



Adventure Tours University of Wisconsin-Stevens Point

Hiking Zion & Bryce Canyon National Parks

June 15-21, 2018

Tour Leader: Corey Huck

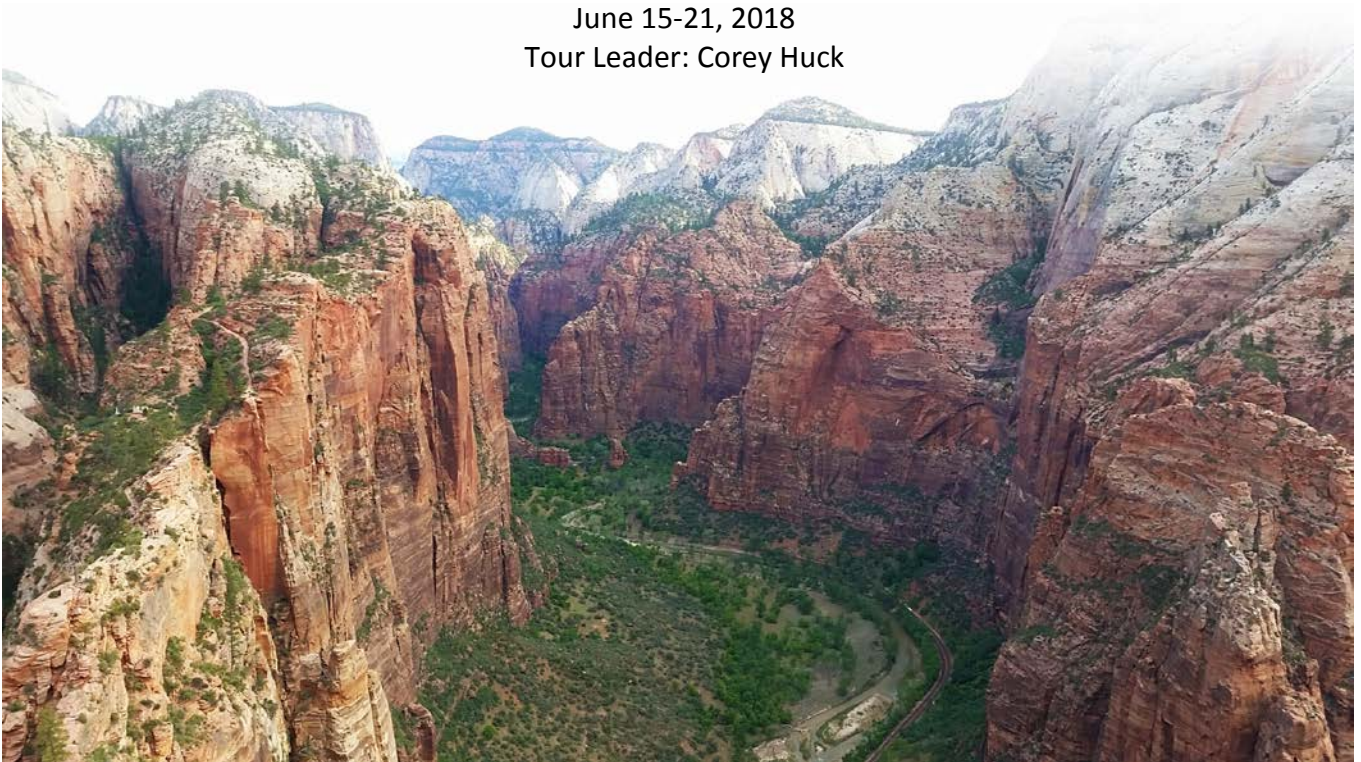


Photo by Corey Huck

Overview

Southern Utah boasts some of the most majestic terrain in the U.S. – Zion National Park and Bryce Canyon National Park. These two popular hiking destinations sit less than 30 miles apart and together make an excellent combination for our newest hiking adventure. With traveler feedback and a desire to develop new hiking adventures, veteran Tour Leader Corey Huck explored Southern Utah this past May to scout out hiking trails, lodging, gear, etc. in these 2 National Parks. The result is an exciting new hiking tour package that will lead hikers through incredible landscapes, navigate some of the best hiking routes available, and give the more adventuresome hikers a chance to push their limits. Get up close to the world's largest array of hoodoos, learn about incredible history & geology with park rangers, and view beautiful giant natural amphitheaters at Bryce Canyon National Park. Rent a bicycle to traverse the Pa'rus Trail, ride the narrated tram through some treasured scenes, and of course hike easy, moderate, and strenuous trails throughout Zion National Park including a chance at an iconic journey through The Narrows. Take in all of this while staying at some of the best quality lodging in these 2 parks - [The Lodge at Bryce Canyon](#) & [Flanigan's Inn](#). Our passion is wellness and adventure and this hiking tour goes beyond these values with an out-of-this-world hiker's experience.

Tour Itinerary

June 15 (Friday) - Arrive in Utah

Meet & pickup at McCarran International Airport (Las Vegas). Shuttle to Bryce Canyon National Park. Take in the awesome scenery and warm up to the park with a moderate hike on the Navajo Loop Trail to Queen's Garden Trail. Catch the sunset on "Sunset Point" and enjoy a welcome dinner. Overnight at [The Lodge at Bryce Canyon](#).
Meals included: Group Dinner.



Corey Huck viewing an amphitheater in BC (by Brie Groskreutz)

June 16 - Explore Bryce Canyon

Now that your legs are seasoned for more activity, hike along the Peekaboo Loop Trail for half the day. Begin at Bryce Point and descend quickly to the canyon floor. You'll enjoy spectacular landscapes but this trail will take a toll on your stamina – it's listed as "strenuous" by the NPS due to the rapid elevation change and length. After a group lunch, enjoy a free afternoon relaxing or hiking on your own or with a buddy. Have fun but don't overdo it, you'll be hiking at least 3 more trails in Zion. Overnight at [The Lodge at Bryce Canyon](#).
Meals included: Group Lunch



The hoodoos in BC (by Corey Huck)

June 17 - Transfer to Zion National Park

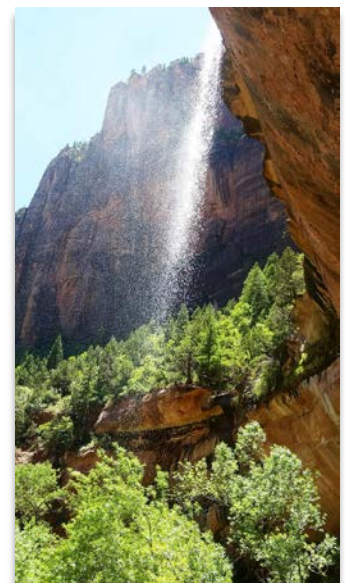
Morning shuttle to Zion National Park. Today, explore trails on the lighter side – Emerald Pools to Kayenta Trail (with minor drop-offs), Weeping Rock (steep, but short), Riverside Walk (tracks along the Virgin River through a narrow canyon), Grotto Trail (connects to Zion Lodge), etc. Rest up and then gather for a group dinner at [Bit & Spur](#). Overnight at [Flanigan's Inn](#) – a holistic hotel with quality rooms, dining, and options for Yoga, Pilates, meditation, and more...
Meals included: Group Dinner

June 18 - Hiking the Trails of Zion National Park

Strap the boots on early to get a half day in on the East Rim Trail hiking to Observation Point. Another strenuous trail, this track ascends through Echo Canyon to viewpoint of Zion Canyon. It's easy to spend 6 hours navigating this trail with 2,150 ft. of elevation change. The rest of your afternoon is free for relaxation, soaking in the pool, and/or hiking further. Overnight at [Flanigan's Inn](#).
Meals included: None

June 19 - Big Day in Zion

Shuttle transfer to West Rim Trail Head. Navigate south on this 14 mile trail from Lava Point to The Grotto. Not for the beginning hiker, part of this trail skirts a steep narrow ridge to the summit and contains some long drop-offs. Your body and mind will be challenged, but the reward here is immeasurable. Overnight at [Flanigan's Inn](#).
Meals included: None



Emerald Pools in Zion (by Corey Huck)



The Narrows in Zion (by Corey Huck)

June 20 - The Narrows

Some of the most recognizable imagery of Zion is from The Narrows. Strenuous & risky, exploring The Narrows requires extra precaution & extra gear. This stretch isn't for everyone, but if good conditions exist, you'll have a chance to hike through The Narrows safely. You take the "Bottom Up" route with the possibility of reaching Orderville Canyon. Using the restroom at the Temple of Sinawava is best as there are none in The Narrows. Return early evening to enjoy a farewell dinner and recollect your journey's favorite experiences. Overnight at [Flanigan's Inn](#).
Meals included: Farewell Dinner

June 21 (Thursday) - Travel Home

Shuttle to McCarran International Airport (Las Vegas).
Meals included: None



Poolside at Flanigan's Inn (by Corey Huck)

COST: \$2,349.00 (USD)

MY OWN ROOM: \$950 (USD)

INCLUDED: The cost includes all accommodations (4 star quality lodging in or nearby the National Parks), meals (as specified in itinerary), all shuttle transfers listed, gear rental for The Narrows, parks' entrance fees, and 1 UWSP Adventure Tours Tour Leader (experienced in Zion, Bryce Canyon, Grand Canyon, and other terrain). Also included are a physical training program, traveler handbook, and traveler orientation for preparations before the tour.

NOT INCLUDED: Roundtrip airfare (or other transport) to Las Vegas, extra purchases (such as souvenirs, alcoholic beverages, and lodging sundries), local drivers' and guides' gratuities, extra activities, laundry services, and travel insurance.

PLEASE NOTE: The cost includes land only rate, per person, with double occupancy accommodations. Single rooms ("my own room") may be limited. Depending on weather and other variables, some activities or accommodations may change prior to or during the tour. Gratuities for local drivers & guides may be coordinated with the Tour Leader in person. This tour will accommodate most fitness/health levels, however it is suggested that all participants have at least a moderate/fair level of fitness and health. Training is also recommended to increase your (and the group's) safety as well as to maximize enjoyment of the many hiking trails. There is free time and suggested options built into the itinerary to maintain flexibility and ensure a fun wellness adventure for everyone aboard.

SCREENING: A pre-departure exercise capacity screening test is required. This is a treadmill test which can be completed in-person at our UWSP Health and Human Performance Lab or by sending in your results (honesty is critical for your safety). Please see the registration form for more details.

TOUR LEADERS: Corey Huck

GROUP SIZE: 10-15 hikers

CONTACT: Trevor Roark, 715-340-8186, adventure.tours@uwsp.edu

REGISTRATION: Register online with a check or via credit card OR print registration, complete, & mail along with \$300 (pp) nonrefundable deposit.

WEBSITE: uwspadventuretours.com