

IMPORTANT METABOLIC INTERMEDIATES

CATABOLISM

(degradation)
(exergonic)
(oxidation)

ANABOLISM

(synthesis)
(endergonic)
(reduction)

Carbohydrates

Protein

Fat

Carbohydrate phosphates

α -Ketoacids

Amino acids

Acyl-CoAs

Proteins Polysaccharides

Lipids Nucleic acids

Membranes

Organelles

Cells

