

UWSP GROUP EXERCISE FALL 2021

Dates of Operation

Live Virtual Classes

Monday, September 13 – Friday, December 17, 2021

No classes during Thanksgiving Break: Monday, November 22, 2021 – Saturday, November 27, 2021

Class schedule available September 12 -- updated monthly!

On-Site Participation Classes at the Allen Center

Monday, September 13 – Friday, December 17, 2021

Class schedule for this time period available September 12, 2021

Current UWSP student participation in Group Exercise is no charge.
Must present UWSP ID at Upper Level Allen Center for access.

Inquire in person: 110 Allen Center

Call 715-346-4711

Email: group.exercise.office@uwsp.edu

Visit Virtually: www.facebook.com/uwsphealthandfitness or
www.uwsp.edu/fitrec

Sign up beginning September 12: www.uwsp.edu/centers/CASE/pages/SPIN.aspx



University Centers
University of Wisconsin-Stevens Point
Fitness and Recreation Programs