

Required Foundation Knowledge in Nutrition

Students who enter the Nutritional Sciences program with deficits in fundamental nutrition knowledge will be required to fulfill the following coursework (at UWSP or equivalent courses elsewhere) **IN ADDITION** to the 30 credits of graduate coursework: FN253 and FN373.

FN 253 Introduction to Nutrition and Nutrient Metabolism

This course provides the students with an understanding of the scientific basis for and appropriate use of nutrient recommendations and dietary guidelines; the digestion, metabolism, use of nutrients; and the interrelationships of foods and nutrients.

FN 373 Nutrition Throughout the Life Cycle (Prerequisite = FN 253)

This course provides the students with an understanding of the nutritional requirements, challenges, and eating patterns throughout the life cycle. These issues are applied to understanding community nutrition programs targeted to different stages of the lifespan.

Equivalent courses available through distance learning from other institutions are listed below. If you identify another institution that offers a course you think may satisfy the above two required foundation courses, please confirm with nutrition faculty at UWSP whether the course satisfies the necessary competencies by providing one of our faculty with the course title and number, course description, and copy of the syllabus.

Intro to Nutrient Metabolism

Cuyahoga Community College
Basic Nutrition 1200
Judith.kaplan@tri-c.edu
sharon.doughten@tri-c.edu

Lifecycle Nutrition

Parkland College
<http://www.parkland.edu/>
DTP 126 - NUTRITION & LIFE CYCLES
Jane Valentine MS RD LDN
jvalentine@parkland.edu

University of Medicine and Dentistry of New Jersey
<http://www.umdnj.edu/>
NUTR 3300E Current Concepts/Trends Across the Lifespan
Marcia Richards
richarm1@umdnj.edu

Chemeketa Community College
<http://www.chemeketa.edu/index.html>
NFM240, Nutrition in the Lifecycle
Alfreda A. Raymon
araymon@cp.chemeketa.edu

Mississippi State University
<http://www.distance.msstate.edu/>
FNH 4353 - Nutrition Throughout the Life Cycle
Dr. Fauzia Khan
fak1@msstate.edu