

Employee Wellness is Offering **YOGA**

Eight Week Session

Runs October 1- November 19
Every Thursday from 4:45-6pm

Cost: \$54 employees/ students*

\$60 community members*

*Due the first day of class

Drop in- \$8 employees/ students

\$10 community members

Rm. 110 Health Enhancement Center

Register by contacting Employee Wellness,
empwell@uwsp.edu or call ext. 4614 for more info.



Lead Instructor:
Maureen Houlihan

*Register Early- space
is limited to the first
25 participants.*

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