

Challenge Course

Grade Levels: 4-12

Nutshell

As a group, students participate in activities and games that challenge them both mentally and physically. Through these challenges and the ensuing discussion they learn the importance of communication, cooperation, trust, and problem-solving skills in their every day lives.

Objectives

Students will be able to:

- Provide three examples of the importance of trust, cooperation, communication, and creative thought in their lives
- Demonstrate the skills needed to work as a team-member

Vocabulary

Communicate: to exchange information.

Cooperate: to work together.

Trust: to rely on.

Note:

The purpose of the challenge course is to strengthen human interaction. If we are to solve or remediate environmental issues or problems we need to have interpersonal skills, which include communication, cooperation, trust, and problem-solving skills. There are no pre or post trip activities (other than ensuring a basic understanding of the vocabulary above). This is an experiential lesson.