# LAKE HEALTH

#### Courtesy of Lake Partnerships

Wisconsin Department of Natural Resources Wisconsin Association of Lakes University of Wisconsin Extension





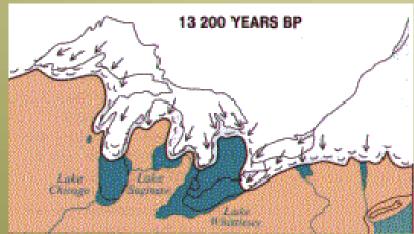


#### **Definitions & Background**

#### Wisconsin's Glacial Legacy

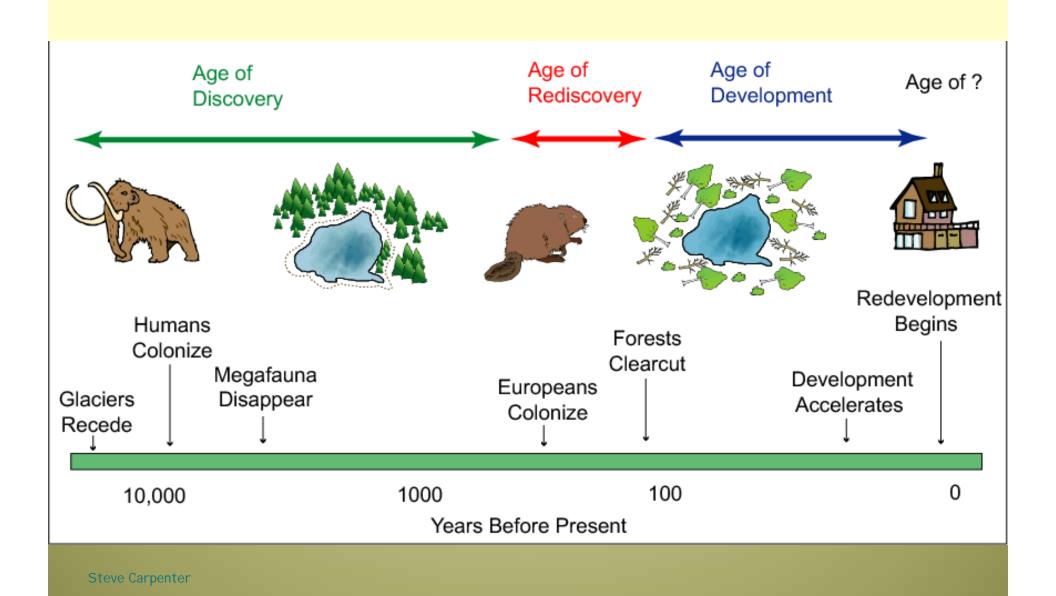








#### Recent History of Wisconsin's Lakes





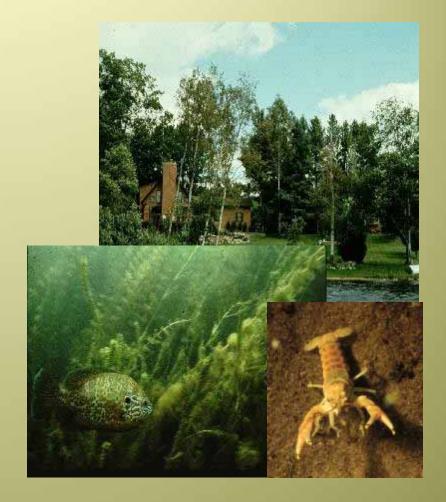
Wisconsin's Lakes are Changing Faster than

Ever:

Algae blooms (phosphorus pollution)

Destruction of shoreline habitat

Invading plants and animals





UMIPACTS AND ADAPTATION

The first report of the Wisconsin Initiative on Climate Change Impacts



WICCI's First Adaptive Assessment Report - released Feb 2011

30+ Authors

2011

10 Editorial Team Members

22 Science Council Members

22 Chairs/Co-Chairs of 15 Working Groups

# Major Drivers of Climate Change Impacts on Water Resources

- Thermal Impacts (Increased air and water temps, longer ice-free period, more ET)
- Changing rainfall patterns (seasonal and spatial variability, + or water, less precip in the form of snow)
- Increased storm intensity (more frequent large precipitation events)



# Key Water Resource Impacts

- Increased flooding
- Increased frequency of harmful blue-green algal blooms
- Conflicting water use concerns
- Changes in water levels
- Increased sediment and nutrient loading
- Increased spread of aquatic invasive species

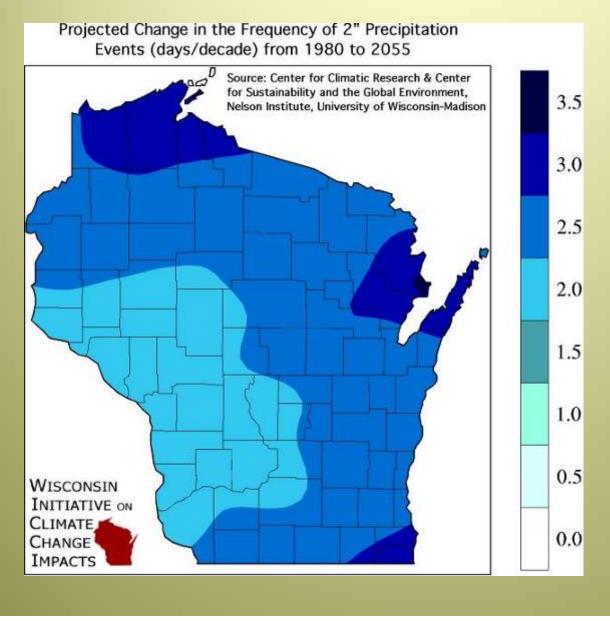




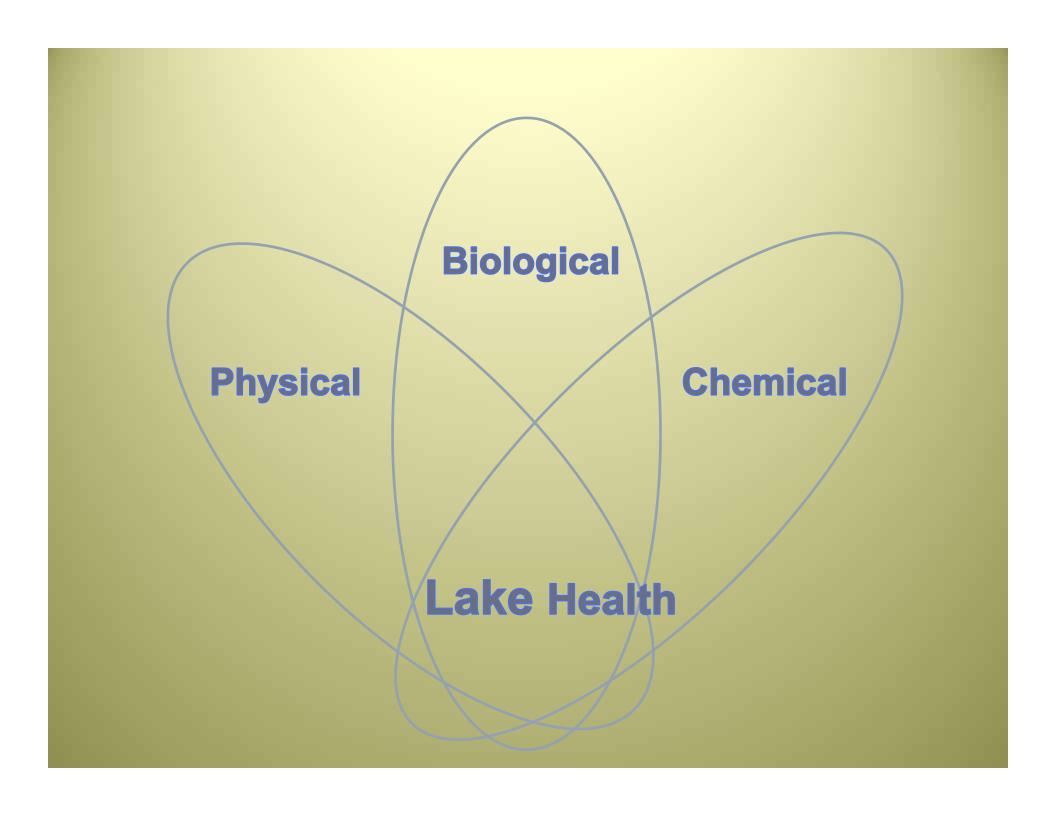
Warmer temperatures and increased runoff from large storm events causes water quality problems, blue-green toxins, eutrophication, etc



# Number of days with intense precipitation is projected to increase across Wisconsin in 21<sup>st</sup> century.

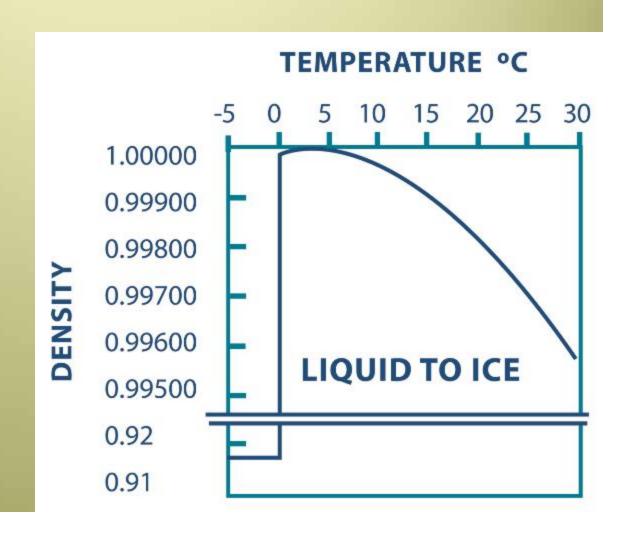


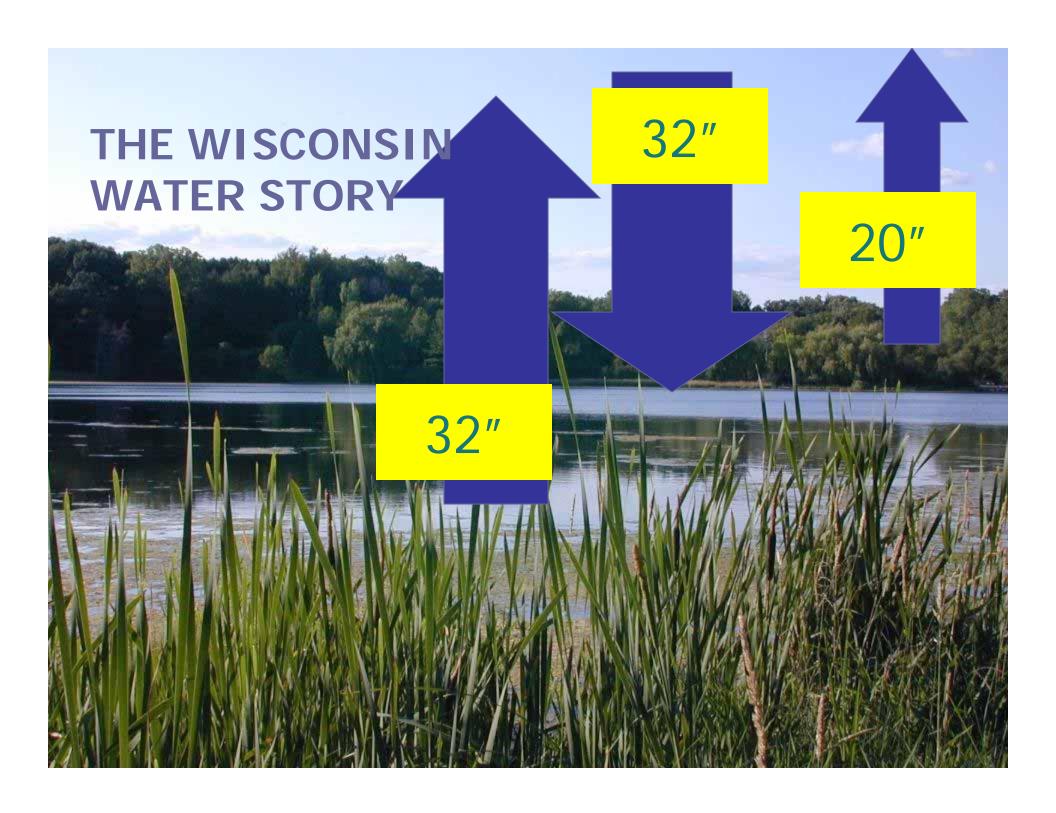
- Roughly a 25% increase in frequency.
- Recurrence intervals decrease from once every 10 months to once every 8 months in southern
   Wisconsin



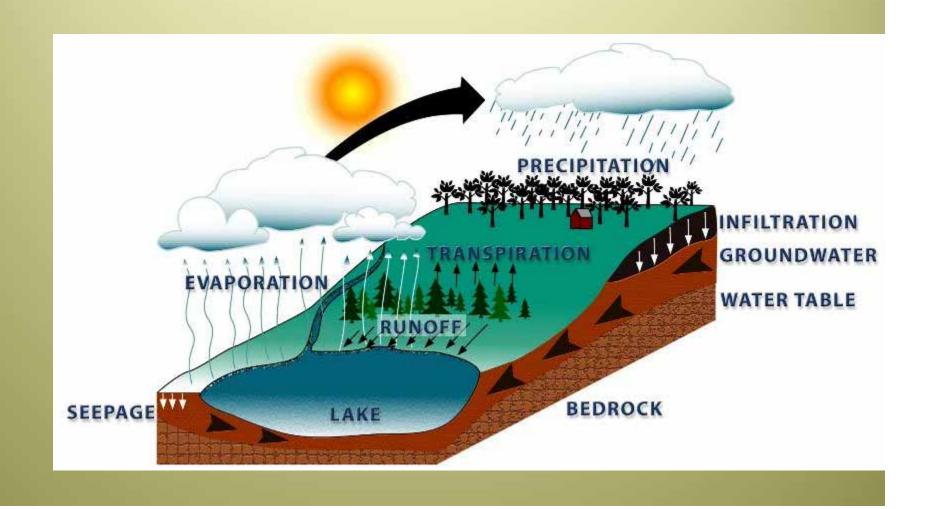
#### UNIQUE PROPERTIES OF WATER

- PhysicalProperties
- 71% Earth'sSurfaceCovered byWater
- <1% Water on Earth is Freshwater</p>
- .009% wateron Earth isFreshwaterLakes





#### HYDROLOGIC CYCLE



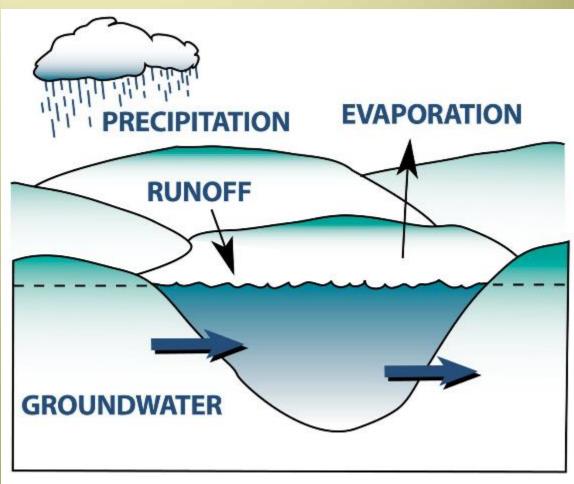
### LAKE TYPES

- Seepage
- Groundwater Drainage
- Drainage
- Impoundments
- Oxbow



#### SEEPAGE LAKE

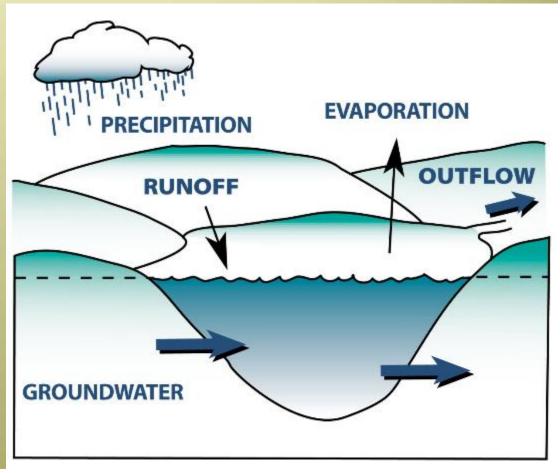
- Natural Lake
- Water Source
  - Groundwater
  - Precipitation
- No StreamOutlet/ Inlet

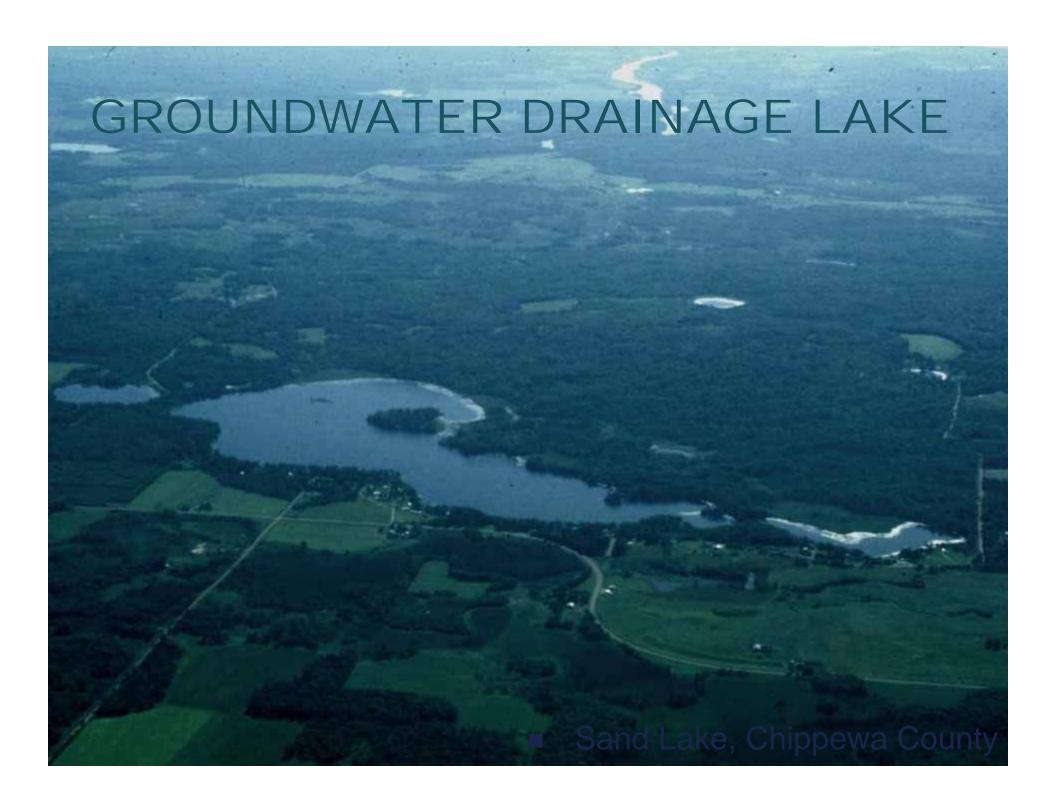




#### GROUNDWATER DRAINAGE

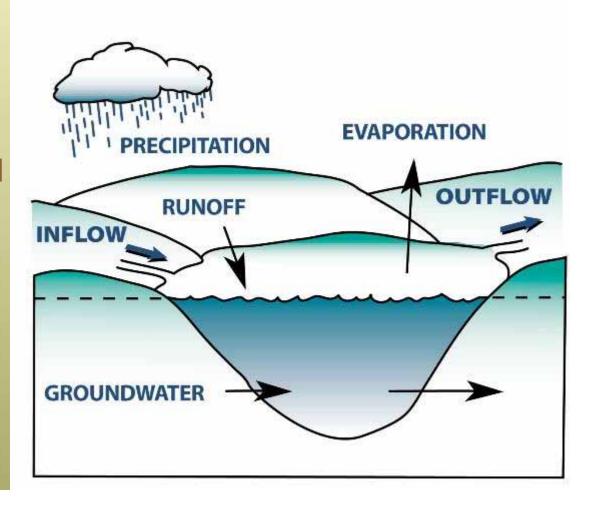
- Natural Lake
- Water Source
  - Groundwater
  - Precipitation
  - Limited Runoff
- Has StreamOutlet





#### DRAINAGE LAKE

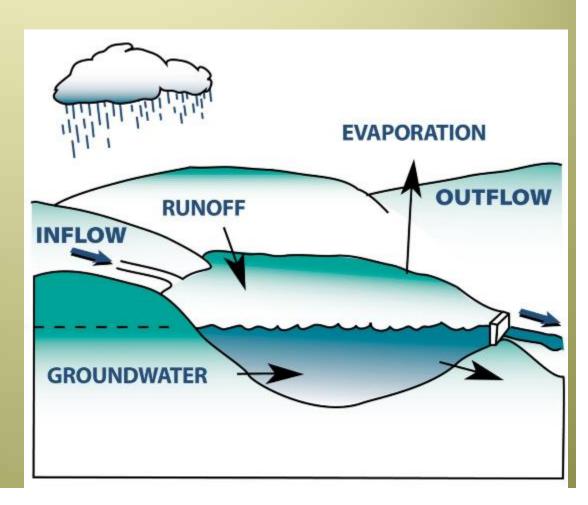
- Water Source
  - Streams
  - Groundwater
  - Precipitation
  - Runoff
- Stream Drained





#### IMPOUNDMENT

- A manmade lake
- Dammed River or Stream





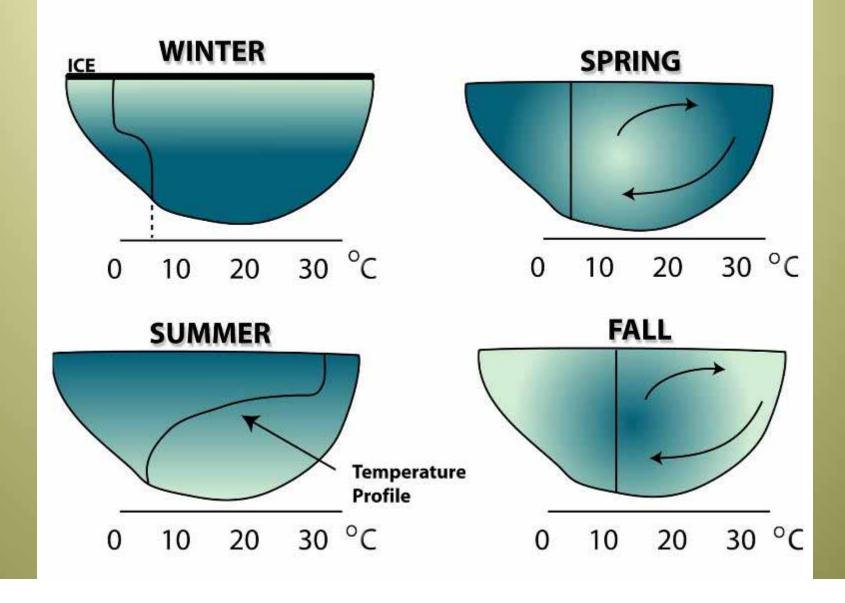


#### PHYSICAL CHARACTERISTICS

- Mixing / Stratification
- Lake Depth
- Retention Time / Flushing Rate
- Drainage Basin/ Lake Area Ratio
- Landscape Position
- Influence of Watershed Runoff



#### MIXING/ STRATIFICATION

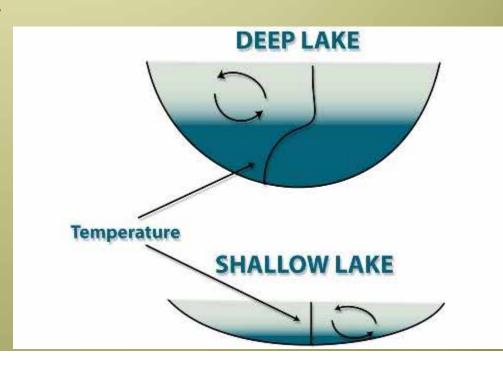


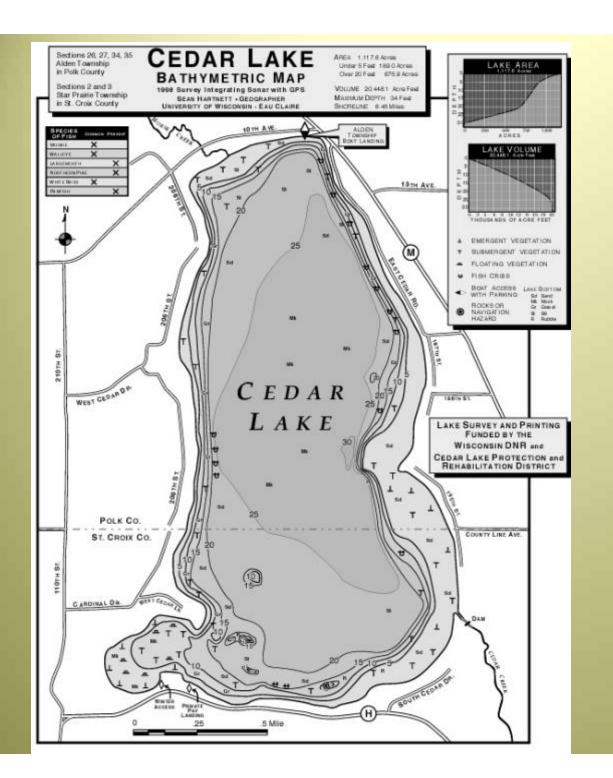
#### LAKE DEPTH MATTERS

Deep Lakes
Stratify

Shallow Lakes

Continuous Nutrient Recycling





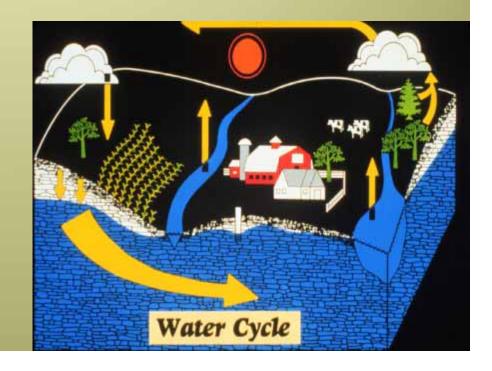
20448/1117.6=18

Precip - ET - Runoff

Change in water table (also lakes and wetlands)

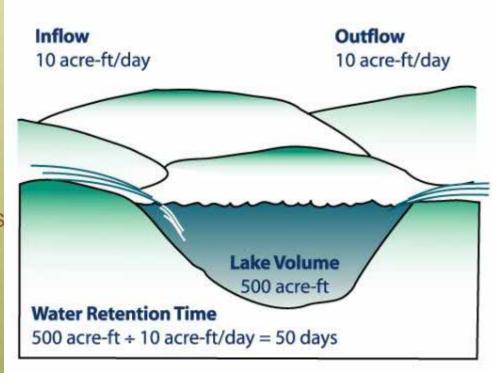
Water In – Water Out = + Storage

Discharge to streams



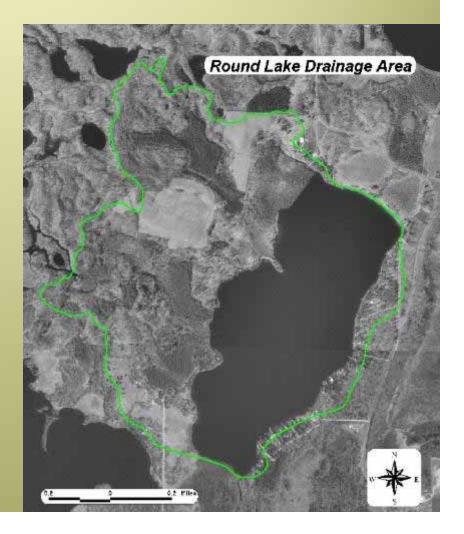
## RETENTION TIME/ FLUSHING RATE

- How long would it take to fill a drained lake?
- Retention TimeMatters
- Long Lake & Altoona
  - Long Lake, 7years
  - Lake Altoona, 22days

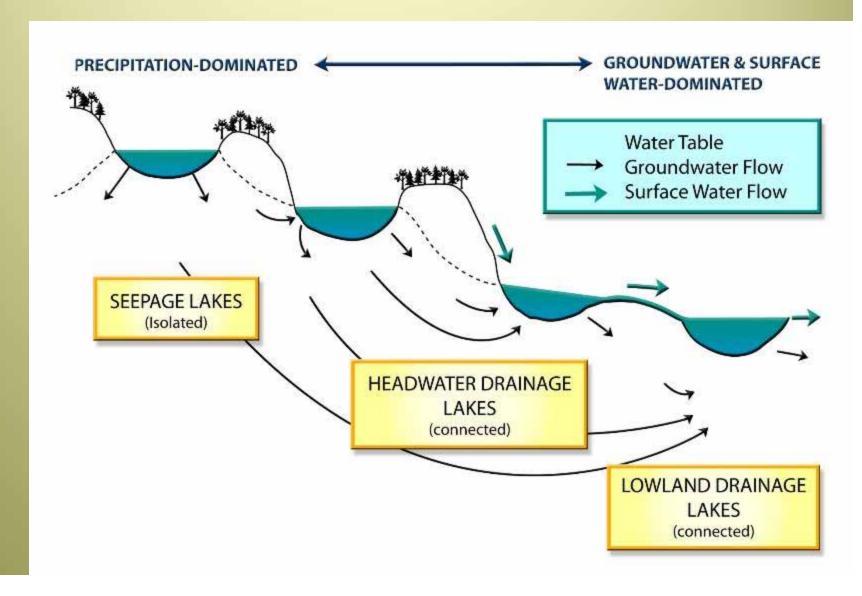


# DRAINAGE BASIN/ LAKE AREA RATIO

- Seepage Lake- small
- Drainage Lake- large watershed
  - Seepage Lake w/ drainage area mapped Round Lake



#### LANDSCAPE POSITION



#### CHEMICAL CHARACTERISTICS

- Nutrients
  - P
  - N
- pH
- Hardness/ Alkalinity
- Dissolved Oxygen (optimum 5 ppm)

#### **NUTRIENT FUNCTIONS**

ELEMENT	AVAILABILITY	DEMAND	AVAILABILITY DEMAND	FUNCTION
Na	32	0.5	64	Cell membrane
Mg	22	1.4	16	Chlorophyll, energy transfer
Si	268	0.7	383	Cell wall (diatoms)
P	1	1	1	DNA, RNA, ATP, enzymes
K	20	6	3	Enzyme activator
Ca	40	8	5	Cell membrane
Mn	0.9	0.3	3	Photosynthesis, enzymes
Fe	54	0.06	900	Enzymes
Co	0.02	0.0002	100	Vitamin B12
Cu	0.05	0.006	8	Enzymes
Zn	0.07	0.04	2	Enzyme activator
Mo	0.001	0.0004	3	Enzymes

#### Phactoids: Importance of P to organisms

#### Phosphorus is a critical nutrient

- Genetic molecules: DNA, RNA
- Structural molecules: phospholipids in cell walls
- Energy metabolism: ATP
- Every living organism needs phosphorus



- 1 lb of P can produce 500 lb of algae, and that P can be recycled many times
- Phosphorus is less abundant than most other nutrients
  - Both N and P tend to be high in demand by organisms, relative to their supply in the environment
  - N is often the limiting nutrient in terrestrial and marine ecosystems (with P close behind...)
  - But in lakes, P is nearly always the principal limiting nutrient



#### LIMITING NUTRIENT PRINCIPLE

...That Nutrient in Least Supply Relative to Plant Needs

N:P Ratio in plant Tissue 10:1

If the Ratio of N:P in Water is

<10:1 Nitrogen Limited

>15:1 Phosphorus Limited

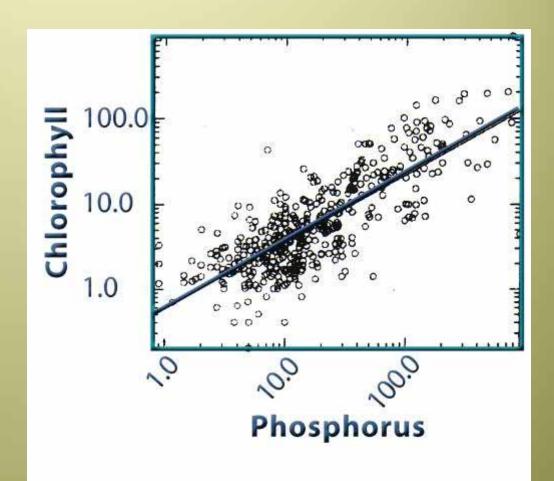


# PHOSPHORUS LIMITATION LAKE 227



## TOTAL PHOSPHORUS/ CHLOROPHYLL a RELATIONSHIP

Phosphorus causes algae to grow



## Why Develop the Criteria?

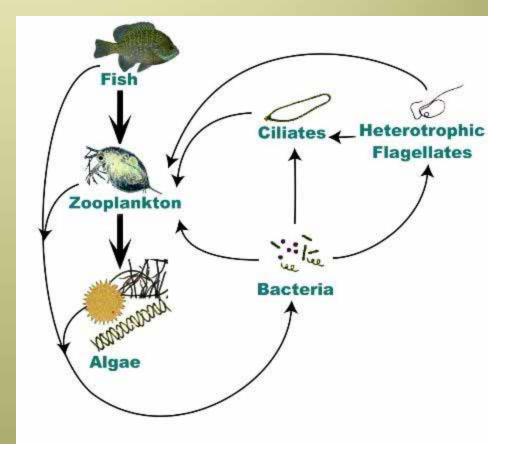
- Obvious water quality problems in state caused by excess nutrient loading
- Numeric goals for protecting or restoring
   Recreational and Fish and Aquatic Life Uses
- EPA requirement

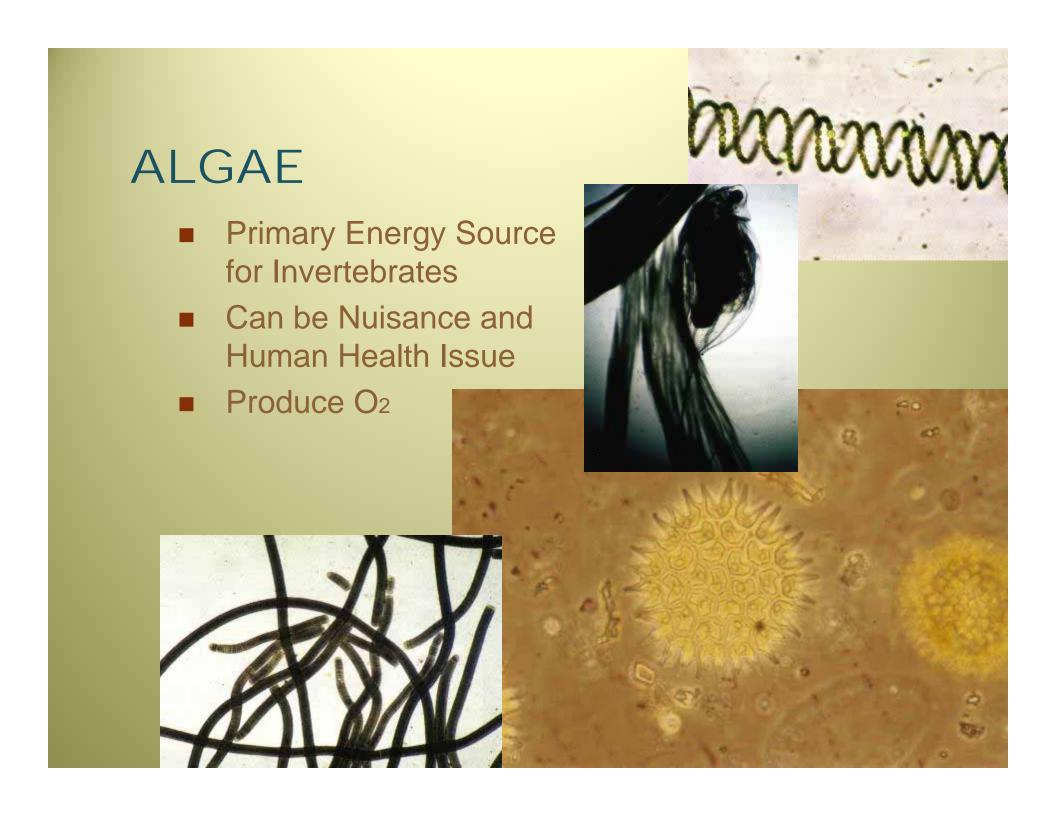
## Specific Lake Criteria

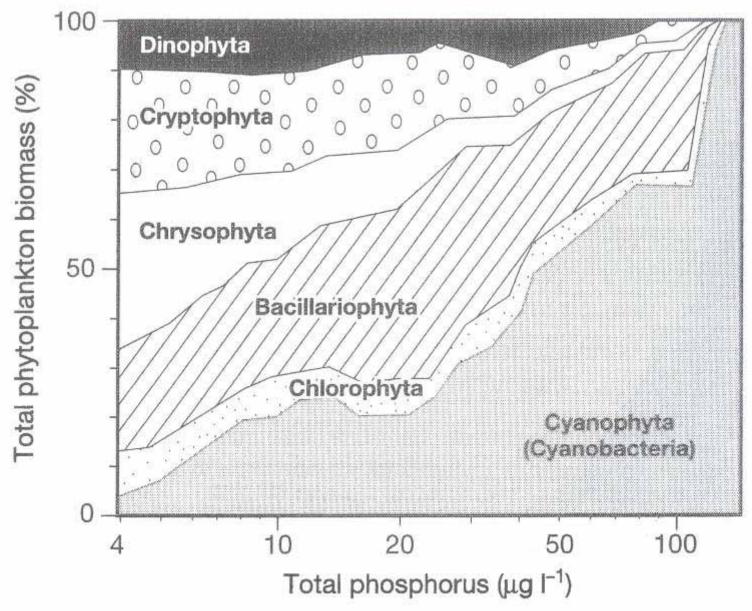
- 2-story fishery lakes 15 ug/l
- Stratified seepage lakes 20 ug/l
- Stratified drainage lakes 30 ug/l
- Stratified reservoirs 30 ug/l
- Non-stratified lakes 40 ug/l
- Non-stratified reservoirs 40 ug/l

### BIOLOGICAL CHARACTERISTICS

- Viruses/ Bacteria/ Fungi
- Primary ProducersAlgae/ Macrophyte
- Zooplankton/ Inverts
- Fish







Watson SB, McCauley E, Downing JA. 1997. Patterns in phytoplankton taxonomic composition

Across temperate lakes of differing nutrient status. Limnol Oceanog 42:487-495

### **Human Health Concerns**

Toxic algae



Common human symptoms associated with blue-green algae exposure include:			
Respiratory	Dermatologic	Other	
Sore throat	Itchy skin	Earache	
Congestion	Red skin	Agitation	
Cough	Blistering	Headache	
Wheezing	Hives	Abdominal pain	
Difficulty	Other Rash	Diarrhea	
breathing		Vomiting	
Eye irritation		Vertigo	

Common animal symptoms
associated with blue-green algae
exposure:

Lethargy
Vomiting
Diarrhea
Convulsions
Difficulty breathing
General weakness

# ZOOPLANKTON & AQUATIC INVERTEBRATES

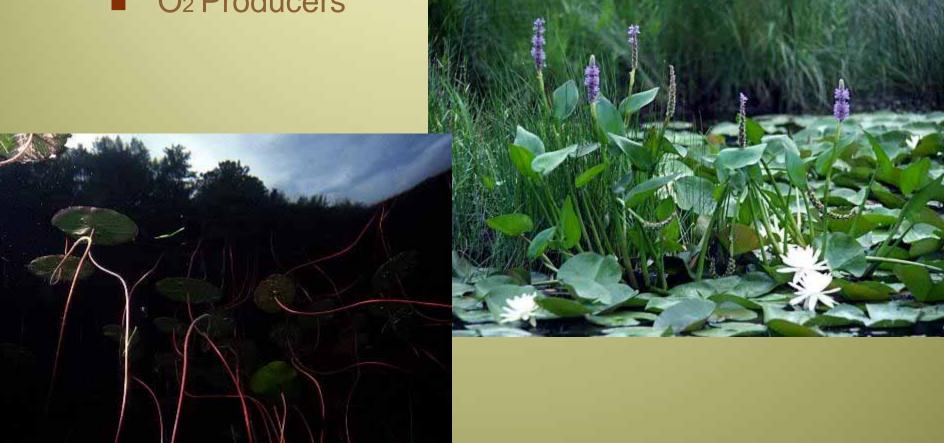
Zooplankton

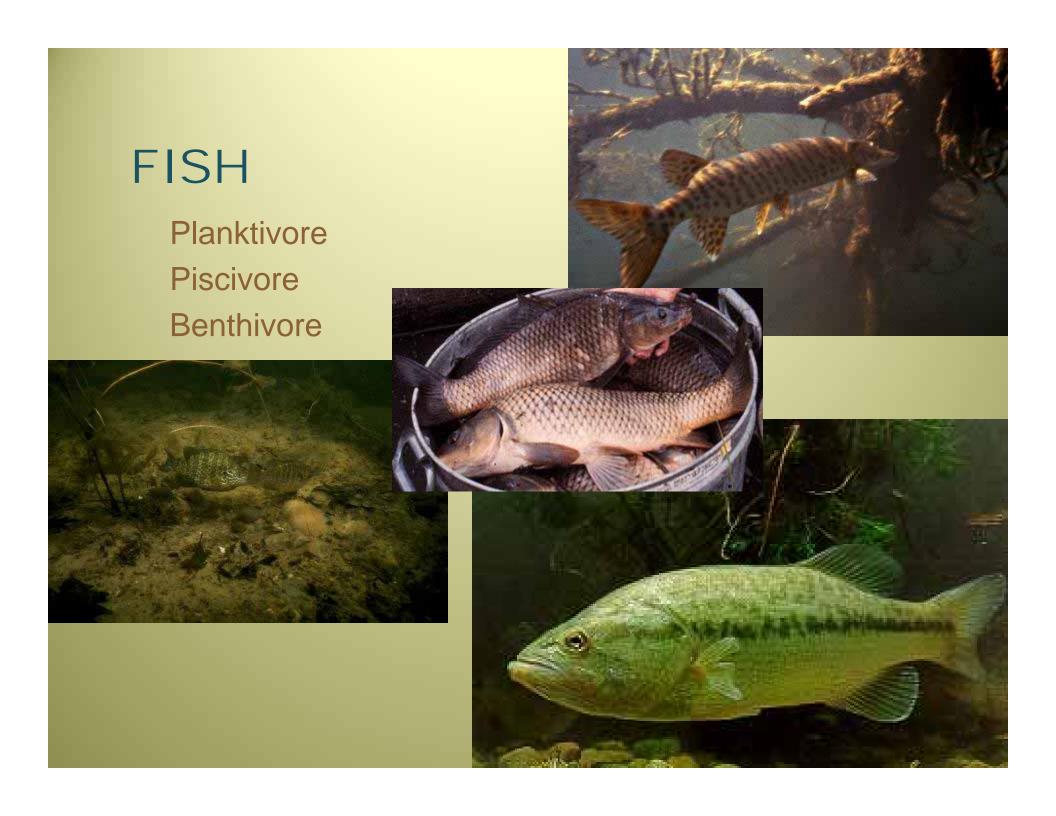
Dragonfly





- Habitat
- Energy Dissipation
- O<sub>2</sub> Producers

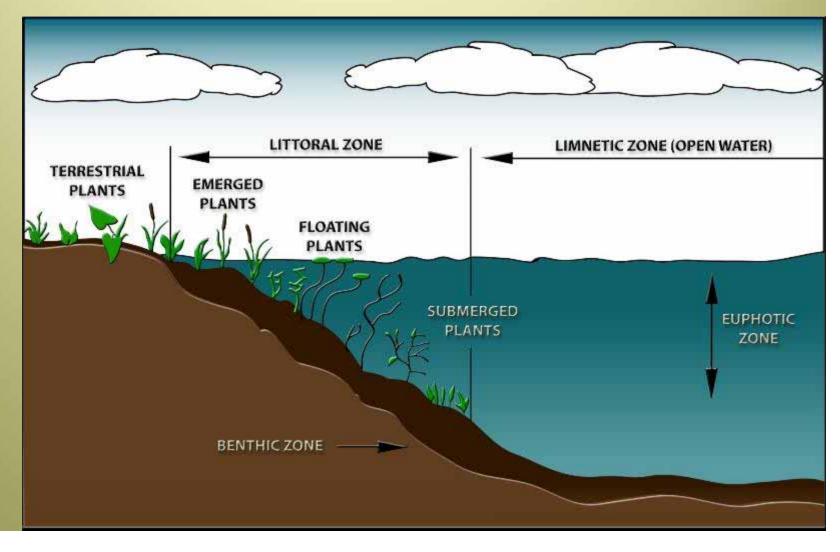




# Without habitat, they are gone



#### LAKE HABITAT ZONES

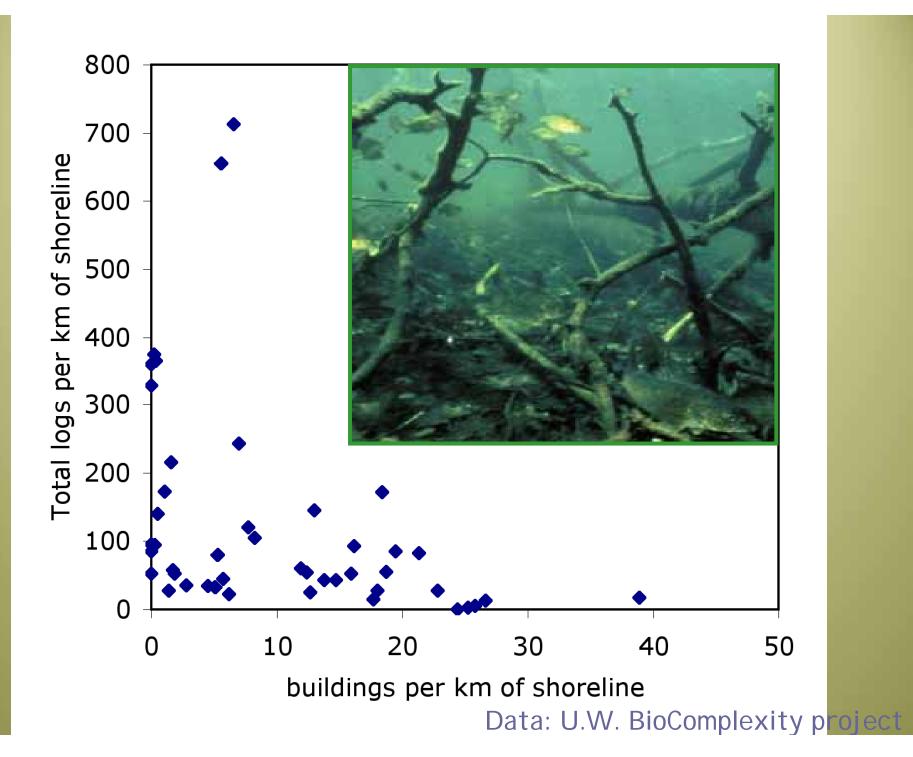




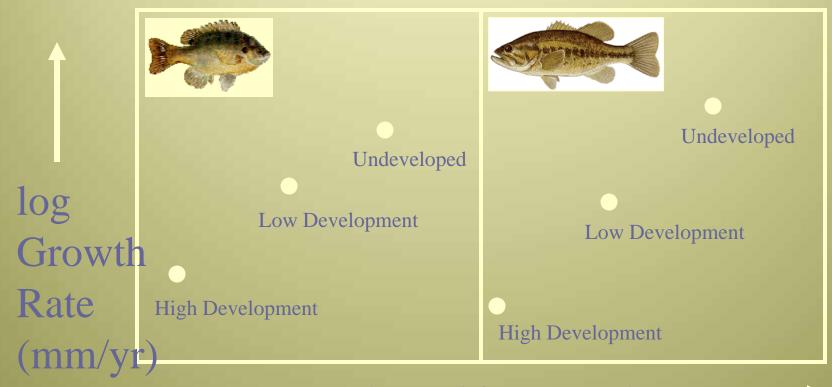
#### **Shoreland green frog trends**







# Fish grow ~3X faster in lakes with lots of woody habitat



Woody Habitat (no./km)

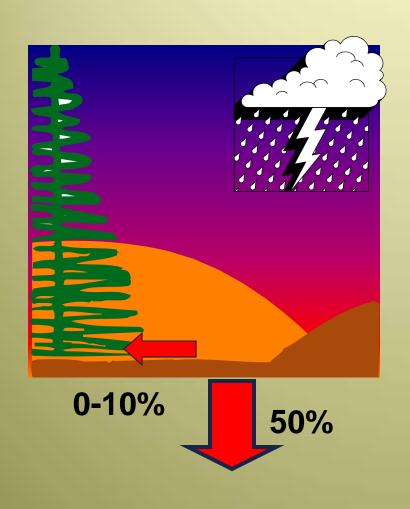
From Schindler et al. 2000

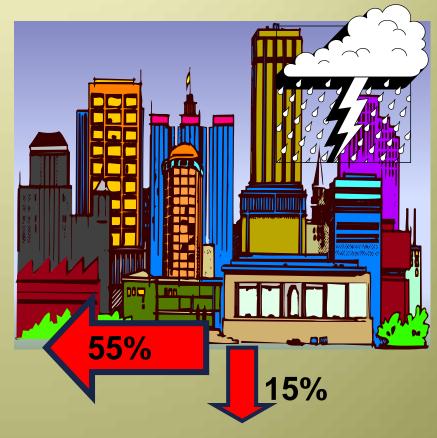
#### LAND USE AND WATERSHED IMPACTS





# Land Use Impacts on the Water Cycle









## **Empirical Watershed Models**

Phosphorus export coefficients - developed based using monitoring data.

#### WISCONSIN VALUES

Land Cover	TP Export
	kg/ha/yr
High Density Urban	1.5
Row Crop Agriculture	1.0
Mixed Agriculture	0.8
Grass / Pasture	0.3
Medium Density Urban	0.5
Low Density Urban	0.1
Forested	0.09



#### Cedar Lake

**Polk County** 

**WBIC** 2615100

Surface area 1,120 acres

Max depth 32 ft

Mean outflow

Summer water residence time

Drainage area

Phosphorus load (most likely)

Phosphorus load (range)

35,000 lb/yr

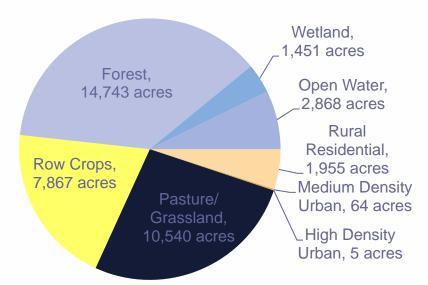
33.7 cfs

280 days

39,495 acres

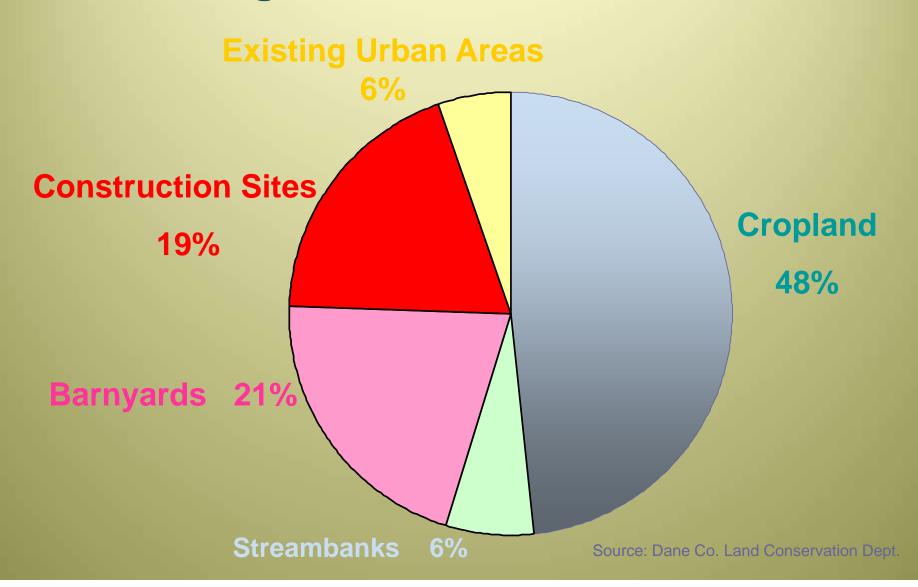
13,600 lb/yr

6,300 -





#### P Loading Sources to Lake Mendota



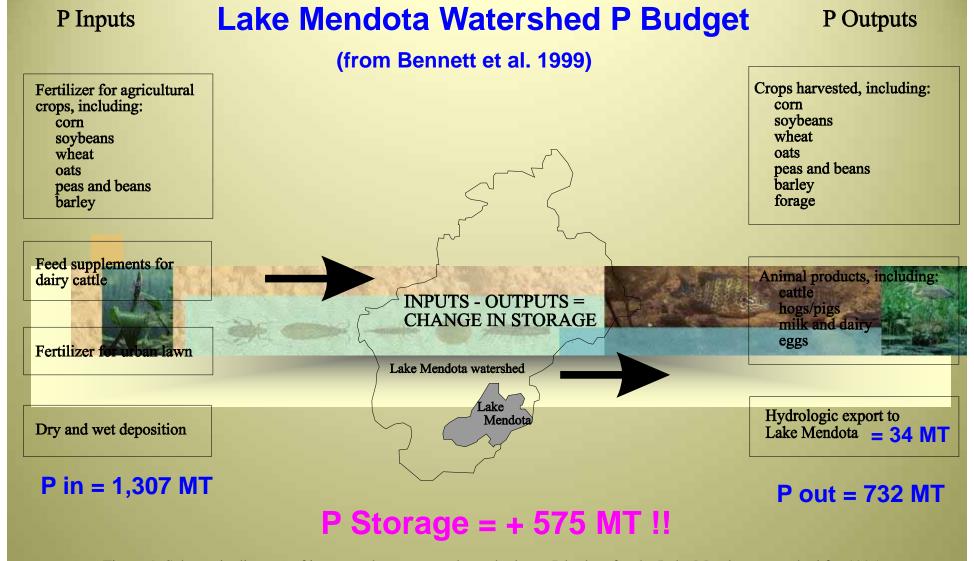
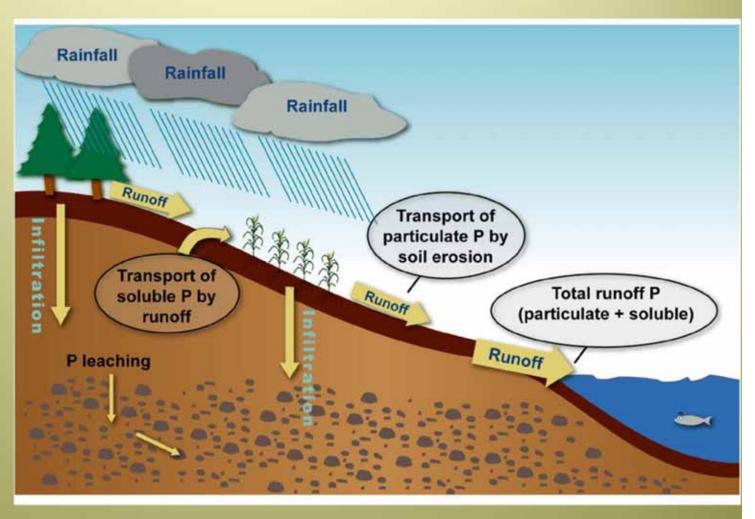


Figure 1. Schematic diagram of inputs and outputs used to calculate a P budget for the Lake Mendota watershed for 1995.

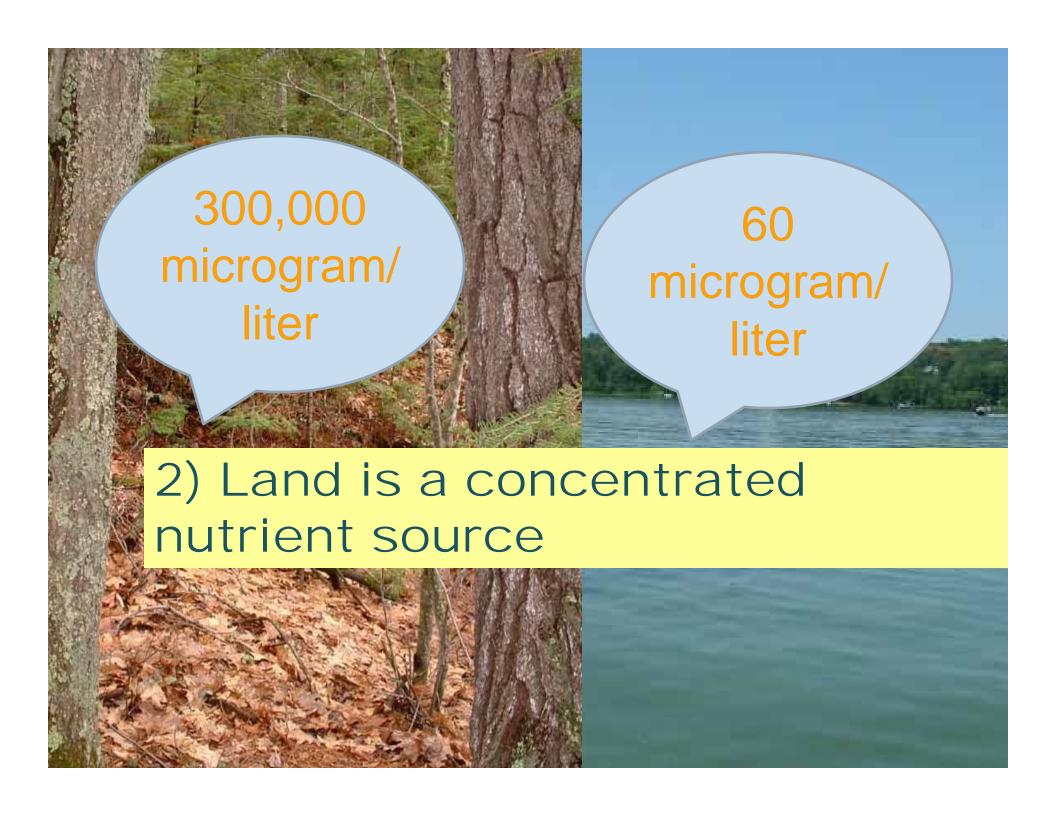
# Phosphorus transport

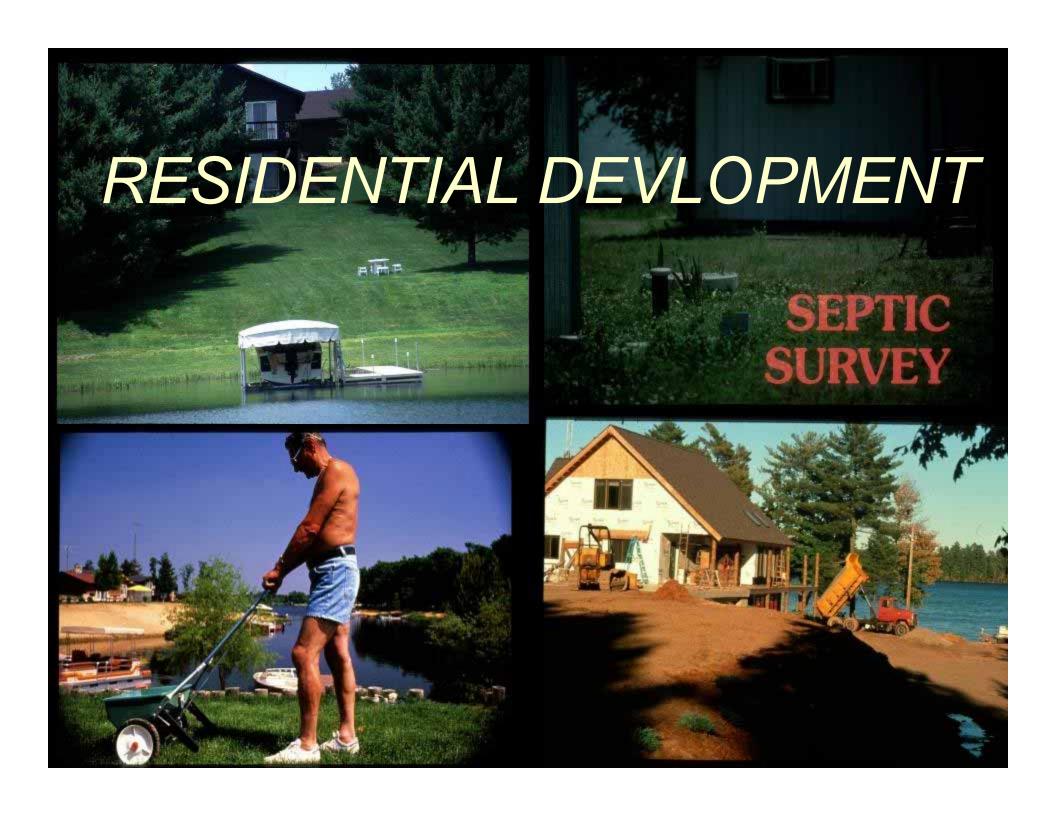
-- P is transported by runoff in both (1) dissolved [DP] and (2) particulate forms [PP].

-- GW-P is usually low, ~10-15 ppb



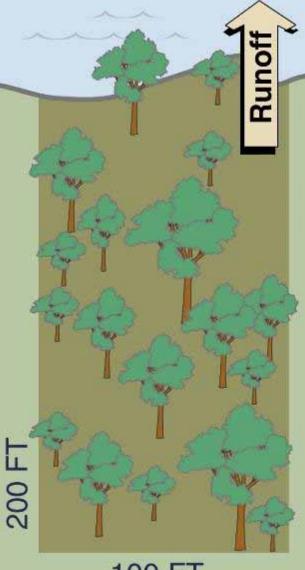
from Sturgul & Bundy 2004; UW-Madison & UW-Extension, Dept. of Nutrient & Pest Mgt.





#### **Undeveloped – Apr.-Oct. phosphorus/sediment runoff**

- maple-beech forest
- 6% slope to lake
- sandy loam soil



IMPACT ON LAKE (April - Oct.)

- 1,000 ft<sup>3</sup> runoff to lake
- 0.03 lbs. phos. to lake
- 5 lbs. sediment to lake

100 FT

Source: Wisconsin Dept. of Natural Resources





#### 1940s development – Apr.-Oct. phosphorus/sediment

- maple-beech forest
- 6% slope to lake
- grass corridor 20'-wide
- cottage 700 ft<sup>2</sup> perimeter
- gravel drive 800 ft<sup>2</sup>
- 35'-wide buffer strip



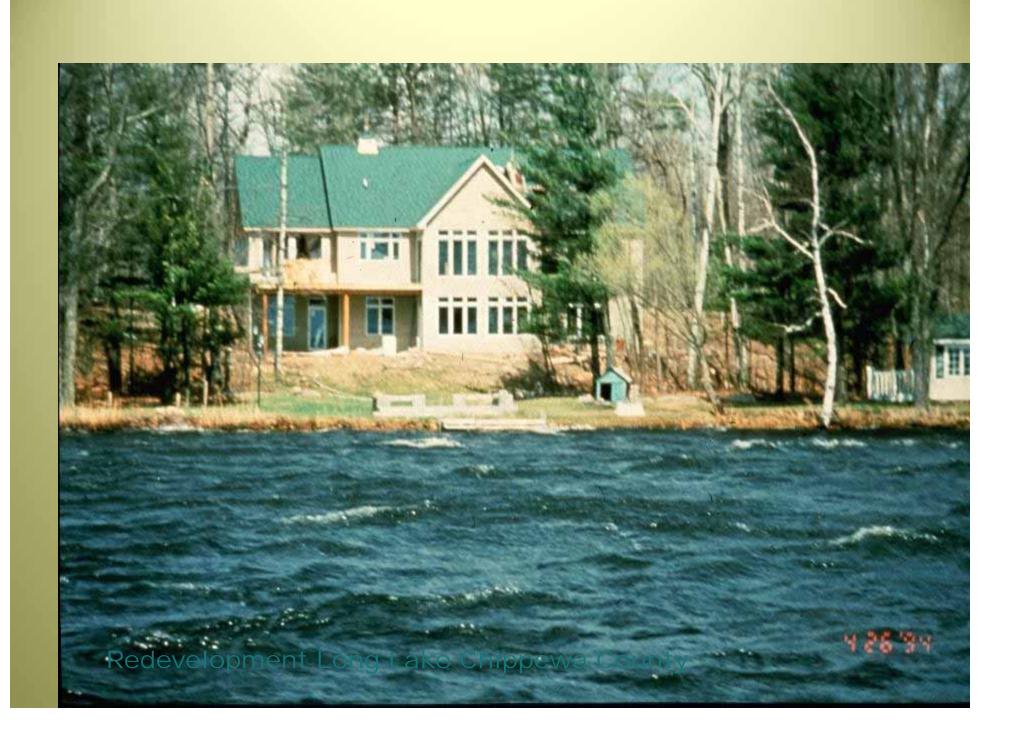
IMPACT ON LAKE (April - Oct.)

- 1,000 ft<sup>3</sup> runoff to lake
- 0.03 lbs. phos. to lake
- 20 lbs. sediment to lake

100 FT

Source: Wisconsin Dept. of Natural Resources

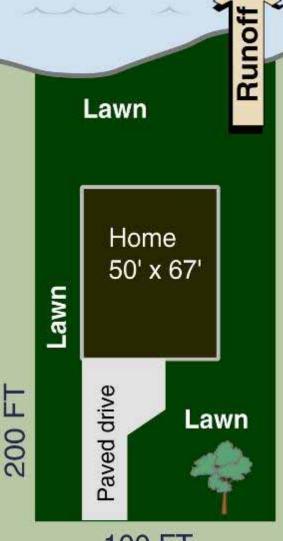




#### 1990s development – Apr.-Oct. phosphorus/sediment

 maintained lawn, soil graded

- 6% slope to lake
- home 3,350 ft<sup>2</sup> perimeter
- paved drive 770 ft<sup>2</sup>



IMPACT ON LAKE (April - Oct.)

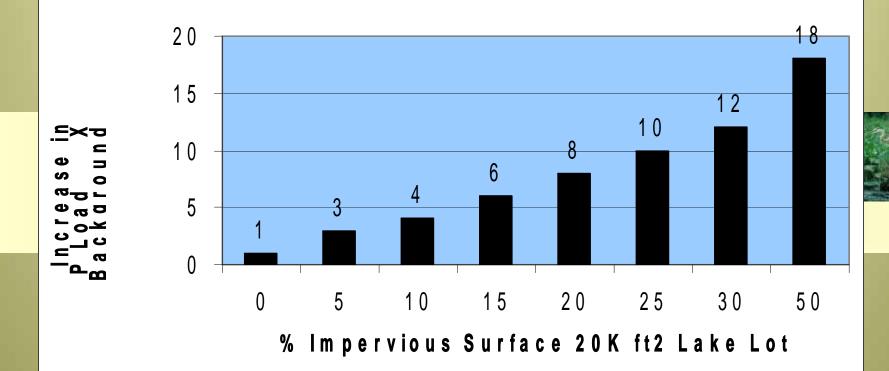
- 5,000 ft<sup>3</sup> runoff to lake
- 0.20 lbs. phos. to lake
- 90 lbs. sediment to lake

100 FT

Source: Wisconsin Dept. of Natural Resources



# Impacts from Impervious Surfaces on Phosphorous Loading





# LEAVING A LEGACY



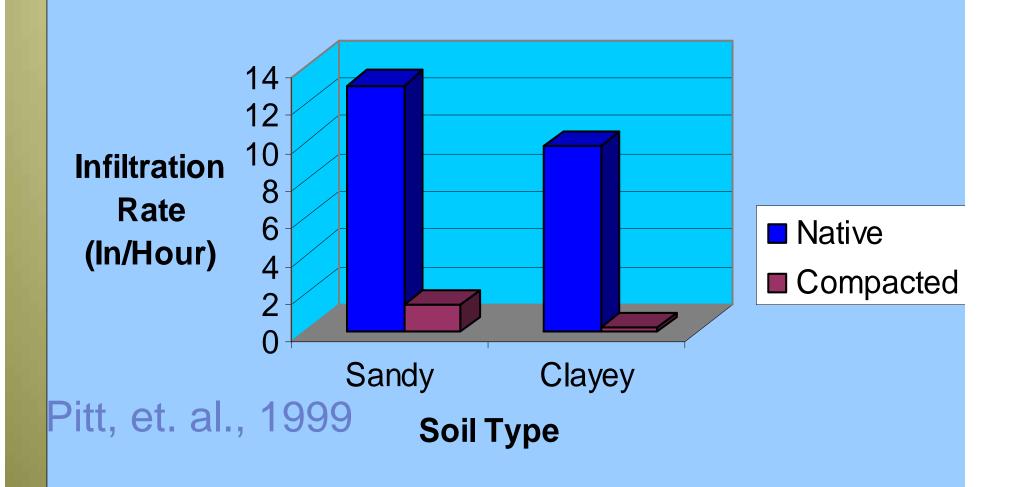
Help Protect Wisconsin's...

LAKE HEALTH.





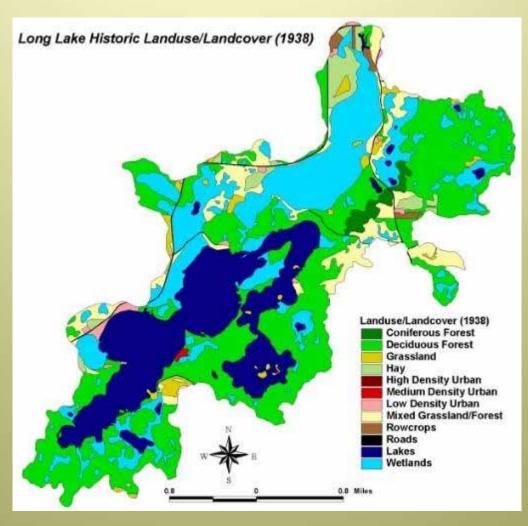




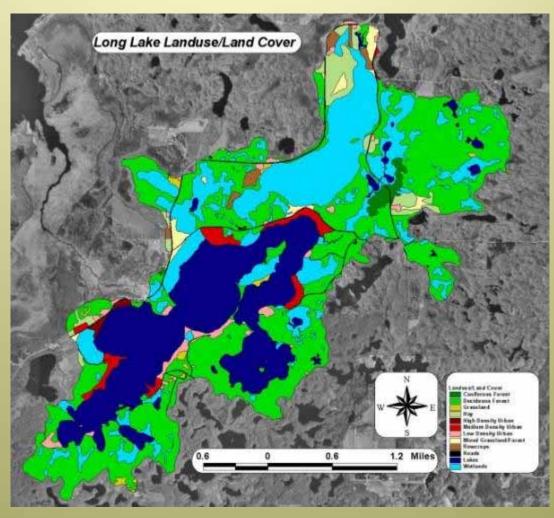
# Reducing Soil Compaction

- Avoid during construction compaction is fore
- Till compacted areas around buildings
- Apply adequate topsoil prior to seeding
- Add organic matter minimum of 5%
- Aerate turf areas annually

#### Watershed Landuse 1938



## Watershed Landuse 2001



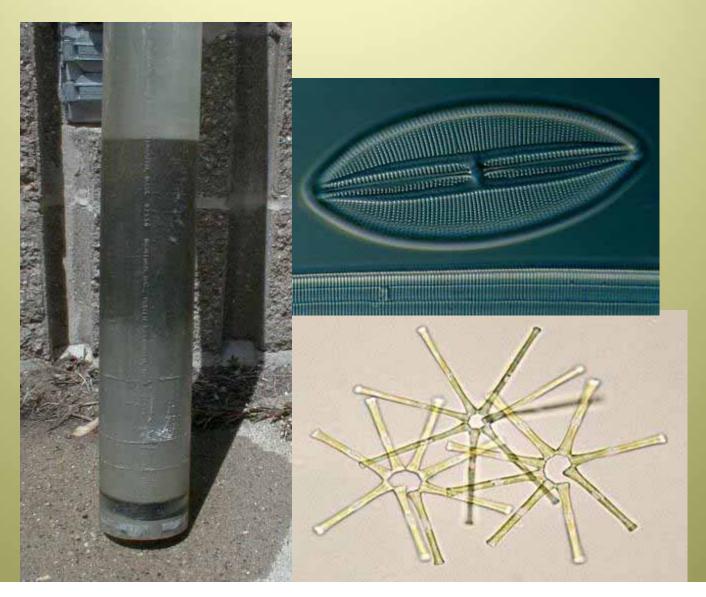
### Watershed Landuse 2001

	Historic	Current
Coniferous Forest	59.99	43.17
Deciduous Forest	1875.29	1983.04
Grassland	98.21	32.37
Hay	136.01	147.08
High Density Urban		14.32
Moderate Density Urban	5.19	104.36
Low Density Urban	39.05	84.01
Mixed Grassland/Forest	383.46	63.12
Roadways	30.92	41.49
Rowcrops	27.61	39.27
Water	1041.81	1193.75
Wetlands	1193.18	11

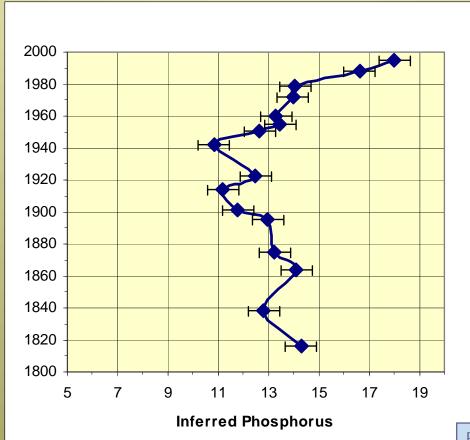
# **Landuse Nutrient Loads 2006**

Landuse	Acres	Kg/Year	Lbs/Year
High Density Urban	17.3	11	24.3
Medium Density Urban	125.7	25	55.1
Rural Residential	101.2	4	8.8
Pasture/Grass	218.7	27	59.5
Wetlands	1144.7	46	101.4
Forest	2089.4	76	167.6
Atmosphere	1052	128	282.2
Septics		6.25	13.8
Total		323.25	712.7

#### PALEOLIMNOLGY

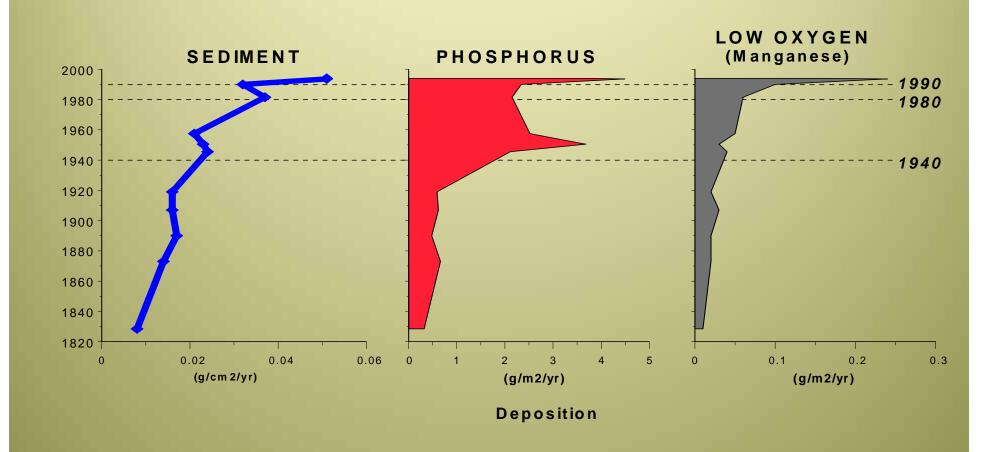


# LONG LAKE Chippewa County





#### LONG LAKE Chippewa County

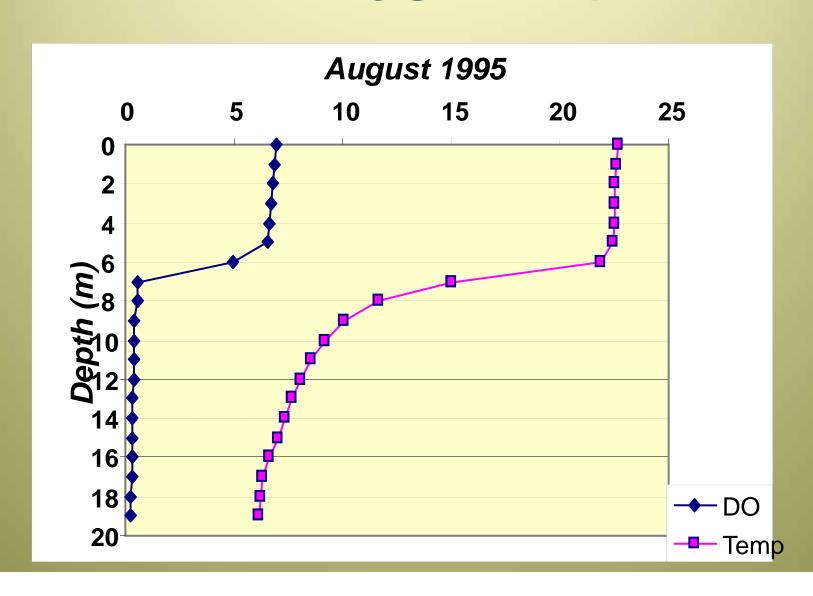


#### SUMMARY

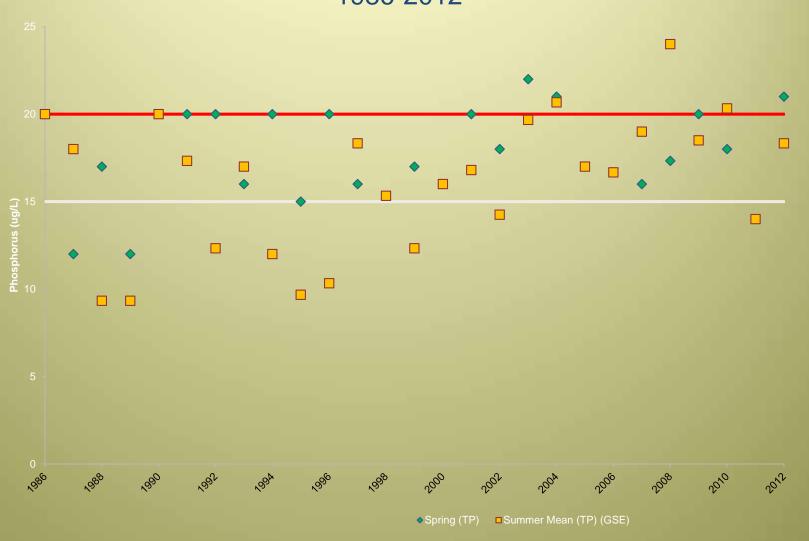
- Development during the early twentieth century had a small impact on the lakes.
- Development during the last 30 years has degraded water quality.
- In Long Lake recent development has increased sediment infilling, phosphorus levels in the surface waters, phosphorus loving diatoms, and decreased oxygen levels in the bottom waters.



# **Dissolved Oxygen Depletion**



Long Lake Spring vs. Summer Mean Total Phosphorus 1986-2012



Goal I. Protect water clarity, prevent the occurrence of algae blooms and reduce nutrient levels in Long Lake.

The families and individuals, particularly our children, deserve to have a lake with clean water to use and enjoy. Protecting water quality will be achieved by reducing the spring turnover total phosphorus concentration to 16-18 ug/l and summer surface total phosphorus concentration to 14-15 ug/l.

#### Semi Shade – Polk County, WI



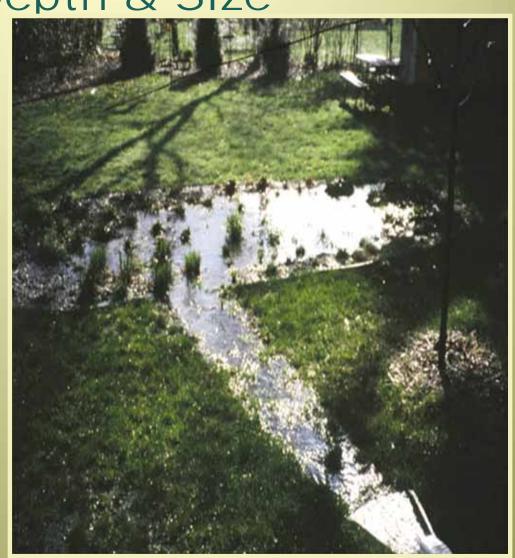


One year later...

Rain Garden Depth & Size

#### Balance between:

- drainage area
- slope
- soil
- desired garden size





# LEAVING A LEGACY



Help Protect Wisconsin's...



WATER RESOURCES.