



All Services provided
at No Cost!

Visit Our Homepage:

<http://www.uwsp.edu/special/upbound>

To Learn More:

*Meet with your counselor at school or
call*

Upward Bound

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Travel to New Places

Improve Your Grades

**Find Money for
College**

Meet People

**Get a Head Start in
School**

Have Fun!



Upward Bound

University of
Wisconsin- Stevens Point

**Preparing Students for
college through:**

- ◆ Academic Counseling
- ◆ Career Planning
- ◆ College Visits
- ◆ Six-week Summer Program
- ◆ Parent/Student Workshops
- ◆ Tutoring
- ◆ ACT Test Preparation
- ◆ Financial Aid Assistance
- ◆ Events Throughout the
School Year

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Being in Upward Bound

will help you to:

- ◆ Prepare for a college education
- ◆ Improve your grades and test scores
- ◆ Earn high school credit
- ◆ Learn decision-making skills
- ◆ Make new friends
- ◆ Explore various careers
- ◆ Participate in academic, cultural and recreational activities
- ◆ Have GREAT summers
- ◆ Visit college campuses both in and out of the state.

Upward Bound is a federally funded TRIO program designed to improve high school students' academic skills and decision making skills while building the self-confidence necessary to prepare them to obtain a college education.

Upward Bound Eligibility

Students must be enrolled in one of Upward Bound's target schools. Students must be entering the ninth grade but not have completed the tenth grade to apply. Potential participants are from 13 to 18 years of age. Students must also meet one or ideally both of the items below :

1. **Potential First Generation College Student** - means that a participant comes from a family where no parent has earned a four-year degree.
- AND/OR
2. **Low Income** - a participant's family income is at or below federally determined low income levels.

◆ **Students fulfilling both # 1 and #2 above have the best chance for admission.**

Students in 8th, 9th and 10th grade must have a C average (2.00 on a 4.00 scale), be enrolled in college prep classes, and have a goal of entering a college of choice, either a university or a degree granting technical school.

Upward Bound Facts

- ◆ Upward Bound stresses schoolwork first.
- ◆ The program serves college bound high school students from 10 target high schools within central and northern Wisconsin.
- ◆ Students from all cultural backgrounds participate.
- ◆ Once accepted, an "Upward Bounder" is expected to participate until graduation from high school.
- ◆ Students participate year round and are required to attend approximately 3 out of 4 summer sessions during 4 years of enrollment.
- ◆ The program serves approximately 80 students per year.
- ◆ The program spends about \$5,200 per year, per participant.

The **UPWARD BOUND PROGRAM** consists of academic year assistance, postsecondary planning, and a six-week summer session annually where participants enroll in classes to improve their skills and take part in career exploration/self-development exercises. Additionally, a multitude of cultural and recreational activities are offered. Students receive a weekly stipend during the summer session. Stipend Awards are contingent upon a student displaying good academic attitude and positive behavior.

The Upward Bound Summer Session

A six-week residential program held on UW-Stevens Point campus. All selected participants are required to attend. Students live in a residence hall and attend classes to enhance reading, writing, math, laboratory science and foreign language proficiencies. Students may elect to take classes in social science, history, computer skills, European studies, career and self-development, physical education, etc. Participants in their second and third years of high school receive extra assistance to take college entrance exams. Ninety-minute tutorial sessions are conducted each evening by Upward Bound tutors to help students with their class assignments. All participants have the opportunity to learn various aspects of specific careers by visiting businesses and industries. Guest speakers from many different professions are utilized to spark student interest in college. The summer session tries to enhance students' social and cultural awareness as well. By visiting colleges, museums, theaters, art galleries, zoos, and parks, students gain exposure to a wide variety of events not otherwise available to them at home. Activities such as bowling, games, rafting, canoeing, camping and intramural sports are hosted to help students develop their social skills as well as leadership in group situations. All activities during summer session are designed to promote each participant's self-esteem. Summer session operates seven

Upward Bound Expectations

Participants are expected to commit themselves to maintain satisfactory academic progress during the school year, attend scheduled school sessions and maintain a positive attitude towards academics. This commitment requires Upward Bounders to attend workshops and other activities during the school year. Students must abide by rules and regulations governing participant conduct and the rights of others. Attendance at Upward Bound events better prepares students for college.

How to Apply

Obtain applications by contacting your school guidance counselor or calling 715-346-3337. Applications for new participants are accepted starting in mid-January. Once completed applications are received, the applicant is contacted to schedule an interview with one or more staff. Upward Bound enrollment/selection is a competitive process. As a rule, there are more applicants than available openings within the Upward Bound Program.

◆ **Approximately 90% of our graduates go to college.**

Upward Bound Strictly adheres to the Americans with Disabilities Act (ADA) 1990.