

# **Sustainable Living: Books and Other Resources to Help You Be “Greener”**

On June 16, 2008, the Stevens Point City Council unanimously voted to designate Stevens Point as an Eco-Municipality (see [www.sustainablepoint.org](http://www.sustainablepoint.org)). ***In that spirit, the library has produced this booklet listing some resources that will help people live a greener lifestyle.***

The booklet is divided into several sections:

- Science, general background and reference
- Buildings
- Transportation
- Lifestyle and Philosophy
- Food and Farming
- Community Action (local, national and global)
- Magazines
- Books for younger readers
- Videos
- Electronic sources of information

All items are available at or through the Portage County Public Library, 1001 Main Street, Stevens Point with branches in Plover, Almond and Rosholt.

The “call numbers” after each item indicate location. Most books are in the circulating collection at the Charles M. White Library Building in Stevens Point. The letter R in front of a call number indicates that the book is a non-circulating item in the Reference Collection. A plus sign (+) in front of the number means that the item is in the Children’s Department. Some books may be checked out or temporarily housed in one of the branches. Check our catalog or ask at the desk for current status.

## **Science, General Background and Reference:**

*Alternative Energy* edited by Neil Schlager and Jayne Weisblatt (UXL, 2006). R333.79 Alt (3 vols.)

Contains chapters on fossil fuels, bioenergy, geothermal, hydrogen, nuclear, solar, water, and wind energy plus chapters on conservation and possible future energy sources.

*The Bridge at the End of the World: capitalism, the environment and crossing from crisis to sustainability* by James Gustave Speth (Yale, 2008). 333.7 Spe.

*Ecology Basics* (Salem Press, 2004). R/577 Eco (2 vols.)  
Articles on various topics arranged alphabetically.

*Encyclopedia of Global Warming and Climate Change* (Sage, 2008). R/363.73 Enc.

*The Hydrogen Age: Empowering a Clean-Energy Future* by Geoffrey B. Holland and James J. Provenzano (Gibbs Smith, 2007). 665 Hol.

*Tackling Climate Change in the U.S.: Potential Carbon Emissions Reductions from Energy Efficiency and Renewable Energy by 2030* by the American Solar Energy Society, Charles F Kutscher, editor. (The Society, 2007). 363.73 Glo.

*The Weather Makers: How Man Is Changing the Climate and What It Means for Life on Earth* by Tim Flannery (Atlantic Monthly Press, 2005). 363.72 Fla

### **Buildings:**

*Building Green: A Complete How-To Guide to Alternative Methods* by Clarke Snell and Tim Callahan (Lark Books, 2005). 690.08 Sne

*Going Solar: Understanding and Using the Warmth in Sunlight* by Tomm Stanley (Stonefield Publishing, 2004). 697.7 Sta.

*Green Building and Remodeling for Dummies* by Eric Corey Freed (Wiley, 2007) 690.8 Fre

*Green From the Ground Up: Sustainable, Healthy, and Energy-Efficient Home Construction* by David Johnston and Scott Gibson (Taunton, 2008). 690.8 Fre.

*Green Remodeling: Your Start toward an Eco-Friendly Home* by John D. Wagner (Creative Homeowner, 2008). 643.7 Wag

*Natural Remodeling for the Not-So-Green House: Bringing Your Home Into harmony with Nature* by Carol Venolia and Kelly Lerner (Lark Books, 2006) 643.7 Ven.

*New Ecological Home: A Complete Guide to Green Building Options* by Daniel D. Chiras (Chelsea, 2004) 690.8 Chi.

*The Homeowner's Guide to Energy Independence: Alternative Power Sources for the Average American* by Christine Woodside (Lynons Press, 2006). 333.79 Woo.

*Solar Living Source Book* written and edited by John Schaeffer (Gaiam, 2008). R697.7 Rea and 697.7 Rea

Lists specific products.

*Solar Power Your Home for Dummies* by Rik DeGunther (Wiley, 2008), 697.7 DeG.

*Sustainable Residential Interiors* by Kari Foster (Wiley, 2007). 728 Fos

### **Transportation:**

*Biofuels for Transport: Global Potential and Implications for Sustainable Energy and Agriculture* by the Worldwatch Institute (Earthscan, 2007). 333.95 Bio

*Do It Yourself Guide to Biodiesel* by Guy Purcella (Ulysses Press, 2008). 662.667 Pur.

*Freedom From Oil: How the Next President Can End the United States' Oil Addiction* by David Sandalow (McGraw-Hill, 2008). 338.2 San.

*Fuel Economy Guide* published annually by the U.S. Dept. of Energy. R629.253 Fue (Kept at the Reference Desk.)

### **Lifestyle and philosophy:**

*50 Simple Things You Can Do To Save The Earth* by John, Sophie and Jesse Javna (Hyperion, 2008). 363.7 Jav.

*Bringing Nature Home: How Native Plants Sustain Wildlife in Our Gardens* by Douglas W. Tallamy (Timber Press, 2007)

*Carbon Buster's Home Energy Handbook: Slowing Climate Change and Saving Money* by Godo Stoyke (New Society Publishers, 2007). 644 Sto

*Diet for a Small Planet* by Frances Moore Lappe (Ballantine, 1991). 641.563 Lap.

See also: *Hope's Edge: The Next Diet for a Small Planet* by Frances Moore Lappe and Anna Lappe (Tarcher/Putnam, 2002). 613.2 Lap

*Go Green, Live Rich: 50 Simple Ways to Save the Earth and Get rich Trying* by David Bach (Broadway Books, 2008). 640 Bac.

*How to Reduce Your Carbon Footprint: 500 Simple Ways to Save Energy, Resources, and Money* by Joanna Yarrow (Chronicle Books, 2008). 640 Yar.

*It's Easy Being Green: A Handbook for Earth-Friendly Living* by Crissy Task (Gibb Smith, 2006). 333.72 Tra

*Self-Sufficiency Handbook: A Complete Guide to Greener Living* by Alan Bridgewater (Skyhorse, 2007). 640 Bri

*Stuff: The Secret Lives of Everyday Things* by John C. Ryan and Alan Thein Durning (Northwest Environment Watch, 1997). 339.4 Rya

*Wake Up and Smell the Planet: The Non-Pompous, Non-Preachy Grist Guide to Greening Your Day* (Skipstone, 2007). 333.72 Wak

### **Food and Farming:**

*Good Growing: Why Organic Farming Works* by Leslie A. Duram (University of Nebraska, 2005). 631.584 Dur.

*Renewable Energy Handbook: A Guide to Rural Independence, Off-Grid and Sustainable Living* by William H. Kemp (Aztext Press, 2005). 621 Kem.

**Community Action (local and global):**

*Blessed Unrest: How the Largest Movement in the World Came into Being and Why No One Saw It Coming* by Paul Hawken (Viking 2007). 333.72 Haw

*The Citizen-Powered Energy Handbook: Community Solutions to a Global Crisis* by Greg Pahl (Chelsea Green, 2007) 333.79 Pah

*Natural Step For Communities: How Cities and Towns Can Change to Sustainable Practices* by Sarah James & Torbjorn Lahti (New Society, 2004). 304.2 Jam.

*Winning Our Energy Independence: An Insider Shows How* by David S. Freeman (Gibbs Smith, 2007). 333.79 Fre.

*Worldchanging: A User's guide for the 21<sup>st</sup> Century* edited by Alex Steffen, foreword by Al Gore (Abrams, 2008). 333.7 Wor.

**Magazines:** (located at the Main Library in Stevens Point):

*E: the Environmental Magazine*

*Mother Earth News*

*Organic Gardening*

*Sierra*

**Books for younger readers:** (A + sign in the call number indicates that the book is in the Children's Department.)

*Down-to-Earth Guide to Global Warming* by Laurie David (Orchard Books, 2007). +363.7 DAV

*Environmental Science: Boy Scouts of America Merit Badge Series* (BSA, 2006). 333.72 Env.

*From Windmills to Hydrogen Fuel Cells: Discovering Alternative Energy* by Sally Morgan (Heinemann, 2007). 621 Mor YA. (Non-fiction YA books are shelved on second floor with general non-fiction books.)

*If the World were a Village: a Book about the World's People* by David J. Smith (Kids Can Press, 2002). +304 Smi.

**Videos:**

*An Inconvenient Truth* (Paramount, 2006) DVD 363.738 Inc. (Copies are available at all branches.)

Documents Vice President Al Gore's campaign to create public awareness of global warming.

*Good Food, Good Business: New Connections for Farms and Markets* produced by Arnold Creek Productions, 2006. DVD 338.1 Goo.

*Power of Community: How Cuba Survived Peak Oil* (Community Service, Inc., 2006). DVD 330.972 POW

*Renewing Energies: the Ingredients for Spectacular Success* by the Midwest Renewable Energy Assn, 2007 DVD 333.79

*Who Killed the Electric Car?—A Chris Paine film* (Sony Pictures, 2006). DVD 629.22 Who.

Videos produced by Interfaith Community for the Earth (ICE):

*100 Low cost Ways to Save Energy*. DVD 333.79 One

*Alternatives to Front Lawns* DVD 635.9647 Alt

*Plant Your Garden*. DVD 635 PLA

*Why Care for the Earth is a Spiritual Issue* DVD 261.8 Why

### **Electronic sources of information:**

For recent magazine and newspaper articles on the environment (or any other subject for that matter), try *EBSCOhost* or *ProQuest*. These databases will let you read the full text of articles from thousands of magazines and newspapers. From the library's website ([www.pcpl.lib.wi.us](http://www.pcpl.lib.wi.us)) click on "Databases..." Then click on the words "connect now" next to the database you want. If you are doing this from home, you will need your library card number. Both of these databases are made available through the Wisconsin Dept. of Public Instruction and you can also connect to them through BadgerLink: [www.badgerlink.net](http://www.badgerlink.net).

When using the library's computer catalog try the following subjects:

- Building—Energy Conservation
- Climate Change
- Ecological Houses
- Energy Conservation
- Environmentalism
- Global Warming
- Green Products
- Natural Resources
- Recycling
- Renewable Energy Sources
- Solar Energy
- Solar Heating
- Solar Houses
- Sustainable Development
- Sustainable Living
- Vegetarian Cookery
- Vegetarianism