

Details

The heart of Nike is built around one simple idea -- innovate. Whether that innovation is called Nike Air or ACG or Nike Swift or Nike Shox, the principle is the same: think something that nobody has thought before, or improve something that already exists. It's how we create our products, and it's the way we treat the people we work with.

So take chances. Think bigger than the next achiever. Just know one thing. The more you succeed, the higher we'll raise the bar.

But would you really want it any other way?

As our **Wellness Coordinator**, with WC management and team, you'll develop a plan of action in line with Nike's strategic corporate initiatives. You'll conceptualize programs that support these initiatives surpassing the needs of employees and family members. You'll analyze statistical information from program results to identify trends and utilization in order to track progress and future programming needs that fit within the WC business plan and budget. You'll review and interpret information passed along from the WC management and contributing Nike departments outside the WC to determine what services will best achieve the WC strategic initiatives. You'll build a strong network of reliable vendors/contractors by selecting each upon evaluation of technical expertise and services within the community. You'll work with Nike Legal to ensure quality service by developing contracts specific to vendors and contractors. You'll build an on-line schedule utilizing existing template and create verbiage for marketing these services to Nike employees and their families. You'll develop marketing strategies and collaborate with Sports Center Marketing Team to implement the communication of health/wellness programming. You'll also conduct cost analysis and forecast financial expenditure for design and implementation of current and future health/wellness programming to reflect budget responsibility. Based on this information, you'll create programs from beginning to end, including program logistics, scheduling, marketing strategies, and purchasing of associated equipment and supplies. And upon completion of program, you'll report final project expenditures, obtain customer feedback, and conduct self-evaluation. You'll utilize this information to determine how to improve future programs. You'll conduct research current methods of fitness testing to ensure that Nike's Fitness Testing Services continue to exceed client expectations. Using ACSM standards as a guide, you'll conduct assessments to determine client results for body composition, blood pressure, cardio respiratory, muscular endurance, flexibility, lung function, resting heart rate and rhythm, exercise and recovery data; analyze results of above fitness tests and educate clients on their current fitness level, their risk for various diseases and the impact of this risk on their current health status. Based on client's motivation level and commitment, you'll determine best approach for improvement and develop a personalized program with client driven goals for future follow up. You'll also coach client through behavior change process. You'll also collaborate with contracted cardiologists to review EKG data. In the event that an abnormality is found, you'll notify client of cardiologist's finding and educate them on the importance of follow up with their own doctor. You'll require physician clearance for future fitness testing. In addition, you'll maintain

certification and achieve continuing education in the field of nutrition, coaching, behavior change, exercise science and safety/first aid.

Requirements for the position include:

- Bachelor's degree in Health promotion, exercise science or related field
- Minimum 3 years work experience with Health Promotions or fitness testing and exercise prescription
- Extensive knowledge in exercise science, exercise prescription and health promotion.
- Knowledge of exercise/fitness terminology, regulation and safety practices and policies
- Advanced skills in Microsoft office products including Word, Excel and PowerPoint.
- Ability to use the internet/intranet as a resource for department work and activities
- Requires superior customer service skills including the ability to exercise a high degree of professionalism and to communicate effectively with individuals at all levels of the organization
- Strong verbal and written communication skills
- Must be able to meet the physical requirements of the position with or without reasonable accommodation, including standing, crouching and walking several hours at a time, and the ability to lift up to 20 pounds continually
- First Aid Training- American Red Cross or comparable program
- Basic Life Support Certification
- American College of Sports Medicine Certification ACSM preferred

Interested yet? Good. Us too. We're pretty sure you'll want to know we offer one of the most generous benefits packages around. Things like a stock purchase plan, a 401(k) retirement plan, casual work environment, childcare and a host of other perks we don't have room to mention here.

We're interested in learning more about you and appreciate you taking the time to apply online.

Please apply online www.nikebiz.com/careers and reference **Job Number 044236**.

Nike, Inc. is an equal opportunity employer (EOE) that strives to create a diverse workforce and an inclusive culture.