

MediFit Corporate Services Sioux Falls

MediFit Corporate Services Inc. is a national, award-winning consulting and management firm that specializes in the design and delivery of worksite health promotion, fitness management and rehabilitation services.

We are currently recruiting for a **Health Fitness Specialist** to work at our client's fitness facility in **Sioux Falls**. Apply online at <https://careers.medifit.com> - This position is requisition 09-0231.

This is a temporary position with full or part time hours available.

PRINCIPLE ACCOUNTABILITIES:

- Supervise exercising participants and monitor accordingly
- Create, implement and evaluate membership incentive programs
- Perform fitness assessments, conduct exercise prescriptions, and orient a variety of populations, including high risk
- Create, implement, and evaluate specialty programs
- Instruct group exercise classes
- Perform administrative tasks associated with facility operations

Qualified applicants will have a 4 year degree in a health/fitness field of study, CPR and First Aid certifications, excellent organizational and interpersonal skills. Experience teaching group exercise is desired.