Under the Surface: using nature and wild water as a complimentary approach to treating youth mental health at **northwest passage**

Angela Frederickson, LCSW- Clinical Director
Ian Karl, BS- Experiential Programs Coordinator
Angela Frederickson, LCSW
Those who have the privilege to know, have the duty to act.
-A.E.
What is Northwest Passage?
Who are the Kids of Northwest Passage?
Anthony, age 16
Lexie, age 15
Jaden, age 16
Ndolo, age 16
Tyrone, age 15
Rachel, age 15
Matt, age 16
Northwest Passage
and the Passage Way
The Passage
Way, Nature
• Lydia, age 16
• The Passage Way, Relaxation
Jaden, age 16
The Passage
Way,
Recreation
Jade, age 17
The Passage
Way, Service
• Rachel, age 15
• The Passage Way, Relationships
• Rachel, age 15
• The Passage Way, Spirit
• Anthony, age 16
• The Passage Way, Exercise