



*A legacy of caring*

## Bachelor of Science – Dietetics

### Program Description:

The Dietetics program prepares individuals interested in becoming specialists in food and nutrition. Graduates may work in the health care setting, food service management, research, development and community programs. Upon completion of the Dietetics program curriculum students are eligible to apply for a supervised internship at one of approximately 258 institutions across the country. Once the internship is completed, students take the national registration examination to become a Registered Dietitian.

The Dietetics Program at UWSP is currently granted Developmental Accreditation by the Commission on Accreditation for Dietetics Education of the American Dietetic Association, 216 W. Jackson Blvd., Chicago, IL 60606-6995, 312/899-5400. This Association is the professional organization for dietetics practitioners.

### Faculty:

**Jasia Steinmetz, PhD, RD, CD** (UW-Madison)  
**Judie Pfiffner, MS, RD, CD** (UW-Stevens Point)  
**Denise Brennecke, BS** (Univ. of IA-Iowa City)



**Annie Wetter, PhD** (UW-Madison)  
**Deborah Tang, MS, RD** (UW-Stevens Point)

### Career Opportunities:

A Registered Dietitian (RD) is a professional who provides reliable, objective nutrition information, separates facts from fads, and translates the latest scientific findings into easy-to-understand nutrition information. The letters "RD" after a person's name signify that he/she has completed academic and practical experience requirements established by the Commission on Dietetic Registration and has passed the national examination. Career opportunities include, but are not limited to the following:

Community Dietitian: work for government & public health agencies.

Research Dietitian: work in laboratories, food and pharmaceutical companies, universities, and hospitals, directing or conducting experiments.

Educator Dietitian: work in colleges and technical institutions educating about the science of food and nutrition.

Clinical Dietitian: work in hospitals, HMO's clinics and nursing homes as part of a medical.

Management Dietitian: work in foodservice departments of hospitals, schools, day care centers, correctional facilities, nursing homes, and restaurants.

Consultant Dietitian: have your own business; work in health care facilities, medical clinics, nursing homes, private industry, health clubs, consumer affairs, public relations, marketing, or product development.

## (BS) Sample Program of Study for the Dietetics Major

Freshman – Semester 1	Credits	Freshman – Semester 2	Credits
English 101 Freshman English	3	English 102 Freshman English	3
Chem 105 Fundamental Chem <i>or</i>	5	Chem 106 Fundamental Chem	5
Chem 117 General Chemistry Principals <i>*For students who meet Chem 117 criteria</i>	5 (F)	Biology 101 General Biology <i>or</i>	5
Soc 101 Intro to Sociology <i>or</i>	3	Biology 160 Intro to Animal Biology	
Anthro 101 Human Diversity		FN 106 Introductory Foods	3
Math 100 College Algebra	3		
FN 101 Intro to Profession of Dietetics	1 (F)		
FN 151 Contemporary Nutrition	2		
<b>Total Credits</b>	<b>16-17</b>	<b>Total Credits</b>	<b>16</b>
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Sophomore – Semester 3	Credits	Sophomore – Semester 4	Credits
Comm 101 Fund of Oral Comm	2	Econ 210 Principles of Macroecon.	3
FN 246 Advanced Foods	3 (F)	Bio 285 Human Physiology	4
FN 253 Intro to Nutrition	3	Chem 260 Elem. Biochem.	4 (S)
Psych 110 General Psych	3	FN 248 Dietetic Management	2 (S)
Chem 220 Organic Chemistry	4	WL A/A (choice)	1
<b>Total Credits</b>	<b>15</b>	<b>Total Credits</b>	<b>14</b>
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Junior – Semester 5	Credits	Junior – Semester 6	Credits
Biology 387 Human Anatomy	4 (F)	FN 393 Educational Techniques in Dietetics	2 (S)
Human Dev. 265 Human Growth	3	HP/W 312 Exercise Physiology	3
FN 357 Ecology of Foods (EL)	3 (F)	FN 347 Intro to Food Service	4 (S)
FN 373 Nutrition Throughout the Life Cycle	3 (F)	Math 355 Elementary Statistical Methods	4
		Humanities (choice)	3
<b>Total Credits</b>	<b>13</b>	<b>Total Credits</b>	<b>16</b>
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Senior – Semester 7	Credits	Senior – Semester 8	Credits
Humanities (choice)	3	History (choice)	3
FN 448 Foodservice Oper. Mgmt.	4	FN 455 Medical Nutrition Therapy	4 (S)
FN 457 Advanced Nutr & Human Metab.	3 (F)	FN 456 Adv. Community Nutrition	4 (S)
FN 454 Nutritional Assess & Counseling	3 (F)	Biology 333 General Microbiology	4 (S)
FN 400 Professional Issues in Dietetics	2 (F)		
<b>Total Credits</b>	<b>15</b>	<b>Total Credits</b>	<b>15</b>

\* F = Offered Fall semester only

S = Offered Spring semester only

Work with your advisor to be sure you meet all GDR including Writing Emphasis, Non-Western, Minority Studies and Environmental Literacy courses.

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