Note Taking Worksheet--Menu Ingredients

Menue entrée or side dish	Ingredient	Locally available?	Seasonal restrictions?
ex. Chef Salad	Lettuce	Yes	Yes
	Tomoato	Yes	No
	Chicken	Yes	No, f freezer filled

If so, where? (contact info)
Home Garden, Farmer's Market
home Garden, Hydroponic-Antigo
Uncle Eric