

WIAC INDOOR TRACK/FIELD CHAMPIONSHIP MEET

FRIDAY

- 11:00 a.m. WIAC Men's Coaches Meeting
- 11:30 a.m. Men's Heptathlon 55 Meter Dash (F)
- 12:00 p.m. Men's Pole Vault (TF)
Men's Long Jump (TF)
- 1:15 p.m. Men's 55 Meter High Hurdles (T)
- 1:30 p.m. Men's 55 Meter Dash (T)
- 1:45 p.m. Men's 400 Meter Dash (T)
- 2:05 p.m. Men's 800 Meter Run (T)
- 2:25 p.m. Men's 5000 Meter Run (F)
- 2:30 p.m. WIAC Women's Coaches Meeting
- 2:55 p.m. Men's 200 Meter Dash (T)
- 3:15 p.m. Men's Distance Medley Relay (F)
- 4:00 p.m. Women's Long Jump (TF)
Women's Shot Put (TF)
- 5:15 p.m. Women's High Jump (TF) Approximate time, after the completion of Heptathlon High Jump
- 5:00 p.m. Women's 55 Meter High Hurdles (T)
- 5:15 p.m. Women's 55 Meter Dash (T)
- 5:30 p.m. Women's 400 Meter Dash (T)
- 5:50 p.m. Women's 800 Meter Dash (T)
- 6:00 p.m. Men's 35# Weight (TF)** Approximate time, will begin after completion of Women's Shot
- 6:10 p.m. Women's 5000 Meter Run (F)
- 6:40 p.m. Women's 200 Meter Dash (T)
- 7:00 p.m. Women's Distance Medley Relay (F)

Men's Heptathlon Order

- 55 Meter Dash
Long Jump (Long Jump Pit #2)
Shot Put (Throws Circle #2)
High Jump
(allow ½ hour between events)

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SATURDAY

8:30 a.m.	Coaches' Meeting	
9:00 a.m.	Men's Heptathlon Hurdles	<u>Pentathlon Order (Women)</u>
9:20 a.m.	Women's Pentathlon Hurdles	55 Meter High Hurdles
12:00 p.m.	Men's Triple Jump (TF)	High Jump
	Men's Shot Put (TF)	Shot Put Ring #2
1:00 p.m.	Men's 4 X 200 Meter Relay (F)	Long Jump
	Men's High Jump (F)	800 Meter Run
1:15 p.m.	Women's 4 X 200 Meter Relay (F)	(allow ½ hour between events)
1:30 p.m.	Men's Mile Run (F)	
1:50 p.m.	Women's Mile Run (F)	
2:00 p.m.	Women's Pole Vault (F)	<u>Heptathlon Order (Men)</u>
2:15 p.m.	Men's 55 Meter High Hurdles (F)	55 Meter High Hurdles
2:20 p.m.	Women's 55 Meter High Hurdles (F)	Pole Vault
2:25 p.m.	Men's 55 Meter Dash (F)	1000 Meter Run
2:30 p.m.	Women's 55 Meter Dash (F)	(allow ½ hour between events)
	Women's Triple Jump	
	Women's 20 # Weight Throw	
2:40 p.m.	Men's 400 Meter Dash (F)	
2:50 p.m.	Women's 400 Meter Dash (F)	
3:00 p.m.	Men's 800 Meter Run (F)	
3:05 p.m.	Women's 800 Meter Run (F)	
3:40 p.m.	Men's 200 Meter Dash (F)	
3:50 p.m.	Women's 200 Meter Dash (F)	
4:00 p.m.	Men's 3000 Meter Run (F)	
4:15 p.m.	Women's 3000 Meter Run (F)	
4:30 p.m.*	Men's 4 X 400 Meter Relay (F)	
4:45 p.m.*	Women's 4 X 400 Meter Relay (F)	
5:05 p.m.	Presentation of Team and Special Awards	