches for individuals with polysubstance use disorders; Addressing Opioids and Stimulants use disorders in multi-disciplinary teams, OBOTs, and behavioral health clinics. The presenters will discuss the integration of medication assisted therapy (MAT), primary care and behavioral health services in Opioid and Stimulant Use Disorders, in rural and urban settings.

Objectives:
1. Understand the complexities, and potential barriers addressing addiction and recovery services in various setting.
2. Gain increased knowledge about multi-disciplinary team approaches to opioids use disorders, including Heroin and Fentanyl, and stimulants use disorders, such as Methamphetamine.
3. Increase understanding of what “cravings” look like when providing services to individuals with polysubstance use disorders.
4. Understand the pros and cons of opiate replacement and Vivitrol.
5. Understand how trauma may impact substance abuse treatment.

Continued in session 22.

14. Kids in Crisis and Recovery - Effective Uses of DBT
Laure Blanchard, MS, LPC, NCC, SACIT, Clinical Behavioral Health Crisis Manager, Youth Stabilization Manager of North Central Health Care, Wausau, Wis.
Why is DBT used to treat in adolescents? DBT has also proved effective in treating the emotional instability and severe behavioral symptoms — self-harm and suicidal thoughts or attempts — seen in adolescents with other diagnoses, including drug abuse and eating disorders. Research shows the use of DBT in individual and group therapy can increase the ability for effective recovery as well as...
17. The Recovery Conversation: A Process for Achieving Unity Among People with Lived Experience of Mental Health Challenges, Their Families and Other Allies, and Their Service Providers

Ed Erwin, MSW, CPS, Madison, Wis.

The Recovery Conversation is an interactive process for achieving unity in the mental health care community, specifically among people who have lived experience with these challenges, their families and other allies, and their service providers. It is a PowerPoint composed of forty slides, twenty of which detail a history of mental health care in the United States, and twenty of which pose questions that provoke people to see their experience as more common with one another.

Objectives:
1. Understand the change of mental health care in time and how to view it in more than one perspective.
2. Engage in thought-provoking questions that express the inclusiveness of the mental health care community.
3. See how the two together actually form this community and provide pride and dignity to its members.

18. Healing the Liver: Effective and Culturally Responsive Strategies for Treating Hmong Clients

Alyssa Kaying Vang, Psy.D., LP, Clinical Psychologist, AKV Psychological and Counseling Services, LLC, Woodbury, Minn.

This presentation will introduce a culturally focused framework on Hmong mental health and healing. Culturally responsive and language-specific strategies will be shared to help providers enhance rapport building, assessment, and treatment of Hmong clients. Concrete treatment strategies that have proven effective when treating Hmong clients will be provided.

Objectives:
1. Attendees will learn about Hmong views on mental health and healing, which will further their understanding of the reasons why Hmong have not been fully responsive to Western mental health treatments.
2. Attendees will learn culturally responsive approaches to improve rapport and activate client motivation.
3. Attendees will be able to apply culturally responsive treatment strategies with their Hmong clients.
19. Diversity Panel
Cathy Scheier, Fox Lake Correction, Fox Lake, Wis.
Anthony Harris, Diverse & Resilient, Milwaukee, Wis.
Denise Johnson, IndependenceFirst, Milwaukee, Wis.
Thai Vue, Wisconsin Coalition of MAAs, Onalaska, Wis.

As a committee of SCAODA, the Diversity Committee works year-round to increase effectiveness in responding to our diverse communities in Wisconsin. The committee wants to share experiences and ideas to increase your effectiveness. From policy makers to clinical staff, you will be challenged to recognize and eliminate your own blind spots.

Objectives:
1. Be able to access SCAODA committees as resources.
2. Assess your capability to relate and work effectively in culturally diverse situations.
3. Identify something specific you will improve in your cultural responsiveness after you leave.

20. How to Become the World's Best Counselor
Mark Sanders, LCSW, CADC, Trainer/Consultant, On the Mark Consulting, Chicago, Ill.

In this workshop you will learn: what separates the best counselors from the rest; how the best counselors engage clients; ten things the best counselors do; personal characteristics of the best counselors; why doubt can make you a better counselor; how to be led by client feedback; how to improve; how the best counselors deal with resistance and cross cultural tension; how the best counselors facilitate groups.

Objectives:
1. Learn the three personal characteristics of the best.
2. Learn how to improve your effectiveness as a counselor.
3. Learn the ten things that the best group therapists do.

21. Cultural Considerations When Working with the Latino/Hispanic Community
Fernando Cano Ospina, Diversity Services Coordinator, Mendota Mental Health Institute, Madison, Wis.

The Latino/Hispanic community is the fastest growing community in the country and as of 2016 is the largest minority with 17.8 percent of the population. Working effectively across culture and understanding the cultural, linguistic, legal and economic factors affecting this community is an important part of effective mental health and AODA treatment.

Objectives:
1. Understand diversity in the Latino/Hispanic community.
2. Understand acculturation and assimilation (first generation vs. the next generations).
3. Learn barriers to services and what we can do.

22. Collaboration: Medical and Behavioral Health Organizations Working to Address Opioids and Methamphetamines in Urban and Rural Settings - Part II
Matt Fegus, M.D., Addiction Psychiatrist, Clinical Faculty, University of Wisconsin-Madison, School of Medicine and Public Health, Medical Director, ARC Outpatients Services, Madison, Wis.

Continued from session 13. Please see session 13 for the program description.

23. The Art of Service
Maria Hanson, JD, CPS, PRC, Madison, Wis.

Most of us who chose the calling of service work chose it do to a personal reason and entered into it and continue it based on the specific desire to do the next right thing. While we continue this work, we are led down a path of exhaustion and burnout and often, find our desires being pushed aside by daily demand of a system that ignores or even harms us and the endless demands of those we serve. How do we fill the well of energy and regroup to continue the work we started with such a passion? How do we continue to find meaning in a system that often seems blind to our needs and the needs of those we serve? Finally, is there truly an "Art of Our Service." This presentation is for all individuals who are service providers and looks at the purpose, meaning burnout, strengths and legacy of the, “Art of Service,” as I have discovered it in my own 30 years of service experience.

Objectives:
1. Participants will rediscover the reason we chose the field of service work and keeping it core to our purpose.
2. Participants will learn how to turn around the effects of burnout and permanently fill the well.
3. Participants will know what the legacy of Service Work is and its value in the world.

24. Horse Wisdom: Lessons from the Herd
Tami Bahr, Triquestrian, LLC, Madison, Wis.
Gretchen Arndt, Triquestrian, LLC, Madison, Wis.

EAGALA Model Equine Assisted Psychotherapy (EAP) and Equine Assisted Learning (EAL) will be introduced. Participants will have an opportunity to actively engage in a variety of experiential activities adapted from our work with horses to any setting. Activities will include mindfulness, boundaries, nonverbal communication, leadership and more!

Objectives:
1. Learn about EAGALA model services and effectiveness.
2. Describe/participate in three (or more) experiential activities.
3. Identify ways to incorporate experiential activities into daily activities.
25. Food, Mood, and Recovery: A Nutritionist's View of the Brain-Gut Connection and Ways We Can Support Recovery through Diet

Andrew Mader, DTR, Madison, Wis.
The workshop will examine the relationship between the gut (GI system) and the mind (brain) and ways this connection can influence recovery from drug and alcohol dependence.

Objectives:
1. Build understanding of how communication occurs between the brain and the gut.
2. Discover ways diet can impact mood and mental health.
3. Consider how diet and nutrition can influence recovery and relapse.

26. The Power of Connection: Peer-Support Through the Eyes of Recovery

Anthony (AJ) Ernst, Ph.D., LCSW, Director of Resident Services, Aaron J. Meyer Foundation, Madison, Wis.
Allen Nyberg, Co-Founder, Housing Lead, Young People in Recovery, Madison, Wis.,
Matthew Putt, Representative, Aaron’s House, Madison, Wis.
This workshop, headed by active members in the recovery community and experts in recovery housing systems, speak to the recovery-led practices that are supported in our community. This presentation focuses on the power of connection and its implementation in communities composed of persons recovering from substance-use and/or co-occurring disorders. Often times substance use disengages individuals from involvement in healthy community spaces. An emphasis on hard data is to be presented as the cornerstone of this grounded and healing recovery lifestyle. “The Power of Connection” provides the necessary tools to begin building peer-support based communities that foster connectedness, while simultaneously nurturing independence through increased confidence, trust, and integrity. Groups will have open dialogues about the topics, field questions, tools, and workshop ideas for improving the future of those on a recovery journey.

Objectives:
1. Learn key components in personal recovery including prescribed vs. peer support methods, mentorship in daily living, effectiveness of lived experience.
2. Understand pathways to addiction and what could have prevented that pathway at different points in that journey.
3. Learn tools to modify or adjust current housing models.

27. Avoiding Divorce: What Every Marriage Must Have To Survive

Crystal D’Orazio, LMFT, CSAC, CSIT, Madison, Wis.
With divorce rate at the highest it has ever been, this workshop includes an overview and discussion about the top most important skills a marriage needs to be healthy and survive.

Objectives:
1. Learn the top five skills needed to have a successful marriage.
2. Learn the role of feedback and accountability.
3. Learn what love language you speak.
DHS’ DCTS’ Criminal Justice Coordinator will provide an overview of methamphetamine use disorder, and the impact parental methamphetamine has on the family.

Objectives:
1. Increased knowledge of stimulant disorders.
2. Increased knowledge and understanding of the effects of Methamphetamine use on family members and the need for family centered treatment services.
3. Knowledge of evidence-based practices and approaches which improve parenting, re-establish family relationships and functioning, and provide parent/caregiver supports.
4. Skills and strategies to develop recovery oriented systems of care (ROSC) across mental health and substance use, health care, child welfare, tribal and family judicial.

29. Ethics, Boundaries, and the Law - Part I
David Mays, M.D., Ph.D., Forensic Psychiatrist, Mount Horeb, Wis.
This three-part workshop will present aspects of ethics and boundaries that are particularly relevant to mental health/substance abuse professionals. The focus will be how the law, professional standards, and thinking on ethics complement and contradict each other.

Objectives:
1. Understand the basic components of informed consent, confidentiality, and the right to refuse treatment.
2. Be able to discuss how conscience clauses may conflict with professional codes of ethics.
3. Know the history of the duty to protect and Wisconsin law regarding a Tarasoff duty.
4. Be able to assess themselves for risk of boundary crossing.
5. Be able to ask clearly for consolation when an ethical dilemma arises at work.

Continued in sessions 38 and 47.

30. Strategies for Engaging African American Women in Substance Abuse Treatment: From a Cultural Perspective
Myra McNair, MS, LMFT, SAC, Madison, Wis.
Jacquelyn Hunt, MAC, CSAC, LPC-IT, Madison, Wis.
The systemic mistrust of African American women seeking formal treatment services creates a huge barrier to those both needing and providing services. This workshop will help providers gain insight and raise awareness of cultural implications when working with African American women.

Objectives:
1. Identify five cultural interventions to engagement.
2. Identify strategies for overcoming cultural barriers of mistrust.
3. Make the connection to trauma and substance abuse through a cultural lens.

31. Reducing Stigma and Compassion Fatigue in the Delivery of Healthcare
Sue McKenzie, Director, Rogers InHealth and WISE, Brown Deer, Wis.
Stigmatizing behaviors and attitudes can be the flipside of compassion fatigue. Explore what works to reduce stigma and apply it to diverse healthcare settings. Learn specific strategies to increase compassion resilience.

### Wednesday October 25, 2017

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<td>Break</td>
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HOPE WINS (if we let it!)

Tamra Oman, Human Services Program Coordinator, Recovery Support Specialist, Wisconsin Resource Center, Winnebago, Wis.

Objectives:
1. Identify Key evidence-based approaches to reducing stigma.
2. Discuss how stigma is experienced in the healthcare setting.
3. Apply specific strategies to increase compassion resilience in the work environment.

32. Two Wings
Steven Dakai, Ph.D., Professional and Personal Development Consultant, Shawano, Wis.

Cura te ipsum-Care of Your Own Self: Self-compassion involves treating yourself kindly. It is like a good friend you cared about. So often, you become your toughest critic. You talk to yourself in ways that you would never consider speaking to other human beings. Self-compassion is learning to understand and calm your inner critic. This workshop combines the skills of mindfulness, wisdom and self-compassion to enhance your capacity for courage and emotional well-being. Wisdom and compassion are often described as the two wings of a bird. Without either wing, the bird is unable to fly, to soar, to enjoy its freedom and life.

Objectives:
1. Participants will learn to practice self-compassion in daily life.
2. Participants will understand the science behind self-compassion.
3. Participants will motivate themselves with kindness rather than being a self-critic.
33. WAIT! Who’s In Prison? - What Vicarious Trauma Can Do if Not Cared and Prepared For...

Tamra Oman, Hope Road Training and Consulting, Fond du Lac, Wis.
Michael Vann, Milwaukee, Wis.

Times are pretty wild right now. We are witness to many traumatic moments/stories personally and professionally and they have the potential to wear on us. These experiences often make an impact on how we see the world and how we might view the value of our work and the ability to make an impact. YOU MATTER AND WHAT YOU DO MATTERS!! We are here to remind you of how incredibly valuable you are and that you deserve to live the life you are working for! It’s up to each and very one of us to decide what we need to do to make that happen. Hope to see you there!

Objectives:
1. Participants will have an opportunity to assess self-satisfaction in their personal and professional lives.
2. Participants will gain understanding about vicarious trauma and its effects on those working in helping professions.
3. Participants will have an opportunity to explore strategies to increase personal and professional wellness/happiness.

34. Moving in Between Systems: Mind the Gap!

Elizabeth Waetzig, New Canaan, Conn.

Many of the children, youth and young adults served in MH are involved with other systems. While some attention is paid to coordinating the services, more focus should be placed than is currently on what happens when someone moves between the systems, particularly when there is an out-of-home placement. This session will focus on the experience of children, youth and families when moving between multiple systems and how providers can pay particular attention to bridging those gaps in partnership with those they serve. This session will offer an overview of the topic and an example of efforts in education to support students returning to a school or entering a new school after an out-of-school placement.

Objectives:
1. Increase their awareness of children, youth and families who experience movement between systems/services.
2. Learn about promising strategies to effectively support successful movement.
3. Explore a developing model in Education in Wisconsin and its application to other systems.

35. Yes, And; Improving Communication with Youth and Young Adults Through the Rules or Improv

Bridget Buell, Communication Specialist, Youth Empowered Solutions!, Madison, Wis.
Kayla Sippl, Youth Coordinator, Youth Empowered Solutions!, Madison, Wis.
Chino Amah Mbah, Wisconsin Department of Health Services, Madison, Wis.

Improv scenes are built on the “yes, and...” rule; the concept of accepting what someone gives you and building on it. The same idea can be used to effectively communicate with youth and young adults. Since we can never know exactly how a situation will unfold, practicing improv skills can assist in becoming more comfortable in adapting and communicating respectfully in any situation. In this breakout session, we will discuss the rules of improv and experiment with some activities (led by our very own improviser Bridget Buell) to explore communication concepts in a new way. We will also highlight how using health promotion theories can provide a framework when addressing health and wellness in youth and young adults.

Objectives:
1. Learn about the yes, and... rule of improv and its application in communicating with youth and young adults.
2. Learn improv activities and how to use them to practice communication skills.
3. Learn about health promotion theories as a framework for communicating about wellness.

36. An Introduction to EMDR: The Benefits of Utilizing EMDR Therapy to Interrupt Addictive Patterns

Sandra Derks, LPC, CADC, Owner, Moontree Psychotherapy Center, Madison, Wis.

This presentation will educate participants on the process of EMDR therapy and how it impacts brain function. Adaptive Information Processing Methods and the 8-stage model of EMDR treatment will be introduced. In addition, the role of addictive behaviors will be explored in two ways: 1. As a defense against post-traumatic disturbance; and 2. as addictive ego state without underlying trauma. Specific applications with addictive behaviors will be explored using specific case examples.

Objectives:
1. Learn how EMDR is different from other therapy approaches.
2. Understand the role of addictive behaviors originating as defense against post-traumatic disturbance.
3. Understand the steps utilized in EMDR treatment, as well as training steps involved in becoming an EMDR therapist.

10 – 10:30 a.m.

BREAK
37. Cultural Intelligence and Recovery: An Evidence-Based Developmental Approach to Support the Recovery of Individuals from Culturally Diverse Populations

Derek Kenner, Ph.D., Social Solutions, Inc. Milwaukee, Wis.  
Shawn Green, Social Solutions, Inc. Milwaukee, Wis.

The “Cultural Intelligence and Recovery” workshop is an introduction to an evidence-based strategy that enhances the ability of professionals who work with those in recovery from multi-cultural environments. We will explore the benefits of using Cultural Intelligence as a tool that establishes a baseline of skills for workers and outlines a plan for growth and improvement of those skills. The workshop will introduce a proven and predictive process that explains why some people are more proficient when working with others from cultures different from their own. In the workshop, facilitators will show that while a working knowledge of diverse cultures is important; knowledge alone is insufficient. They will outline the skills-sets necessary to guarantee effective behavior for employees and staff when working with those in recovery from culturally diverse environments.

Objectives:
1. Participants will explore an evidence-based process that incorporates techniques for successfully working with people in recovery from a wide variety of cultures.
2. Participants will learn strategies that will enhance their work with those in recovery from multi-cultural environments.
3. Participants will learn the four capabilities and 14 sub-dimensions that are constant in the behavior of effective recovery workers in culturally diverse situations.

38. Ethics, Boundaries, and the Law - Part II

David Mays, M.D., Ph.D., Forensic Psychiatrist, Mount Horeb, Wis.

Continued from session 29. 
Please see session 29 for program description.

39. Decolonizing Tobacco as an Approach to Reversing Smoking Trends among Wisconsin American Indian Communities

Clinton Isham, Program Director, Wisconsin Native American Tobacco Network Great Lakes Inter-Tribal Council, Lac du Flambeau, Wis.

Smoking rates between 2002-2005 and 2010-2013 dropped among almost all racial and ethnic groups in the United States except for American Indians and Alaska Natives. Commercial tobacco continues to burden American Indian and Alaska Native communities, but conventional tobacco prevention strategies must consider that eliminating tobacco entirely from those communities is not the solution, since that strategy ignores traditional medicinal and ceremonial uses of tobacco in many tribal communities. This presentation looks at the complex, longstanding relationship Wisconsin’s American Indian communities have with tobacco and why it’s important to develop initiatives that respect their ideologies when advocating for public health. This presentation will also highlight efforts being made in Wisconsin’s Indian gaming casinos and Tribal Housing Authorities.

Objectives:
1. Become aware of the differences between traditional tobacco and commercial tobacco.
2. Learn how the transition of tobacco has impacted American Indian people.
3. Rethink the way we as CHRs implement conventional tobacco prevention strategies.

40. Wisconsin’s Substance Use/Misuse Trends: Opioids, Heroin, Fentanyl, Cocaine and Methamphetamine

Division of Care and Treatment Services Staff, Bureau of Prevention, Treatment and Recovery, Wisconsin Department of Health Services, Madison, Wis.

The Division of Care and Treatment Services’ staff from the Bureau of Prevention, Treatment and Recovery will provide an overview of Wisconsin’s drug trends, current data and evidence-based strategies, including client(s) recovery stories. Attendees will leave with a knowledge of the state’s current and emerging drug trends, how the Department of Health Services is addressing the problem and what state resources are available in Wisconsin.

Objectives:
1. Learn drug trends and current data in Wisconsin.
2. Understand the signs and symptoms of heroin, opioid including fentanyl and stimulants disorders such as cocaine and methamphetamine and the extent of the opioid/heroin/cocaine and methamphetamine problem in Wisconsin and nationally.
3. Information will be disseminated about DHS initiatives and programs.
4. The audience will leave with knowledge of available programs, prevention, treatment and recovery support approaches.

41. Strong Coffee, Burnt Toast: Giving Expression to Authentic Self in Everyday Life

David Nelson, Ph.D., Substance Abuse Treatment Coordinator, Wisconsin Department of Health Services, Madison, Wis.

Mindfulness meditation brings forth our real or authentic self, which is a self of contentment, (so needed in recovery). Often times when I am asked why I meditate, I answer that it is a time I can give expression to my real or authentic self. Mindfulness allows our conditioned self to fade away, and more freedom from stress and concerns spill forth. This is recovery. Learning how to give expression to this in everyday activities brings more contentment to life. Expressing true self in all that you do makes you an artist of life, and will enhance a clinician’s counseling practice as well. A variety of sitting, standing and moving mindful activities will be introduced and practiced...and hopefully have a lot of fun. These activities will be seated meditation, movements, and breath work, from tai chi and qigong, and how to keep your ‘center’ at home and at work.
help? How do I support a peer who is experiencing abuse? Peer Supporters are in a unique position of often being the first person whom a peer turns to in disclosing domestic violence and/or sexual assault. Do you feel as a peer supporter you would have the skills to know how to assist a peer who is experiencing domestic or sexual abuse? In this workshop peer supporters will learn the basics of what is considered domestic violence and sexual assault, what resources are there for peers in support who are experiencing violence, and how peer supporters can be of assistance for a peer experiencing violence in their lives.

Objectives:
1. Learn what is considered domestic violence and sexual assault.
2. Understand what resources are available for peers in support who are experiencing violence.
3. Learn how peer supporters can assist a peer experiencing violence.

42. How to Create and Sustain a Successful Mentor Program
Shelly Dutch, Founder, Director, Connections Counseling, Madison, Wis.
This workshop will discuss the steps in creating and sustaining a mentor program.

Objectives:
1. Increased awareness of evidence supporting use of peer mentors in recovery process.
2. Increased understanding of the components of an effective peer mentor program.
3. Increased understanding of benefits to both mentor and mentored in outpatient programs.

43. Successful School-Based Mental Health Partnerships in Southeast Wisconsin
Dr. Lisa Adams-Qualls, Ph.D., Behavior Intervention, Racine Unified School, Racine, Wis.
Jenny Miller, MSE, NPC, LPC, Racine, Wis.
Charles Bauernfeind, MSW, Milwaukee, Wis.
The session will provide an overview of successful school-community mental health collaborative activities, history of the school/community collaboration in each community and sharing the “nuts, bolts and glue” that has made these models possible, as well as lessons learned along the way. Content: Overview of models, history and collaboration (parallel presentation Racine/Milwaukee), things we’ve learned (successes and challenges), followed by a panel discussion with audience Q & A.

Objectives:
1. Understand key elements of successful school-community collaborative models.
2. Learn how to integrate school mental health services and PBIS.
3. Understand the benefits and Financial Implications of various school-based models.
4. Learn about data collection methods, assessments, and program outcomes.

44. How Do I Support Peers Who Are Experiencing Domestic Violence and/or Sexual Assault? The Intersection of Mental Health Peer Support, Domestic Violence, and Sexual Assault: Supporting Peers Who Have Experienced Abuse
Karen Lane, CPS, Advocacy Specialist, Disability Rights Wisconsin, Rice Lake, Wis.
Help! How do I support a peer who is experiencing abuse? Peer Supporters are in a unique position of often being the first person whom a peer turns to in disclosing domestic violence and/or sexual assault. Do you feel as a peer supporter you would have the skills to know how to assist a peer who is experiencing domestic or sexual abuse? In this workshop peer supporters will learn the basics of what is considered domestic violence and sexual assault, what resources are there for peers in support who are experiencing violence, and how peer supporters can be of assistance for a peer experiencing violence in their lives.

Objectives:
1. Learn what is considered domestic violence and sexual assault.
2. Understand what resources are available for peers in support who are experiencing violence.
3. Learn how peer supporters can assist a peer experiencing violence.

45. Psychopharmacology- Part I
Ron Diamond, M.D., University of Wisconsin Consultant, Wisconsin DHS, UW-Madison School of Medicine, Madison, Wis.
These workshops will present an overview of psychopharmacology designed for the non-medical mental health professional, although consumers are very welcome to attend. Psychotropic medication is an increasingly important part of comprehensive mental health treatment. The non-medical professional often knows the client better than any physician, and is often in the best position to evaluate the effectiveness of medication that a client is taking. This workshop will present basic information so that the non-medical professional can work effectively with the psychiatrist to optimize medication use for their clients. This overview will cover the major classes of psychotropic medication in common use, including indications for each, side effects, practical issues around use, and possible dangers.

Participants are welcome to attend both sessions or session 1 only.

Part 1: Antipsychotic medications and Mood Stabilizer

Part 2: Antidepressants / Antianxiety medications

Objectives:
1. Learn how to work effectively with a psychiatrist to optimize medication utilization with an individual.
2. Learn major classes of psychotropic medications in common use.
3. Increase understanding of indications for medications, side effects, practical issues around use, and dangers associated.

Continued in session 54.
46. The “Bucket Approach”: What you need to Know for Required State Reporting and to Treat Tobacco Dependence

Bruce Christiansen, Ph.D., Senior Scientist, Center for Tobacco Research and Intervention, School of Medicine and Public Health, University of Wisconsin, Madison, Wis.
Maria Hanson, JD, CPS, PRC, Peer Specialist Coordinator, Mendota Mental Health Institute, Department of Health and Family Services, Madison, Wis.
Mary-Jo Olsen, MSW, Associate Program Director, Community Treatment Alternative
Liza Haroldson, MSW, Clinical Specialist, Community Treatment Alternative
Brad Munger, LPC, Advanced Program and Planning Analyst, Bureau of Prevention Treatment and Recovery, Division of Care and Treatment Services, Wisconsin Department of Health Services
Kathy Rohr, MSSW, Coordinator of Community Support Programs, Family and Children’s Center

The Bucket Approach is both a tobacco dependence treatment tailored to those with a significant mental illness who smoke and a systematic program to address tobacco use across a defined population. It combines the Public Health Services recommended approach for treating tobacco dependence (the 5As) with elements from motivational interviewing, stages of change, cognitive-behavioral psychology, and incentive-based motivations. It is fully compatible with the principles of recovery and certified peer specialists can play a large role in its delivery.

Objectives:
1. Understand the Bucket Approach as both an evidence-based treatment for tobacco dependence and a program-wide program to address tobacco use by those with persistent and disabling mental illness.
2. Know what is required of them for reporting their use of the Bucket Approach to the state.
3. Know how to learn more about the Bucket Approach and how to obtain technical support.

47. Ethics, Boundaries, and the Law - Part III

David Mays, M.D., Ph.D., Forensic Psychiatrist, Mount Horeb, Wis.

Continued from sessions 29 and 38.
Please see session 29 for program description.

48. Helping Professionals Heal Through Cross-Cultural Practice and Experiences

Dr. Ben Rader, Psy.D., Glendale, Wis.
Leng Lee, MSW, LCSW
Aaron Pressie, MSW, CSAC

Mainstream providers often have well-meaning reasons for why they are reluctant to serve minority groups. The notion of “specialization” can discourage mainstream providers from serving members of minority groups that they are unfamiliar with, viewing members of diverse groups as representatives of a “specialty group” that are better served by a provider of the individual’s community. Ironically, such attempts to promote “best practices” with regards to minority groups, may only serve to further perpetuate the marginalization and segregation that underserved populations already experience. In this presentation, we will consider the concept of “cultural humility” as an alternative and preferred construct to “cultural competence” in the integral appropriation of culture into psychotherapy and counseling. In addition, participants will consider potential advantages to cross-cultural encounters with helping professionals with regards to fostering and deepening relations between mainstream populations and minority groups, with expanding and exploring meanings around the experience of symptoms, and in the validation of suffering and distress. We will then employ a “hands on activity” to consider the bidirectional benefits of cross-cultural counseling and psychotherapy, including benefits experienced subjectively by client and professional alike, as well as in the promotion of social wellness objectives such as plurality and social inclusion. The presentation will conclude with a facilitated exploration of the benefits and limits of cross-cultural counseling, strategies that clinics and service agencies can utilized to recruit both minority and mainstream providers, and explore how this partnership can increase mental health resources for clients and promoting cross-cultural connections.

Objectives:
1. Participants will gain familiarity with the concept of “cultural humility” as a preferred construct to “cultural competence” in the integral appropriation of culture into psychotherapy and counseling.
2. Participants will establish a deeper appreciation for the bidirectional benefits of cross-cultural counseling and psychotherapy, including benefits experienced by clients and professionals alike.
3. Participants will gain strategies that could be implemented with regards to their existing practices to promote and encourage cross-cultural practices that will increase resources for clients.

49. Motivational Interviewing Supervision: A Piece of the Implementation Puzzle

Scott Caldwell, MI Consultant, Wisconsin DHS, Madison, Wis.

Following initial training in Motivational Interviewing (MI), supervision is critical to facilitate staff’s continued learning as well as integration of MI into routine practice. This session is for supervisors (also managers and peer mentors) with MI experience who seek a competency framework with resources to maximize effective supervision of MI.

Objectives:
1. Be able to identify competencies (attitudes, knowledge, skills) for effective supervision of MI.
2. Obtain, review, and gain experience with MI supervision tools.
3. Consider application of tools to practice.
50. Trauma Informed Care: Branching into the Community
Aaron Winden, MSW, CAPSW, Elkhorn, Wis.
Emily Bryant, MS, LPC, Elkhorn, Wis.
Walworth County has implemented TIC over the course of the last seven years within our agency. We have begun educating our surrounding community on how to implement TIC in their services as well. This presentation will discuss the success and pitfalls we have encountered along this path, and provide attendees with our perspective on how we have made this transition successful.

Objectives:
1. Learn successes to look for and pitfalls to avoid.
2. Learn which individuals to engage in the change process.
3. Gain a better understanding on what it is to be trauma informed and how this impacts the community.

51. Through the Looking Glass: Quality Improvement in the Realm of Wraparound Programs
Philip Robinson, White Pine Consulting, Waupaca, Wis.
Nora Bates, Altoona, Wis.
Considering the broader system of care, our plan for quality improvement is most important; a healthy program assesses itself from top to bottom. A conscientious use of quality improvement practices serve as the mirror by which we maintain perspective and grow as a well-balanced program.

Objectives:
1. Understand the similarities and difference between Quality Assessment vs Quality Improvement to monitor program implementation.
2. Understand how to gather and incorporate consumer input.
3. Assure services address needs of the community.

52. Mindfulness and Relapse Prevention
Lynn Catlin, Ph.D, Clinical Director, Lutheran Social Services, Madison, Wis.
The workshop will combine a Power Point presentation and direct experience of a mindful practice, based on Jon Kabatt Zinn’s Mindfulness Based Stress Reduction (MBSR). The first part of the presentation will introduce the concept of mindfulness and the research behind its effectiveness in helping to resolve a number of negative psychological states. Then, a sample of MBSR, a body scan meditation for attendees. The presentation will then go into how stress is related to relapse, not just to a substance like alcohol or another drug, but to a variety of maladaptive ways of being in the world that we “relapse” to when under stress. The presentation will end with suggestions for simple mindful activities that anyone can use, including smart device mindful meditation apps, simple breathing activities, and other resources.

Objectives:
1. Define mindfulness and the research behind its effectiveness.
2. Experience a mindfulness meditation.
3. Understand how stress and relapse are associated and how mindfulness can help reduce stress.

53. QPR: Question, Persuade, Refer
Debi Traeder, Prevent Suicide Marathon County, Wausau, Wis.
QPR is an evidence-based training program that provides innovative, practical and proven suicide prevention techniques. Participants learn about the risk factors and warning signs of suicidal ideation and how to help those who might be contemplating suicide. QPR has been found to be an effective training for mental health professionals, medical professionals, laypeople and anyone who cares for and about others.

Objectives:
1. Understand the prevalence of suicide and suicidal ideation in our communities.
2. Learn about the risk factors and warning signs of suicidal thoughts.
3. Learn what each of us can do to help someone we know and care about.

54. Psycopharmacology - Part II
Ronald Diamond, M.D., University of Wisconsin Consultant, Wisconsin DHS, UW-Madison School of Medicine, Madison, Wis.
Continued from Session 45. Please see session 45 for the program description.

2:15 – 2:30 p.m.
BREAK

2:30 – 3:30 p.m.
CLOSING KEYNOTE

HOPE WINS (if we let it!)
Tamra Oman, Human Services Program Coordinator, Recovery Support Specialist, Wisconsin Resource Center, Winnebago, Wis.
Across the nation peers are meeting people where they are to Imagine a life where you get to choose HOPE every single day! Imagine what it would feel like if you saw the world through the lens of HOPE in every moment. Imagine if everything that happened in your life was interpreted as an opportunity rather than an obstacle. What would that be like? What kind of life do you dream of? How do we get there? Does life have to be perfect or exactly what you thought it should be in order to HOPE? Only you can answer those questions for yourself. I do know YOU DESERVE TO HAVE THE LIFE YOU DESIRE... THE LIFE YOU DREAM OF, THE ONE YOU ARE WORKING YOUR BUTT OFF TO HAVE! Tamra Oman has journeyed down many a winding road, ran into dead ends, dangerous curves, potholes-sometimes sinkholes, rough and smooth terrain and they have ALL brought her to the reality that HOPE ROAD is THE ONLY way to travel! Hop on board, let’s take a ride down HOPE ROAD!

4 – 6 p.m.
CONFERENCE PLANNING COMMITTEE WORKING DINNER
13th Annual Mental Health and Substance Use Recovery Training Conference

(Only one person may register per form. Please photocopy for additional registrations. PLEASE PRINT CLEARLY)

Name ___________________________ First MI Last ___________________________

Phone ___________________________ Cell ___________________________

Professional Title ___________________________

Company ___________________________

Mailing Address ___________________________

City/State/Zip ___________________________

Email Address ___________________________

REGISTRATION FEES:
Postmarked by October 6, 2017:
Full Conference: $190, Tuesday only: $125, Wednesday only: $125
After October 6, 2017:
Full Conference: $300, Tuesday only: $175, Wednesday only: $175

Registration fees cover all materials, refreshment breaks, lunch and continental breakfasts.

Refund Policy: Full refunds granted upon receipt of written request received by October 6, 2017. Refunds after October 6, 2017, will be assessed a $25 processing fee. No refunds will be given after October 17, 2017. Last minute registrations cannot be guaranteed meals or materials.

❑ First-time participant
❑ Special needs accommodations ___________________________
❑ Dietary Restrictions ___________________________

If you have special needs that require assistance, including special dietary needs, please notify us by phone or in writing at least two weeks prior to the conference.

UW-Stevens Point provides equal opportunities in employment and programming.

WORKSHOP CHOICES:
Please indicate your 1st and 2nd choice for each session.

TUESDAY, OCTOBER 24, 2017

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(Workshops 1-9)
(Workshops 10-18)
(Workshops 19-27)

OPTIONAL FORUMS: TUESDAY p.m.

_____ SCAODA _____ Listening Session
_____ Diversity Reception

WEDNESDAY, OCTOBER 25, 2017

OPTIONAL COUNTY STAFF FORUM: WEDNESDAY a.m. _____

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(Workshops 28-36)
(Workshops 37-45)
(Workshops 46-54)

Complete and send registration form and fee, payable to University of Wisconsin-Stevens Point to:

UW-Stevens Point Continuing Education
2100 Main St., 032 Main Bldg.
Stevens Point, WI 54481-3897

Phone: 715-346-3838 Fax: 715-346-4045

Register online at www.uwsp.edu/conted/confwrkshp

Click on “Annual Mental Health and Substance Use Recovery Conference”

Gender: ❑ Male ❑ Female ❑ Not Listed

Age: A. ❑ Under 18 B. ❑ 18-34 C. ❑ 35-49 D. ❑ 50-64 E. ❑ 65+

Race/Ethnicity:  A. ❑ Black (Non-Hispanic) B. ❑ Asian or Pacific Islander
               C. ❑ Amer. Indian/Alaskan Native D. ❑ Hispanic E. ❑ White (Non Hispanic)

Are you enrolled in this program for career purposes? ❑ Yes ❑ No

Please indicate your occupation/organization:

02. ❑ Educational Services 05. ❑ Health Services (Mental and Physical) 07. ❑ Protective Services

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