

# School of Health Promotion & Human Development

## DIVERSITY OBJECTIVES

Course	Course Title	Diversity Objective(s)
HPW 101	Careers in HP/Health Protection	<ol style="list-style-type: none"> <li>1. Students will identify one professional journal article that details how various ethnic groups receive health care services.</li> <li>2. Students will be encouraged to develop a second language and select an appropriate foreign language minor.</li> <li>3. Students will be encouraged to build in a semester abroad experience into their career plan.</li> </ol>
HPW 102	The Healthy American	<ol style="list-style-type: none"> <li>1. All students will have the opportunity to do group work with at least two people with differing ethnic backgrounds. Class discussion processes will steer people with diverse backgrounds into discussion teams.</li> <li>2. Students will be encouraged to participate in at least two community agency volunteer activities.</li> <li>3. Technical health information which illustrates how different ethnic populations receive health care will be incorporated into lecture formats.</li> </ol>
HPW 107	Career Exploration	
HPW 107	Special Topics in Seven Dimensions of Wellness	<ol style="list-style-type: none"> <li>1. Demonstrate an awareness of the importance of a "multi-cultural worldview" as part of a healthy spiritual community.</li> </ol>
HPW 202	Personal Wellness and Group Exercise Leadership	<ol style="list-style-type: none"> <li>1. Demonstrate a basic respect for all people. Understand working with all types of people regardless of gender, age, race, nationality, economic background, or sexual orientation</li> </ol>
HPW 248	Creating Healthy Relationships	<ol style="list-style-type: none"> <li>1. Appreciate the special challenges of relationships of homosexuals, and be respectful &amp; supportive</li> </ol>
HPW 290	Psychological Aspects of Health	
HPW 300 -WE	HP/Protection Programming: Design, Techniques, and Resources	<ol style="list-style-type: none"> <li>1. Demonstrate respect for diversity when presenting programs to an alternative school audience. Each person will be treated with caring and respect regardless of gender, age, nationality, sexual orientation, race, socioeconomic status, religious affiliation and learning ability.</li> <li>2. Demonstrate how to create an effective program mix using a program calendar and giving consideration to diversity within the target audience.</li> </ol>
HPW 304	Behavior Change Facilitation	<ol style="list-style-type: none"> <li>1. Demonstrate a basic respect for all people. Understand working with all types of people regardless of gender, age, race, nationality, economic background, or sexual orientation</li> </ol>
HPW 312	Exercise Physiology	<ol style="list-style-type: none"> <li>1. Discuss how genes, race, culture, gender, environment, socioeconomic status, etc influence exercise performance. Discuss how these factors may impact the ability, access and importance of health behaviors like exercise. Examine the range of physiologic difference (as related to exercise) between groups as compared to within groups.</li> </ol>
HPW 320	Developing Stress Management Programs	<ol style="list-style-type: none"> <li>1. Conduct in-depth interviews, read literature and discuss stressors specific to race, culture, disability, sexual preference or other individual uniqueness to determine stressors that are unique to being a person in a minority group.</li> </ol>
HPW 403	Preprofessional Transition	<ol style="list-style-type: none"> <li>1. To explore varying perspectives, including those of individuals of different cultures and diversities within the professional field and workplace</li> </ol>
HPW 410	Promoting and Marketing Wellness	
HPW 420-1 WE	Health Promotion Management	<ol style="list-style-type: none"> <li>1. Describe considerations which would allow a professional to work successfully with populations of varying racial origin, economic backgrounds, learning abilities, language and readiness levels.</li> </ol>
HPW 430-1	Advanced Practicum- Community Agencies	<ol style="list-style-type: none"> <li>1. Provide diverse local community members services through community service (volunteer) work.</li> </ol>
HPW 430-2	Advanced Practicum in HP-Adventure Tours	<ol style="list-style-type: none"> <li>1. Market programs for generational diversity; include Gen X, Gen Y, boomers and beyond in programming promotions and strategies.</li> </ol>
HPW 430-3	Advanced Practicum in HP- Employee Wellness	<ol style="list-style-type: none"> <li>1. Demonstrate awareness of diversity on the UWSP campus and work respectfully with all people at all times.</li> </ol>

HPW 430-4	Advanced Strength Practicum	1. Become familiar with the diversity of individual needs and barriers (environmental, financial, sociocultural, physical) to physical activity and how to respond appropriately to people seeking help from health promotion professionals.
HPW 430-5	Exercise & Nutrition Practicum	1. Become familiar with the diversity of individual needs and barriers (environmental, financial, sociocultural, physical) to physical activity and how to respond appropriately to people seeking help from health promotion professionals.
HPW 430-6	Facilities Management	
HPW 430-7	Health Advocates	
HPW 450	Internship in HP/W	1. Participate in at least one on-site work experience involving diverse populations
HPW 640	Health Behavior Change	1. Demonstrate a basic respect for all people. Understand working with all types of people regardless of gender, age, race, nationality, economic background, or sexual orientation
HPW 770	Grants & Funding for Organizations & Small Projects	1. Gain an understanding of Human Subjects Review process and requirements
FN 101	Intro to the Professions of Dietetics & Nutrition	1. Recognize how globalization will impact dietetics and require language skills and knowledge of cultural differences.
FN 106 Lab	Introductory Foods	
FN 106-lec	Introductory Foods	1. Apply basic principles for modifications of recipes and menus for health, economic or cultural factors.
FN 151	Contemporary Nutrition	1. Understand the influence of socioeconomic, cultural and psychological factors on food acceptance.
FN 246	Food Science	1. Students will have an increased awareness of cultural cuisines.
FN 248	Health Management	
FN 253	Into to Nutrition and Nutrient Metabolism	<ol style="list-style-type: none"> <li>1. Discuss how individual differences in nutrient need results from genetic variation, age, gender, and health status. Discuss how these factors may or may not be taken into account in formulating dietary recommendations.</li> <li>2. Discuss how an individual's ability to achieve healthy dietary patterns depends upon ethnicity, culture, socioeconomic status, local physical environment, and other personal factors.</li> <li>3. Discuss the implications of these factors (as enablers and barriers) and how health promotion professionals can take them into account when addressing different target populations.</li> </ol>
HPW 305	Epidemiological Factors in HP/Protection	1. describe interactions of society, ecology and culture on health outcomes
FN 342	Menu Planning Applications	1. Translate nutrition needs into menus for individuals and groups, considering cultural factors and others.
FN 347	Into to Food Service	<ol style="list-style-type: none"> <li>1. Discuss the necessity of managers to strive to become aware of and be sensitive to the different needs and concerns of their employees and customers.</li> <li>2. Discuss how taking these differences into account, such as health status, disabilities, cultural factors, is essential for the successful operation of any foodservice operation.</li> <li>3. Increase competence in cross-cultural communication by being aware of one's own cultural background and worldview and being sensitive to other's background and worldview as it applies to food service operations.</li> </ol>
FN 357-EL	Ecology of Foods	<ol style="list-style-type: none"> <li>1. Describe the interplay between local food choices and global concerns. The interconnectedness between culture, natural resources, economic systems and political realities will be investigated within the context of differing cultures.</li> <li>2. Students will be able to trace their own food choices through the food shed and cogently discuss the impact of these choices in terms of cultural, social, economic and environmental effects.</li> <li>3. Appreciate the view of the changing cultural effects of diet across countries and throughout time.</li> <li>4. Be aware of the global ramifications of food choices on various economic, political, cultural and social systems.</li> <li>5. Describe the impact of food policies on resource management and sustainability.</li> <li>6. Recognize the impact of personal food choices on the global food system.</li> </ol>
FN 373	Nutrition throughout the Life Cycle	1. Students will be able to translate nutrition needs into food choices and menus for people of diverse cultures and religions.

FN 393	Educational Techniques in Dietetics	1. FN 393: The student will be able to identify individual, social and cultural factors that influence behavior change and apply them in nutritional interventions.
FN 400	Professional Issues in Dietetics	
FN 448	Food Service operational Management	
FN 450	Sports Nutrition for Fitness & Ath. Performance	1. Explore how age, gender, ethnicity, genetics, type of activity, and certain health conditions influence nutrient needs among active individuals. Integrate this understanding into formulating dietary recommendations for active individuals.
FN 454	Nutritional Assessment and Counseling	1. Students will have a knowledge of the Influence of socioeconomic, cultural, and psychological factors on food and nutrition behavior 2. Students will demonstrate the ability to translate nutrition needs into food choices and menus for people of diverse cultures and religions
FN 455/655	Medical Nutrition Therapy	1. FN 455: Be able to assess the nutritional status of a patient including physical, social, cultural and behavioral factors.
FN 456	Advanced Community Nutrition	1. To integrate knowledge of food systems, political systems, economic decision-making and sociocultural contexts. 2. Students will have knowledge of sociocultural and ethnic food consumption issues and trends 3. Students will have knowledge of the influence of socioeconomic, cultural and psychological factors on food and nutrition behavior
FN 457	Advance Nutrition and Human Metabolism	1. Discuss the molecular basis for the variation in individual response to interventions patients of Dietitians will be on (diet, physical activity, and medication). Raw data from primary journal articles will be used to illustrate these concepts.
FN 751	Recent Advances in Community Nutrition	1. To integrate knowledge of food systems, political systems, economic decision-making and sociocultural contexts 2. To understand the impact of systems from local to global considerations
FN 758	Older Adult Nutrition	1. Foundation knowledge will encompass the underlying age related changes in physiology, nutrient absorption and utilization, socioeconomic and cultural changes.
FN 762	Outcomes Based Research	1. Examine research that reveals the impact of individual differences on research outcomes. For example, how do we determine the influence of psychosocial factors on behavior? Does ethnicity influence research outcomes? Does health status (e.g., presence of diabetes) influence response to a low fat diet?
HD 166	The Family: Continuing Concerns	1. Develop an understanding of family diversity in structure, culture and inequities as it links to social policy.
HD 261	Child Growth and Development	1. Recognizing the differences in child and adolescent development and understanding the influence of social and cultural contexts on that development
HD 265	Human Growth and Development: A Life-Span Approach	1. Help students appreciate <i>individuals</i> of all ages, cultures, and backgrounds.
FCS 290	Directed Study-Observation and Participation	1. Determine the role of Family and Consumer Education teachers in a diverse teaching and learning situation.
HD 360	Infant and Toddler Development	
HD 367	Family Structure and Interaction	1. Understand the diversity of interactions among families and their environmental/cultural contexts.
HD 372	Consumer Economics	1. Identify issues of diversity in economic opportunity and money management.
HD 381-EL	Families and the Environment	1. Identify disparities in resources and resource use and the unique consequences and considerations for diverse populations.
FCS 390	Adult Education	1. To consider diversity within groups as well as between groups. To consider diversity in families as well as society.
FCS 391- WE	Curriculum and Methods in FCS	1. How is a diverse Family and Consumer Education curriculum developed and organized? 2. What process is used for planning diverse teaching and learning situations in Family and Consumer Education?
FCS 392	Program Planning and Assessment in FCS	1. How does a teacher develop and maintain an environment conducive to learning and thinking

		among a diverse learning situation?
FCS 394/594	Principles of Career and Technical Education	1. To consider diversity within groups when working with (Career and Technical ed.) students
HD 397	Field Work	
FCS 398/ 400/498	Student Teaching in K-12/Seminar on Teaching for Student and Intern Teachers	1. Examine issues and trends as they relate to Family and Consumer Sciences Education in diverse learning environments.
HD 466/666	Guidance of Children and Adolescents	1. Develop an understanding of the factors relevant in working with families with diverse backgrounds and how this knowledge shapes the quality of the professional relationship.
HD 486	Family Resource Management	1. Consider various perspectives of family resource management on a cultural level.
HD 760	Family and Community Wellness	1. How can family, community and <b>cultural</b> influences affect personal wellness in each of the four major dimensions of development—the physical, cognitive, emotional and social—during several stages of the life cycle: infancy, preschool middle childhood, adolescence, and adulthood? 2. What does it mean to “live in a diverse community”? 3. Explore the levels on which family diversity exists: race, ethnicity (language and culture associated with ethnicity), class, religion, parent/caregiver characteristics.
HD 768	Community Relations & Resources	1. To explore varying perspectives, including those of individuals of different cultures and professional fields as related to community development
HD 789	Adult Learner	1. Acquire a deeper understanding of oneself as a developing and maturing individual. To attempt to think about issues from another’s perspective. 2. Conscientious preparation through reading and reflecting about diverse issues raised, participation in the class discussions, and preparation of various materials required for the learning activities
HD 798	Research Methods	1. Identify considerations of diversity in research (e.g. Past marginalization, future inclusion)