Wondering how you can savor the tastes of summer even during the long Wisconsin winter?

Welcome to Frozen Assets, Farmshed’s new frozen veggie share program.

- We worked with farmers to grow vegetables that will be delivered to our kitchen at the peak of freshness.
- Once received, our staff (with the help of members) will process, package, and then store the veggies in one pound bags in our walk-in freezer, powered with the help of solar panels.

**What Farms Are Involved?**
- East Slope Farm
- Field Notes Farm
- Lonely Oak Farm
- Stoney Acres Farm
- Whitefeather Organics

**What Veggies Should I Expect?**
- Green Beans, Broccoli, Butternut Squash, Cauliflower, Corn, Potatoes, Sweet Peppers, Summer Squash, and Tomatoes (twice per delivery)

**How Much, How Often?**
- Full Shares: 10 lbs every other week
- Half Shares: 10 lbs once per month

**When are Shares Distributed?**
- Start November 17th
- End March 23rd

**Secure Share**
Limited number are available and will be sold on a first come, first served basis.

**Make Payments**
Full Share Costs $500
Half Share Costs: $250
Payments due in July, August, and September.

**Help Process**
$10 off for every time you help process the vegetables in the Farmshed Kitchen!
Why start Frozen Assets?

Funding from the USDA Local Food Promotion Program has enabled us to finish the Farmshed Community Kitchen and develop a food processing model that will help sustain it long term.

- People have requested more ways to access local vegetables in the winter, this is one small solution to the short WI growing season.

- Working directly with farmers to set fair prices and contracting for product ahead of the season helps to build an equitable food system.

- In a 2015 community survey, 84% of responders reported that they were most interested in freezing as a preservation technique.

- Freezing food at peak harvest preserves nutrients almost to the level of their fresh counterparts.

"It’s hard to eat local during Wisconsin winters"

Not any more! Here are some of the ways to use your frozen veggies!

- Baked
- Grilled
- Mashed
- Pureed
- Roasted
- Sautéed
- Steamed
- Casseroles
- Egg Dishes
- Pasta
- Pizza
- Sauces
- Soups
- Stir Fry’s

FROZEN ASSETS INTEREST FORM

NAME:
ADDRESS:
EMAIL:
PHONE:
SHARE SIZE:  FULL SHARE ($500)   HALF SHARE ($250)
IF SIZE IS SOLD OUT, ARE YOU INTERESTED IN THE OTHER OPTION?   YES   NO
WOULD YOU LIKE MORE INFORMATION ON HOW TO HELP PROCESS?   YES   NO
TOTAL PAID: $    DATE:    /    /
PAYMENTS ARE DUE:  JULY 1st (F: $100, H: $50)   AUGUST 26th (F:$200, H: $100)   SEPTEMBER 30th (F:$200, H: $100)