



This program is for you if...

- You have never tried one of these activities but have hoped for an opportunity to learn.
- You are a beginner who wants to improve your skills.
- You know how to do some of these activities but would like to try your hand at new ones.
- You enjoy the camaraderie of like-minded individuals.

19TH ANNUAL WINTER WORKSHOP - February 17-19, 2017. Treehaven Field Station

Friday Afternoon, February 17

10:00-11:00 a.m. Registration
 11:00-12:00 Welcome/Introductions
 12:00-1:00 Lunch

1:00-4:30 p.m. Session I

- A. Firearm Safety and Handling
- B. Birds of Prey
- C. Cross-Country Skiing 101
- D. Demystifying Ammunition
- E. Kayaking (Yes, Kayaking!)
- F. Ice Fishing

4:30-6:00 p.m. Social Hour

6:00 p.m. Dinner

7:00 p.m. - Evening Program: "The Future of Wildlife" presented by wildlife educator Christian Cold

8:00-? Social time around the campfire outside or the cozy fireplace inside. Bring an instrument if you play, including your singing voice.

Saturday Morning, February 18

6:15 a.m. Sunrise Yoga (optional)

7:00-8:00 a.m. Breakfast

8:00-11:30 a.m. Session II

- G. So You got a Deer!
- H. Dog Sledding
- I. Winter Survival
- J. Snowshoeing 101
- K. Archery/Bowhunting
- L. Furbearer Ecology: Intro to Trapping
- M. Preserving the Harvest: Dehydrating

Saturday Afternoon, February 18

11:30-12:30 p.m. Lunch

1:00-4:30 p.m. Session III

- N. Cross-Country Skiing 102
- O. Ice Fishing
- P. Preserving the Harvest: Pressure-Canning
- Q. Preparing for a Wilderness Trip
- R. Rifle Markswoman
- S. Dog Training

4:30-6:00 p.m. Social Hour

6:00 p.m. Dinner

7:00 p.m. Evening Program followed by the Big BOW Raffle & Silent Auction

8:30-? More campfire social time.

Sunday Morning, February 19

7:00-7:45 a.m. Breakfast

7:45 a.m. Wrap-up and Door Prizes

8:00-11:30 a.m. Session IV

- T. Canine First Aid
- U. Snowshoeing 101
- V. Dog Sledding
- W. Woodworking for Wildlife
- X. Snowmobile Safety
- Y. Journaling

11:30-12:00 p.m. Grab a snack for the road!

Becoming an Outdoors-Woman workshops focus on learning outdoor skills. Workshop activities are balanced between hunting and shooting, fishing and boating, and non-consumptive activities like camping and canoeing. Workshops are designed primarily for women and are learning opportunities for anyone 18 years of age and older.

Our participants range in age from 18-80+

Beginners are Welcome!

Workshop Classes

February 17-19, 2017

PHYSICAL ACTIVITIES RATINGS

Classes below are described according to the level of physical activity required to participate fully. We've done this to help you decide if the class is right for you.

LEISURELY - Class is not very physically demanding.

MODERATE - Class requires moderate level of physical activity.

RUGGED - Class is fairly strenuous, and may require hiking/skiing over uneven terrain.

A. Firearm Safety & Handling LEISURELY

Learn about guns and safe firearm handling in this hands-on class. You will become comfortable around firearms in this information-packed, upbeat class. *Participants must take this class, show valid Hunter Ed. Certification, or have significant gun handling experience to participate in Rifle Markswoman.*

B. Birds of Prey NEW CLASS! LEISURELY

Get an in-depth look at raptor biology, ecology, field identification and management. This class gives a basic account on the life histories of the twelve species of owls, twelve species of hawks, two species of eagles and osprey in the Great Lakes region. The workshop includes a hands-on lab exercise on owl pellet analysis and raptor anatomy (cadaver specimens) and concludes with the display and interpretation of live raptors up-close!

C. Cross-Country Skiing 101 LEISURELY to MODERATE

Learn basic cross-country skiing skills at your own pace. Participants will practice the art of gliding on skis through Treehaven's beautiful wooded trails. This session is geared toward beginners and no experience is necessary. We provide the skis, poles, and boots.

D. Demystifying Ammunition NEW CLASS! LEISURELY

There is a lot of terminology involved with ammunition: target loads, hunting loads, caliber versus gauge, rimfire versus center fire - it can be confusing!. This hands-on class makes everything easy for shooters and hunters to understand. Chokes, variations and their benefits will also be covered. Lots of handouts to take home too.

E. Kayaking (Yes, Kayaking!) MODERATE

Winter is great time to practice for next summer's adventures. Participants will travel to a local, indoor heated pool to learn flatwater kayak self-rescue techniques and basic paddle strokes. This class is perfect for beginners who want to build confidence in a warm, safe learning environment.

F. Ice Fishing LEISURELY

Learn how to fish through a hole in the ice! You will learn about ice safety, equipment and bait selection, and more. Hot chocolate and a warming house will be provided. *You must have a valid WI fishing license to participate in this class.*

G. So You Got a Deer! LEISURELY to MODERATE

Imagine you've just had the good fortune to harvest a deer. Now what? This class will teach you step by step how to field dress and cut up a whitetail deer from a Wisconsin game farm. Class includes a cooking demo with venison samples.

H. Dog Sledding LEISURELY to MODERATE

Participants will have the opportunity to take a ride on sleds pulled by a team of dogs who love to run in the snow! Learn how to harness a team of dogs, terminology of the sport, sled types, dog care, and more. *There is an additional \$25 fee for this class.*

I. Winter Survival LEISURELY

Cold weather survival requires a special set of skills and knowledge. In this fun interactive class, we'll learn tips on staying warm, how to create a fire when there are snowy conditions, and we'll build quinzhee snow shelters that participants may actually sleep in on Saturday night.

J. Snowshoeing 101 MODERATE to RUGGED

Learn to hike through the snow with ease as you explore the the Treehaven property. You will hike 1-2 miles and discover some beautiful vistas in the winter woods. Snowshoes provided.

K. Archery/Bowhunting LEISURELY

You can draw back a compound bow, and hit the target too! Our talented team of coaches will give you confidence and expert tips in this learn-by-doing class that includes lots of time at the archery range. Equipment selection, safety, and hunting information will also be covered.

L. Furbearer Ecology: Intro to Trapping LEISURELY

Managing furbearer populations is important to the environment. You will learn basic trapping skills, including how to safely set traps. Pelts from every furbearing animal in Wisconsin will be available for participants to handle.

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M. Preserving the Harvest: Dehydrating Food NEW CLASS! LEISURELY

Learn food drying techniques for meats, fruits and vegetables that can be used to make tasty and healthy trail snacks or camping meals. Taste-testing and recipes to take home are included!

N. Cross-Country Skiing 102 MODERATE to RUGGED

This class is for skiers who want a little more adventure. You will cover a longer distance on the trails where you will practice gliding, turning and navigating small hills. This class is the perfect next step if you have some basic skiing experience.

O. Ice Fishing LEISURELY

This session is a repeat of session “F.” *You must have a valid Wisconsin fishing license to participate in this class.*

P. Preserving the Harvest: Canning Meat NEW CLASS! LEISURELY

Learn about the tradition of canning and how to safely pressure-can venison and salmon. Participants will receive a copy of the book “Canning Meat, Wild Game, Poultry and Fish Safely” to take home.

Q. Preparing for a Wilderness Trip LEISURELY

If the call of the wild is singing, but you still have questions or reservations, here is the class that will help you answer the call! Learn how to properly prepare for a wilderness trip like the Isle Royale BOW Adventure. Gear, food, clothing and more will be demonstrated in this information-packed packing class.

R. Rifle Markswoman LEISURELY

Join our award-winning team of shooting instructors from the North Central Wisconsin Gun Collectors to learn how to shoot with confidence. Participants may choose to shoot a wide variety of rifles and handguns in this safe & empowering class. *(Session A, hunter safety certification, or significant shooting experience required to participate in this session).*

S. Dog Training NEW CLASS! LEISURELY

Learn some basic tips for training that will be useful for pointing dogs, retrievers, and non-hunting companion dogs too. Demonstration of field work and retriever games will teach participants how to help their dog learn and have fun at the same time. (Please do not bring your dog. Instructors will provide the dogs for class).

T. First Aid For Your Best Friend LEISURELY

Your canine best friend that is! Whether your dog is a hunter, a herder, a companion, a watch dog, an athlete, or all of the above, your best friend can get in a tangle that might require you to provide care until you can get to your vet. Learn how to help your pet feel more comfortable when an injury occurs.

U. Snowshoeing 101 MODERATE

This session is a repeat of session “D”

V. Dog Sledding LEISURELY to MODERATE

This session is a repeat of session “H.” *There is an additional \$25 fee for this class.*

W. Woodworking for Wildlife LEISURELY

Learn about biology, habitat, and habits of bluebirds, wood ducks, and Wisconsin bats. Then choose a bird, duck, or bat house to build in class and take home for the wildlife in your area. *There is an additional \$5 fee for materials.*

X. Snowmobile Safety LEISURELY

Learn basic snowmobile safety and handling skills. Participants will have the opportunity to drive a snowmobile on Treehaven’s trails to hone their skills.

Y. Nature Journaling LEISURELY

When we collect our observations they enhance our connection to the natural world. This class will help you build skills and share hands-on journaling activities to capture your thoughts in the field, tree stand, boat and beyond. You will make your own hand-bound journal, then have an opportunity to make your first journal entry before leaving Treehaven.



REGISTRATION FORM
Winter BOW 2017

Name _____

Address _____

City/State/Zip _____

Phone Day (____) _____

Evening (____) _____

E-mail _____

T-shirt Size

SM M LG XL XXL

Workshop Fee: Check Option 1 or 2

___1. ON-SITE LODGING, \$399.

Includes 2 nights lodging at Treehaven & 7 meals,
2/17/2017 through 2/19/2017.

___2. OFF-SITE LODGING, \$319 Includes 7 meals

Do you have special dietary needs or requests?

- Vegetarian meals Diabetic
- Gluten-free Other (please explain)

Roommate preferences:

Treehaven provides dorm-style lodging. There will be 3 or 4 persons per room. Please list up to three friends.

Are you willing to sleep on a top bunk?

- Yes No No Preference

During each session, you will participate in one of the classes.
Please mark your first (1), second (2), & third (3) choice for each of the four sessions:

Session I	Session II	Session III	Session IV
Friday Afternoon	Saturday Morning	Saturday Afternoon	Sunday Morning
___A. Firearm Safety	___G. You Got a Deer!	___N. X-Country Ski	___T. Dog First Aid
___B. Birds of Prey NEW	___H. Dog Sledding (\$25)	___O. Ice Fishing	___U Snowshoe 101
___C. X-Country Ski 101	___I. Winter Survival	___P. Canning Meat NEW	___V. Dog Sledding (\$25)
___D. Demystifying Ammo	___J. Snowshoeing 102	___Q. Wilderness Trips	___W. Woodworking (\$5)
___E. Kayaking	___K. Archery/Bowhunt	___R. Rifle	___X. Snowmobiles
___F. Ice Fishing	___L. Furbearers	___S. Dog Training NEW	___Y. Journaling
	___M. Dehydrating Food NEW		

Complete this form and email to pfarrell@uwsp.edu,
then pay ON-LINE THROUGH OUR SECURE Eventbrite page:
<https://www.eventbrite.com/e/bow-in-the-snow-tickets-29619795606>

Or print and mail your completed registration form to:
WI BOW, UWSP College of Natural Resources
800 Reserve Street, Stevens Point, WI 54481

Method of Payment:

___1. Check or Money Order **payable to UWSP**

___2. VISA, MASTER CARD, DISCOVER

Name on card _____

Card Number _____

Expiration Date _____

Amount of Payment:

On-site lodging \$399

Off-site lodging \$319

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You will receive a confirmation notice after your registration has been received and processed.

WORKSHOP NOTES

February 17-19, 2017

CONFIRMATION

Upon receipt of your registration & payment, you will be sent a confirmation letter, along with a map to Treehaven & a list of suggested clothing & gear to bring.

CANCELLATION

A \$150 processing fee will be assessed to all cancelled registrations. Registrants who do not attend & do not cancel by Friday, January 27, 2017 will be assessed the full program fee. You may send a substitute.

SCHOLARSHIPS

Limited funds are available for scholarships to first-time participants. Please send a letter explaining your need for a scholarship along with the registration form & a check for \$175.00. Preference will be given to students, low-income households, & Wisconsin residents.

LODGING

Treehaven provides dormitory-style lodging with three or four persons to a room. Newly-remodeled rooms have bunk beds and private bathrooms. Please mark on the registration form if you are willing to sleep on a top bunk. If special arrangements are necessary, please call 715/346-4681 at least two weeks prior to the program. If you do not wish to stay at camp, please note that on your registration form. A list of area hotels will be sent to you upon request.

SPECIAL NEEDS

If you have any special needs, including dietary needs, please indicate this on the registration form. We will try to accommodate your needs.

EQUIPMENT

All equipment will be provided. Feel free to bring your own equipment. Instructors will safety check all firearms & bows brought by participants.

WHAT TO BRING

Classes are outdoors & hands-on. For your safety & comfort, it is important for you to bring warm clothing, including winter boots, hats & gloves. A complete list of suggested clothing & gear will be mailed with your confirmation letter.

SPECIAL CLASS FEES

Some classes require an additional fee for materials or equipment rental. You may include the additional fee with your registration, or you may pay upon arrival to the workshop.

Participants understand that: 1) photographs may be taken during sessions & may be used in future support of the program, & 2) in the event of an unavoidable cancellation, evening programs & instructors may change. BOW will provide excellent alternatives if this situation arises.



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WINTER BOW 2017 INSTRUCTORS & VOLUNTEERS

Chris Cold
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