### UWSP Requirements [credits] | Equivalencies
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**Sem 1**
- B I O L 160 Intro to Animal Bio (NSC) [5] | B I O L 130
- or B I O L 101 General Biology (NSC) | - B I O L 123
First Year Seminar (FYS) [3] | ---
- P S Y C 110 Intro to Psychology (SS) [3] | P S Y 201 or 202
**Sem 2**
- C H E M 101 Basic Chemistry (NSC) [5] | ---
- H P / W 102 Healthy American (WLN) [2] | H H P 102 or 160
- H P / W 110 Careers in HP/W [1] | ---
- Environ Resp GEP (choice) [3] | See GEP Note
Arts GEP (choice) [3] | See GEP Note
**Sem 3**
- F N 253 Intro to Nutrition & Metabolism [3] | ---
- H D 265 Human Development (SS) [3] | ---
- or P S Y C 260 Developmental Psyc | - T E D 252, 253, or P S Y C H 210
- P E 271 or B i o 387 Human Anatomy [3-4] | ---
**Sem 4**
- or P S Y C 385 Health Psychology | ---
- U S Diversity GEP (choice) [3] | See GEP Note
- Humanities GEP (choice) [3] | See GEP Note
**Sem 5**
- Elective #1 in career area [3] | ---
**Sem 6**
- Elective #2 in career area [3] | ---
- Historical Perspectives GEP (choice) [3] | See GEP Note
**Sem 7**
- Elective #3 in career area [3] | ---
- Global Awareness GEP (choice) [3] | See GEP Note
**Sem 8**
- H P / W 450 Internship [12] | ---

Questions regarding this program can be directed to:

**HPHD Academic Adviser**

**UW-Stevens Point** ▪ **School of Health Promotion and Human Development** ▪ **Room 216, College of Professional Studies** ▪ **Stevens Point, WI 54481**

**Phone:** (715) 346-3233 ▪ **Email:** hphdadviser@uwsp.edu

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### Transfer Guide: Sample Program of Study for the UWSP Health Promotion/Wellness Major

**UW-Superior Course Equivalencies**

**Health Promotion/Wellness 110, 210 and 290 are only offered at UWSP.**

Due to sequencing (and the requirement that these courses must be completed prior to applying for full admission to the major), transfer students can expect to spend 4-5 semesters at UWSP.

**To be admitted to the Health Promotion/Wellness program as a pre-major, students must achieve and maintain a 2.75 cumulative GPA.**

**To be fully admitted to the major, students must complete an application process after transferring to UWSP and completing the requisite courses. Thirty students are admitted each semester.**

### General Education Program

To determine appropriate courses to fulfill UWSP General Education Program (GEP) requirements, use the Transfer Information System (http://tis.uwsa.edu/wizards) or the General Education Program Transfer Guide (http://www.uwsp.edu/admissions/Pages/Applying/transferGuides.aspx).

**General Education Program (GEP) category abbreviations:**

- **F Y S** = First Year Seminar
- **G A** = Global Awareness
- **G E P** = General Education Program
- **H U** = Humanity
- **H P** = Historical Perspective
- **H S** = Social Science
- **M A** = Mathematical Awareness
- **O C** = Oral Communication
- **P L** = Quantitative Literacy
- **P R** = Personal Responsibility
- **S S** = Social Science
- **W L N** = Wellness
- **W R I T** = Written Communication
- **W R I T** = Written Communication
- **W S P** = Writing Skills

**Transfer students pursuing the Health Promotion/Wellness major will not be required to take a First Year Seminar course if transferring with two semesters of college experience.**

For more information about this major at UWSP, please visit [http://www.uwsp.edu/HPHD/Pages/Majors.aspx](http://www.uwsp.edu/HPHD/Pages/Majors.aspx).

Updated 1/9/15