



Group Exercise (GX) Operational Policies

ACCESS

- University-issued ID or day pass is required for entry.
- Only UWSP students, faculty and staff are permitted to participate.
- Patrons must check-in for classes at the Allen Fitness Center main desk to receive an access pass.
- Access passes will be available no more than 30 minutes prior to a scheduled class.
- Patrons will be denied access if they arrive at the studio more than five minutes past the class start time.
- Membership fees are non-refundable.

CONDUCT

- Alcohol and tobacco are prohibited in studios.
- Cell phone use is prohibited during Group Exercise classes and in the locker rooms.
- Clothing designed for sport or activity is required. An athletic shirt (must cover chest, sides, back, and stomach), gym shorts or sweat/yoga/athletic pants. Athletic footwear (no open-toe shoes) is expected in Group Exercise classes; exceptions for classes in which participants must take shoes off inside the studio.
- Users must wear clean, non-marking shoes. Street shoes are not permitted.
- Food, gum, candy, tobacco products and beverages (except water) are prohibited.
- Patrons are encouraged to leave personal items locked in locker rooms. If brought to the studios, items must be left in cubbies or on benches provided.
- Inappropriate behavior (fighting, pushing, etc.) and offensive or abusive language is prohibited.
- Glass containers are not permitted in the studios.

EQUIPMENT

- Equipment for Group Exercise classes will be provided. Patrons are welcome to bring their own floor mat for yoga or Pilates.
- All equipment must be used appropriately, in the manner for which use was intended, and in accordance with Group Exercise class expectations.
- Users are expected to clean equipment after each use with the cleaner and towels provided. Please spray the towel, not the equipment, before wiping.
- Complimentary towel service is provided by Group Exercise. Sweat towels are self-service and attendees are asked to limit themselves to one towel per visit.
- Group Exercise is not responsible for lost or stolen items. Personal gear, including coats, sweatshirts, backpacks, and other personal items, must be left in lockers, cubbies or on racks.
- Lockers are available at the Allen Center for long-term and for daily use. Lockers in the lower level hallway are available for members of the Allen Fitness Center for free. Users must furnish their own lock. Lockers in the men's and women's locker rooms are for daily use only. Locks are not permitted on lockers in the locker rooms overnight.

SERVICE DISRUPTIONS AND CANCELLATIONS

- When inclement weather, power outages, or emergency conditions exist, the Allen Center will follow procedures outlined by the UWSP campus. If the main UWSP campus closes, the Allen Center will close until campus resumes normal activity. Members will be notified via email and notifications will be posted on our social media pages for relevant service disruptions.
- If available hours are shortened or cancelled due to any of the aforementioned or other conditions, no make-up sessions, credits or refunds will be offered.
- These policies and procedures are subject to change at the discretion of the University, University Centers or the Fitness and Recreation subunit.